Small Pool 5m and 10m Events

*All 5m/10m event swimmers need to be on poolside ready for marshalling at **1.00pm**. Please note there will be no access onto poolside for parents/spectators from the spectator area.*

Swimming	5m Event	SMALL POOL LESSON SWIMMERS
Start Time	10m Event	SMALL POOL LESSON SWIMMERS
1.10pm	*Medal Presentation*	

Please ensure all swimmers have a towel and t-shirt to keep them warm whilst on poolside.

Big Pool Age Group Events
Age as at 4ᵗʰ December 2022

2.00pm Mixed Warm ups   2.35pm Start

Approximate Timings	Event 101	Mixed 8yrs and under	25m Freestyle
	Event 102	Mixed 9yrs and over	50m Freestyle
	Event 999	Mixed Masters	50m Freestyle
	Event 103	Mixed Open	200m Freestyle
	Event 104	Mixed 8yrs and under	25m Backstroke
	Event 105	Mixed 9yrs and over	50m Backstroke
End 4.15pm	Event 106	Mixed 10yrs and under	100m I.M.
	Short Break for refuelling		
4.30pm	Event 201	Mixed 8yrs and under	25m Breaststroke
	Event 202	Mixed 9yrs and over	50m Breaststroke
	Event 203	Mixed 11yrs and over	200m I.M.
	Event 204	Mixed 8yrs and under	25m Butterfly
	Event 205	Mixed 9yrs and over	50m Butterfly
End 6.00pm	Event 206	Mixed 11yrs and over	100m Freestyle

Please ensure all swimmers have a towel and t-shirt to keep them warm whilst on poolside.
There will be no access onto poolside for parents/spectators from the spectator area.

We ask swimmers:-

- **Bring only essential items.** i.e. kit to keep warm between events, towel, water bottle and food/snacks. Please remember to mark all items with your child's name or Squad Number so any mislaid items can be easily returned. **Electronic devices are NOT allowed on poolside.**
- **Stay on poolside and within their Squad when not competing**