



**INVITATIONAL SHRIMP GALA
HAVEN POINT, SOUTH SHIELDS
SUNDAY 19TH FEBRUARY 2023
Licence Number 4NE230225**



PROGRAMME OF EVENTS

Session 1

Warm up: 8:00am

Start: 9:00am

Boys	8 - 9 years	100m	Freestyle
Boys	10-13 years	200m	Freestyle
Girls	8 - 13 years	50m	Butterfly
Boys	8 - 13 years	50m	Breaststroke
Girls	8 - 9 years	100m	Individual Medley
Girls	10-13 years	200m	Individual Medley
Boys	8 - 13 years	50m	Backstroke
Girls	8 - 13 years	50m	Freestyle

Session 2

Warm up: TBC

Start: TBC

Girls	8 - 9 years	100m	Freestyle
Girls	10-13 years	200m	Freestyle
Boys	8 - 13 years	50m	Butterfly
Girls	8 - 13 years	50m	Breaststroke
Boys	8 - 9 years	100m	Individual Medley
Boys	10 - 13 years	200m	Individual Medley
Girls	8 - 13 years	50m	Backstroke
Boys	8 - 13 years	50m	Freestyle

closing date for entries: Wednesday 1st February 2023 12 Noon

Entry Fee: £6.50 per swim

All Events HDW(*Heat Declared Winner*)basis

Age Groups (Boys & Girls) are 8yrs, 9yrs, 10yrs, 11yrs, 12yrs,13yrs
(Age as at 19th February 2023).

Entry file available from: admin@newcastleswimteam.co.uk

**Newcastle Swim Team hope you have fun,
swim well & enjoy it 😊**



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SUNDAY 19TH FEBRUARY 2023
UPPER LIMITS**

MALE UPPER LIMITS						
8 Years	9 Years	10 Years	11 Years	12 Years	13 Years	Events
Open	Open	32.00	31.00	30.00	29.00	50 Free
Open	Open					100 Free
		2.34.00	2.24.00	2.20.00	2.15.00	200 Free
Open	Open	37.00	35.00	34.00	32.50	50 Back
Open	Open	43.50	40.50	40.00	39.00	50 Breast
Open	Open	37.00	35.00	33.50	31.00	50 Fly
Open	Open					100 IM
		2.50.00	2.40.00	2.30.00	2.25.00	200 IM

FEMALE UPPER LIMITS						
8 Years	9 Years	10 Years	11 Years	12 Years	13 Years	Events
Open	Open	32.00	30.50	30.00	29.50	50 Free
Open	Open					100 Free
		2.33.00	2.24.00	2.20.00	2.15.00	200 Free
Open	Open	36.50	35.00	34.00	33.00	50 Back
Open	Open	42.00	39.50	38.50	37.50	50 Breast
Open	Open	36.00	33.00	32.00	31.00	50 Fly
Open	Open					100 IM
		2.50.00	2.40.00	2.30.00	2.25.00	200 IM



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1. The meet will be swum under ASA Laws and Technical Rules and will be as a [Level 4].
2. The pool length is 25m of variable depth with 8 lanes & anti-wave lane ropes; a separate swim down facility is available. It is the responsibility of coaches to ensure that the swim facility is used correctly – in the event that it is not, the pool will be closed.
3. Omega Electronic Timing will be in operation with scoreboard display. Times and places shown on the electronic scoreboard are for information only and are not necessarily the official result.
4. There will be no strobe at this event.
5. Events will be all strokes 50m plus 100 Freestyle (8,9y) 100IM (8,9y), 200IM (10,11, 12, 13), 200 Freestyle (10,11, 12,13). All events will be HDW. (Heat Declared Winner)
6. Entries will be accepted from rankings and training times. If there is no time entered then the swimmer will be rejected from the event.
7. Upper limit times will apply. Swimmers must not have swam faster than the upper time limit and any swimmers entered on times above the upper time for their age and event **will be excluded**. All entry times must be converted to 25m pool times by use of the ASA Conversion tables. Entries **may** be limited to comply with session limits. Should the meet be oversubscribed, **entries will be rejected based on fastest submitted times in each age group**.
8. Age Groups are 8 yrs, 9 yrs, 10 yrs, 11yrs, 12 yrs, 13yrs **Age as at 19th February 2023**.
9. Medals will be issued to the first six places in age groups 8, 9, 10, 11, 12 and 13 in events as listed above.
10. Poolside entries will **not be accepted**.
11. Entry Fees £6.50 per swim
Coaches passes £10.00 to include full programme and meal. A full set of results will be e-mailed.
12. BACS payments should be paid to HSBC S/C: 40 37 37 A/C No. 51446959 Reference Shrimp Feb 23
13. Entries should be submitted by sportssystem entry file or entry form and should be e-mailed to Julie Row on admin@newcastleswimteam.co.uk no later than Wednesday 1st February 2023
14. Seeded heat start lists will be produced prior to the start of the meet. Any withdrawal should be notified to Julie Row – admin@newcastleswimteam.co.uk by 5pm on Friday 17th February 2023.
15. Coaches/Team Managers are responsible for ensuring competitors report to the marshalling area at the required time. Failure to report to marshalling in good time may result in elimination from the event.
16. For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where appropriate, over the top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.
17. Access to pool-side will be restricted to swimmers, coaches, officials and authorised helpers in line with SE Child Protection Policy.
18. To comply with the Data Protection Act you agree that we may publish your personal information as part of the results of the event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licenses or for publishing results either for the event alone or combined with or compare to other events. Results may include (but not limited to) name, any club affiliation, race times, age category.



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19. The use of any photographic equipment (still, video or digital including mobile phones with photo facilities) by members of the public is strictly prohibited by South Tyneside Council and Newcastle Swim Team.
20. The Lead Referee for this event will be Brian Denholm. The referee's decision is final.
21. Admission for spectators will be £10 to include start lists.
22. A swimwear supplier may display over the weekend.

Any points not covered above will be at the discretion of the meet manager.



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SUMMARY OF ENTRIES

CLUB _____

CONTACT NAME _____

ADDRESS _____

TEL NO _____

E-MAIL _____

Female Entries _____ @ £6.50 £ _____

Male Entries _____ @ £6.50 £ _____

Coaches Pass _____ @ £10.00 £ _____

Total Entry Fee Enclosed £ _____

Closing date for entries: Wednesday 1st February 2023 12 NOON

Please email this sheet along with your entries to:
admin@newcastleswimteam.co.uk

Bank Details:- HSBC S/C: 40 37 37 A/C No. 51446959 Reference Shrimp Meet Feb 23