

## Swim England North East Regional Swimming Championships (50m) 2017

Due to the unavailability of the Pool at the John Charles Centre for Sport, Leeds, on the 6<sup>th</sup> & 7<sup>th</sup> May 2017, the following Swimming Schedule will be adopted to ensure that all swimmers have the opportunity to compete at the Regional Championships.

## All events will be held at the Sunderland Aquatic Centre.

## Saturday 20<sup>th</sup> May 2017

Warm Up 8am – Start 9am Age Group Heats as per Schedule

Warm Up 12 noon – Start 1pm **Youth & Senior Age Group Heats ALL EVENTS WILL BE HEAT DECLARED WINNER** Men 100m Freestyle Women 200m Freestyle Men 400m Ind. Medley Women 100m Backstroke Women 100m Butterfly Men 200m Butterfly Women 200m Ind. Medley Men 400m Freestyle Women 800m Freestyle Men 200m Breaststroke Women 200m Backstroke

Age Group Finals @ 5pm

Sunday 21<sup>st</sup> May 2017

Warm Up 8am – Start 9am Age Group Heats as per Schedule

Warm Up 12 noon – Start 1pm Youth & Senior Age Group Heats ALL EVENTS WILL BE HEAT DECLARED WINNER Women 100m Freestyle Men 200m Freestyle Women 400m Ind. Medley Men 100m Breaststroke Women 100m Backstroke Men 100m Butterfly Women 200m Butterfly Men 200m Ind. Medley Women 400m Freestyle Men 1500m Freestyle Women 200m Breaststroke Men 200m Backstroke

Age Group Finals @ 5pm

## Session Finishes 7pm

# Saturday 27<sup>th</sup> May & Sunday 28<sup>th</sup> May 2017 – Age Group Events as originally Scheduled

## Monday 29<sup>th</sup> May 2017

### Warm Up 1pm – Start 2pm Youth & Senior Age Group Heats and 4x100m Teams (Teams are Heat Declared Winner)

Men 50m Breaststroke Women 50m Backstroke Men 50m Butterfly Women 50m Freestyle Men 14/16 400m Medley Team Men 17/Over 400m Medley Team Women 14/16 400m Freestyle Team Women 17/Over 400m Freestyle Team Men 50m Backstroke Women 50m Breaststroke Men 50m Freestyle Women 50m Butterfly Men 14/16 400m Freestyle team Men 17/Over 400m Freestyle Team Women 14/16 400m Medley Team Women 17/Over 400m Medley Team

#### Warm Up 4pm – Start 5pm

## Youth & Senior Age Group Finals and 4x200m Teams (Teams are Heat Declared Winner)

Men 50m Breaststroke Women 50m Backstroke Men 50m Butterfly Women 50m Freestyle Men 14/16 800m Freestyle team Men 17/Over 800m Freestyle Team Women 14/16 800m Freestyle Team Women 17/Over 800m Freestyle Team Men 50m Backstroke Women 50m Breaststroke Men 50m Freestyle Women 50m Butterfly