

SUMMER MADNESS MEET

2017



Richmond Dales Level 3 Long Course: Meet Conditions – 15th July 2017 (Held under ASA Laws & ASA Technical Rules) Licence Number 3NE170388

Session 1

8.00am warm up, 9.00am start

- 4 x 50M Boys 12 year old and under Freestyle relay 101
- 102 4 x 50M Boys 13 year old and over Freestyle relay 103
 - 4 x 50M Girls 12 year old and under Medley relay
- 4 x 50M Girls 13year old and over Medley relay 104
- 105 200IM Boys
- 200M Freestyle Girls 106
- **50M Freestyle Boys** 107
- 108 **50M Freestyle Girls**
- 100M Butterfly Boys 109
- 100M Butterfly Girls 110
- 50M Backstroke Boys 111
- 112 50M Backstroke Girls
- 113 100M Breaststroke Boys
- 114 100M Breaststroke Girls

Session 2

Warm up and start TBA

201	4 x 50M Girls 12 year old and under Freestyle relay
202	4 x 50M Girls 13 year old and over Freestyle relay
203	4 x 50M Boys 12 year old and under Medley relay
204	4 x 50M Boys 13year old and over Medley relay
205	200IM Girls
206	200M Freestyle Boys
207	50M Butterfly Girls
208	50M Butterfly Boys
209	100M Freestyle Girls
210	100M Freestyle Boys
211	50M Breaststroke Girls
212	50M Breaststroke Boys
213	100M Backstroke Girls
214	100M Backstroke Boys
215	8 x 50M Mixed cannon
	(girl/ boy, 10 and under; 11-12; 13-14; 15+)