



Northumberland & Durham Swimming Association 2017 Championships (under ASA Laws & Technical rules)

MEET INFORMATION

EVENT VENUE DETAILS:

Dates: 4th & 5th February and 25th & 26th February 2017
Venue: Sunderland Aquatic Centre
Pool: 10 lane x 50 metre (full electronic timing)
Separate 6 x 25m warm-up and swim-down facility

Meet Promoters: Northumberland & Durham Swimming Association

Session Times:

Saturday 4th February	Session 1	Warm Up:	07:30
		Start:	08:30
	Session 2	Warm Up:	13:00 (TBC)
		Start:	14:00 (TBC)
Sunday 5th February	Session 3	Warm Up:	07:30
		Start:	08:30
	Session 4	Warm Up:	13:00 (TBC)
		Start:	14:00 (TBC)
Saturday 25th February	Session 5	Warm Up:	07:30
		Start:	08:30
	Session 6	Warm Up:	13:00 (TBC)
		Start:	14:00 (TBC)
Sunday 26th February	Session 7	Warm Up:	07:30
		Start:	08:30
	Session 8	Warm Up:	13:00 (TBC)
		Start:	14:00 (TBC)

NB. Session times will be finalised once all entries have been received and processed.
Any new session times will be notified with confirmation of entries.

PROGRAMME OF EVENTS:

Individual

50m Butterfly, Backstroke, Breaststroke & Freestyle

100m Butterfly, Backstroke, Breaststroke & Freestyle

200m Butterfly, Backstroke, Breaststroke, Freestyle & Individual Medley

400m Freestyle & Individual Medley

800m Freestyle (girls only)

1500m Freestyle (boys only)

Swimmers in the 10/11yrs age group are not eligible to enter the 400m Individual Medley or 800m/1500m Freestyle

Age Groups

10/11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16/Over

For all events, age is as at 31st December 2017

Finals

All 50m and 100m events for all age groups will have heats and finals

All 200m events for 12, 13, 14, 15 and 16/Over age groups will have heats and finals

All 200m events for 10/11 age group will be heat declared winners (HDW)

All 400m, 800m and 1500m events will be heat declared winners (HDW)

SCHEDULE OF EVENTS

Saturday 4th February 2017	Sunday 5th February 2017	Saturday 25th February 2017	Sunday 26th February 2017
Session 1	Session 3	Session 5	Session 7
Warm Up 07:30; Start 08:30	Warm Up 07:30; Start 08:30	Warm Up 07:30; Start 08:30	Warm Up 07:30; Start 08:30
Girls 200m Freestyle	Boys 200m Freestyle	Boys 200m Backstroke	Girls 200m Backstroke
Boys 100m Breaststroke	Girls 100m Breaststroke	Girls 50m Breaststroke	Boys 50m Breaststroke
Girls 50m Backstroke	Boys 50m Backstroke	Boys 100m Freestyle	Girls 100m Freestyle
Boys 1500m Freestyle HDW	Girls 800m Freestyle HDW	Girls 400m Freestyle HDW	Boys 400m Freestyle HDW
FINALS	FINALS	FINALS	FINALS
Girls 12 200m Freestyle FINAL	Boys 12 200m Freestyle FINAL	Boys 12 200m Backstroke FINAL	Girls 12 200m Backstroke FINAL
Girls 13 200m Freestyle FINAL	Boys 13 200m Freestyle FINAL	Boys 13 200m Backstroke FINAL	Girls 13 200m Backstroke FINAL
Girls 14 200m Freestyle FINAL	Boys 14 200m Freestyle FINAL	Boys 14 200m Backstroke FINAL	Girls 14 200m Backstroke FINAL
Girls 15 200m Freestyle FINAL	Boys 15 200m Freestyle FINAL	Boys 15 200m Backstroke FINAL	Girls 15 200m Backstroke FINAL
Girls 16/Over 200m Freestyle FINAL	Boys 16/Over 200m Freestyle FINAL	Boys 16/Over 200m Backstroke FINAL	Girls 16/Over 200m Backstroke FINAL
Boys 10/11 100m Breaststroke FINAL	Girls 10/11 100m Breaststroke FINAL	Girls 10/11 50m Breaststroke FINAL	Boys 10/11 50m Breaststroke FINAL
Boys 12 100m Breaststroke FINAL	Girls 12 100m Breaststroke FINAL	Girls 12 50m Breaststroke FINAL	Boys 12 50m Breaststroke FINAL
Boys 13 100m Breaststroke FINAL	Girls 13 100m Breaststroke FINAL	Girls 13 50m Breaststroke FINAL	Boys 13 50m Breaststroke FINAL
Boys 14 100m Breaststroke FINAL	Girls 14 100m Breaststroke FINAL	Girls 14 50m Breaststroke FINAL	Boys 14 50m Breaststroke FINAL
Boys 15 100m Breaststroke FINAL	Girls 15 100m Breaststroke FINAL	Girls 15 50m Breaststroke FINAL	Boys 15 50m Breaststroke FINAL
Boys 16/Ov 100m Breaststroke FINAL	Girls 16/Ov 100m Breaststroke FINAL	Girls 16/Ov 50m Breaststroke FINAL	Boys 16/Ov 50m Breaststroke FINAL
Girls 10/11 50m Backstroke FINAL	Boys 10/11 50m Backstroke FINAL	Boys 10/11 100m Freestyle FINAL	Girls 10/11 100m Freestyle FINAL
Girls 12 50m Backstroke FINAL	Boys 12 50m Backstroke FINAL	Boys 12 100m Freestyle FINAL	Girls 12 100m Freestyle FINAL
Girls 13 50m Backstroke FINAL	Boys 13 50m Backstroke FINAL	Boys 13 100m Freestyle FINAL	Girls 13 100m Freestyle FINAL
Girls 14 50m Backstroke FINAL	Boys 14 50m Backstroke FINAL	Boys 14 100m Freestyle FINAL	Girls 14 100m Freestyle FINAL
Girls 15 50m Backstroke FINAL	Boys 15 50m Backstroke FINAL	Boys 15 100m Freestyle FINAL	Girls 15 100m Freestyle FINAL
Girls 16/Over 50m Backstroke FINAL	Boys 16/Over 50m Backstroke FINAL	Boys 16/Over 100m Freestyle FINAL	Girls 16/Over 100m Freestyle FINAL
Session 2	Session 4	Session 6	Session 8
Warm Up 13:00; Start 14:00	Warm Up 13:00; Start 14:00	Warm Up 13:00; Start 14:00	Warm Up 13:00; Start 14:00
Boys 200m Butterfly	Girls 200m Butterfly	Boys 200m Individual Medley (I.M.)	Girls 200m Individual Medley (I.M.)
Girls 100m Backstroke	Boys 100m Backstroke	Girls 100m Butterfly	Boys 100m Butterfly
Boys 50m Freestyle	Girls 50m Freestyle	Boys 50m Butterfly	Girls 50m Butterfly
Girls 400m Individual Medley HDW	Boys 400m Individual Medley HDW	Girls 200m Breaststroke	Boys 200m Breaststroke
FINALS	FINALS	FINALS	FINALS
Boys 12 200m Butterfly FINAL	Girls 12 200m Butterfly FINAL	Boys 12 200m I.M. FINAL	Girls 12 200m I.M. FINAL
Boys 13 200m Butterfly FINAL	Girls 13 200m Butterfly FINAL	Boys 13 200m I.M. FINAL	Girls 13 200m I.M. FINAL
Boys 14 200m Butterfly FINAL	Girls 14 200m Butterfly FINAL	Boys 14 200m I.M. FINAL	Girls 14 200m I.M. FINAL
Boys 15 200m Butterfly FINAL	Girls 15 200m Butterfly FINAL	Boys 15 200m I.M. FINAL	Girls 15 200m I.M. FINAL
Boys 16/Over 200m Butterfly FINAL	Girls 16/Over 200m Butterfly FINAL	Boys 16/Over 200m I.M. FINAL	Girls 16/Over 200m I.M. FINAL
Girls 10/11 100m Backstroke FINAL	Boys 10/11 100m Backstroke FINAL	Girls 10/11 100m Butterfly FINAL	Boys 10/11 100m Butterfly FINAL
Girls 12 100m Backstroke FINAL	Boys 12 100m Backstroke FINAL	Girls 12 100m Butterfly FINAL	Boys 12 100m Butterfly FINAL
Girls 13 100m Backstroke FINAL	Boys 13 100m Backstroke FINAL	Girls 13 100m Butterfly FINAL	Boys 13 100m Butterfly FINAL
Girls 14 100m Backstroke FINAL	Boys 14 100m Backstroke FINAL	Girls 14 100m Butterfly FINAL	Boys 14 100m Butterfly FINAL
Girls 15 100m Backstroke FINAL	Boys 15 100m Backstroke FINAL	Girls 15 100m Butterfly FINAL	Boys 15 100m Butterfly FINAL
Girls 16/Over 100m Backstroke FINAL	Boys 16/Over 100m Backstroke FINAL	Girls 16/Over 100m Butterfly FINAL	Boys 16/Over 100m Butterfly FINAL
Boys 10/11 50m Freestyle FINAL	Girls 10/11 50m Freestyle FINAL	Boys 10/11 50m Butterfly FINAL	Girls 10/11 50m Butterfly FINAL
Boys 12 50m Freestyle FINAL	Girls 12 50m Freestyle FINAL	Boys 12 50m Butterfly FINAL	Girls 12 50m Butterfly FINAL
Boys 13 50m Freestyle FINAL	Girls 13 50m Freestyle FINAL	Boys 13 50m Butterfly FINAL	Girls 13 50m Butterfly FINAL
Boys 14 50m Freestyle FINAL	Girls 14 50m Freestyle FINAL	Boys 14 50m Butterfly FINAL	Girls 14 50m Butterfly FINAL
Boys 15 50m Freestyle FINAL	Girls 15 50m Freestyle FINAL	Boys 15 50m Butterfly FINAL	Girls 15 50m Butterfly FINAL
Boys 16/Over 50m Freestyle FINAL	Girls 16/Over 50m Freestyle FINAL	Boys 16/Over 50m Butterfly FINAL	Girls 16/Over 50m Butterfly FINAL
		Girls 12 200m Breaststroke FINAL	Boys 12 200m Breaststroke FINAL
		Girls 13 200m Breaststroke FINAL	Boys 13 200m Breaststroke FINAL
		Girls 14 200m Breaststroke FINAL	Boys 14 200m Breaststroke FINAL
		Girls 15 200m Breaststroke FINAL	Boys 15 200m Breaststroke FINAL
		Girls 16/Ov 200m Breaststroke FINAL	Boys 16/Ov 200m Breaststroke FINAL

ELIGIBILITY TO COMPETE

- All competitors must be bona fide members of Clubs affiliated to NDSA and hold a valid ASA Swimmer Registration.
- A swimmer may only represent one Club throughout the Championships.
- No individual may compete in more than one ASA Counties Championships in any one calendar year.
- In the Multi-Classification Events for swimmers with a valid Disability Classification, Championships Entry Standards will be determined as required by the ASANER Disability Development Officer.

QUALIFYING TIMES

- Competitors must have achieved an entry time equal to or faster than the Qualifying Times as set out below, downloaded from the British Swimming Rankings and which has been achieved no earlier than 1 January 2016. Converted times will be accepted using the ASA Equivalent Performance Tables.
- Entries slower than the Qualifying Times will be rejected.
- The Promoters reserve the right to reject entries in order to comply with licensing rules relating to session length.

ENTRIES

- The individual entry fee is £7.00 for entries received by 18 January 2017.
- The individual entry fee is £10.00 for entries received during the period 19 January – 24 February 2017.
- All cheques should be made payable to 'NDSA'. No entries will be accepted without the correct fee, or with the Entry Files incorrectly completed. Entry fees will not be refunded for any times submitted out-with the Qualifying Times. No refunds will be given after the programme has been finalised.

Making Entries

Entries will be by computer files (Sportsystems Entry Manager), which are obtainable from the Championships Manager (see below). Closing date for receipt of entries is Noon, 18 January 2017. The Entry Files must be e-mailed to ndswimmingentry@hotmail.co.uk. The fees and other paperwork (within a maximum of 3 days following the closing date) should be sent to:

Dave Low (Championships Manager)
14 Witton Station Court
Langley Park
Durham
DH7 9US

Entries will be accepted following the closing date but only in circumstances where the Championships are not full.

WITHDRAWALS

Heats

Any withdrawals or amendments prior to the first day of the Championships should be notified to the Championships Manager by e-mail providing full details (Name, Event and Event Number) or a completed withdrawal form.

Withdrawals for Sessions 1, 3, 5 and 7 (morning sessions) must be notified by no later than 5pm the day before the relevant session.

Withdrawals for Sessions 2, 4, 6 and 8 (afternoon sessions) must be notified by no later than 10am on the day of the relevant session.

Clubs failing to comply with the above (except in the case of a genuine illness or proven emergency) will be liable for a £10.00 fine for each inappropriate withdrawal.

Finals

Any swimmer wishing to withdraw from a Final must inform the Recorders, in writing on the appropriate form, within 15 minutes of the conclusion of the relevant heats session. A maximum of 2 reserves will be nominated for Finals. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane – there will be no re-seeding. Clubs whose swimmers fail to appear for Finals (including reserves) will be liable for a £15.00 fine for each inappropriate withdrawal.

AWARDS & PRESENTATIONS

- Medals shall be awarded to the top 3 swimmers in each event and in each age group.
- Medal presentations will take place during the Finals (time permitting). Swimmers must wear appropriate clothing for the presentations. It is the responsibility of the Clubs to ensure the medallists, or a deputy, be available for presentation. Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.
- The following trophies will be presented at the conclusion of the Championships:

Tom Randall Memorial Trophy - will be awarded to the Club scoring the highest points total in the age categories 10/11, 12, 13 and 14 yrs. Individual points shall be awarded 10 to 1 for competitors placed 1 to 10 for the Events that have finals or from the heats of a heat declared winner event.

Guy North Trophy - will be awarded to the Club winning the most gold medals across the Championship events. In the event of a tie the trophy will be awarded to the club winning the most gold and silver.

Mark Latimer Memorial Trophy - will be awarded to the Club scoring the highest points total in the age categories of 15yrs and 16/Over yrs. Individual points will be awarded 10 to 1 for competitors placed 1 to 10 in the finals of open events or from the heats of a heat declared winner event.

OFFICIALS

The Championships cannot run without a full team of licensed officials. Clubs must provide at least one licensed official for each day of the Championships during which they have a swimmer, or swimmers, completing. Failure to provide a minimum of one official will result in a fine of £50 for each day where a Club has a swimmer but no official.

The Lead Referee for the 2017 Championships is Mrs Christine Johnston who can be contacted on ndofficials@gmail.com

GENERAL INFORMATION/EVENT REGULATIONS

- The organisation of these Championships shall be in the hands of the NDSA Management Board with powers delegated to the Championships Manager. The Championships shall be held under the relevant FINA/ASA Technical and Judicial Rules/Laws.
- It is the responsibility of Clubs, via their coaches and team managers, to ensure that their swimmers are aware of the details of this conditions and regulations.
- A pass is required for any coach/chaperone/team manager wishing to be poolside or in swimmer only areas. Within the venue, all coaches, chaperones and team managers must wear the appropriate accreditation pass and have it visible at all times. Passes cost £25 each and will cover the whole of the Championships. All individuals in possession of a pass are expected to have attended a Team Manager Training Course and comply with the relevant ASA Child Protection Procedures.
- The Promoters will not be responsible for any unaccompanied swimmers on poolside. Clubs are responsible for ensuring appropriate supervision is arranged for their own swimmers.
- A draft entry list will be posted on the NDSA website prior to the Championships.
- The maximum number of lanes available will be used for both heats and finals.
- The changing facility at the venue is a mixed changing village and may at times be open to the general public.
- Warm up and swim down facilities will be available at the Championships and will be supervised by venue staff and warm up marshals. Swimmers using these facilities must adhere to any instructions issued by such supervisors. Clubs, via their coaches/team managers will be held responsible for the behaviour and actions of their swimmers using their facilities.
- Submitted entry times will be used for seeding and rejection purposes where necessary. The Championships Manager has the authority to adjust the number of entries accepted to ensure the smooth running of the Championships.
- No person may, for commercial purposes, take photographs or use any video recording equipment at the Championships without the express written permission of the Promoters. The taking of photographs or use of video equipment for non-commercial purposes is permitted subject to compliance with ASA guidelines and the rules and standard operating procedures of the venue.
- Any person wishing to use photographic equipment (including still, video, digital and mobile telephone cameras) at the Championships will be required to sign the ASA Video/Photography Book.
- No flash photograph is permitted at any time within the competition pool hall.
- In order to control digital photographs, mobile phones may not be used in the changing village.
- The NDSA Board has the power to vary the Championship conditions prior to the event closing date.
- Any queries should be directed to the Championships Manager:
ndswimmingentry@hotmail.co.uk

Supported by: NESS Swimwear



BOYS QUALIFYING TIMES

<u>Event</u>	<u>10/11 years</u>	<u>12 years</u>	<u>13 years</u>	<u>14 years</u>	<u>15 years</u>	<u>16/Over</u>
50m Freestyle	35.50	33.50	33.00	30.50	29.00	27.50
100m Freestyle	1.20.00	1.13.50	1.12.00	1.06.00	1.03.00	58.50
200m Freestyle	2.50.00	2.42.00	2.36.00	2.23.00	2.19.00	2.10.00
400m Freestyle	5.55.00	5.42.00	5.28.00	5.00.00	4.50.50	4.40.00
1500m Freestyle	N/A	21.00.00	20.00.00	19.00.00	19.00.00	19.00.00
50m Backstroke	42.50	40.00	39.00	35.50	35.00	33.00
100m Backstroke	1.30.00	1.25.50	1.23.50	1.16.50	1.11.50	1.10.00
200m Backstroke	3.08.00	3.00.00	2.58.00	2.43.00	2.36.50	2.30.00
50m Breaststroke	49.50	45.50	44.50	41.00	39.50	37.50
100m Breaststroke	1.46.00	1.40.00	1.36.00	1.28.00	1.23.00	1.20.00
200m Breaststroke	3.43.00	3.32.00	3.29.00	3.08.00	3.04.00	2.54.00
50m Butterfly	41.00	38.00	37.00	33.50	32.50	30.50
100m Butterfly	1.45.00	1.35.50	1.28.00	1.16.00	1.13.00	1.08.00
200m Butterfly	3.51.50	3.31.50	3.09.50	2.50.00	2.47.00	2.43.00
200m Individual Medley	3.15.00	3.03.00	3.00.00	2.42.00	2.38.00	2.32.00
400m Individual Medley	N/A	6.20.00	6.05.00	5.55.00	5.42.00	5.25.00

GIRLS QUALIFYING TIMES

<u>Event</u>	<u>10/11 years</u>	<u>12 years</u>	<u>13 years</u>	<u>14 years</u>	<u>15 years</u>	<u>16/Over</u>
50m Freestyle	36.00	33.50	32.00	31.50	30.50	30.00
100m Freestyle	1.22.00	1.13.00	1.10.00	1.08.00	1.06.00	1.05.00
200m Freestyle	2.55.00	2.39.00	2.30.00	2.28.00	2.23.50	2.20.00
400m Freestyle	5.55.00	5.26.00	5.13.00	5.09.00	4.58.00	4.52.00
800m Freestyle	N/A	11.00.00	10.35.00	10.00.00	10.00.00	10.00.00
50m Backstroke	42.00	39.00	36.50	36.00	34.50	34.50
100m Backstroke	1.34.00	1.23.50	1.18.50	1.17.50	1.13.00	1.13.00
200m Backstroke	3.16.00	2.57.00	2.45.50	2.44.00	2.39.00	2.36.50
50m Breaststroke	48.00	44.00	42.50	40.50	39.50	39.00
100m Breaststroke	1.47.00	1.37.00	1.31.50	1.28.00	1.26.50	1.26.00
200m Breaststroke	3.41.00	3.26.00	3.16.00	3.09.00	3.09.00	3.09.00
50m Butterfly	42.00	37.00	35.50	34.50	33.50	32.50
100m Butterfly	1.42.00	1.26.00	1.21.00	1.19.50	1.14.00	1.13.00
200m Butterfly	3.49.50	3.25.00	3.07.00	3.05.50	2.57.00	2.56.00
200m Individual Medley	3.19.00	3.00.00	2.49.00	2.46.00	2.40.00	2.38.00
400m Individual Medley	N/A	6.27.50	6.10.00	6.04.00	5.54.50	5.50.00