

Friday 13th January

Warm up: 18:00 Start: 18:30	Girls	9/Over	800	Freestyle
	Boys	9/Over	1500	Freestyle

Saturday 14th January

Warm up: 08:00 Start: 09:00	Girls	9/Over	400	Individual Medley
	Boys	9/Over	400	Freestyle
	Girls	9-10 years	50	Breaststroke
	Girls	11/Over	100	Freestyle
	Boys	9-10 years	50	Butterfly
	Boys	11/Over	100	Backstroke
	Girls	9/Over	200	Butterfly
	Boys	9/Over	200	Breaststroke

Warm up: TBA Start: TBA	Boys	9/Over	200	Individual Medley
	Girls	9-10 years	50	Backstroke
	Girls	11/Over	100	Butterfly
	Boys	9-10 years	50	Freestyle
	Boys	11/Over	100	Breaststroke
	Girls	9/Over	200	Freestyle
	Boys	9/Over	200	Backstroke
	Girls	9/Over	100	Individual Medley

Sunday 15th January

Warm up: 08:00 Start: 09:00	Boys	9/Over	400	Individual Medley
	Girls	9/Over	400	Freestyle
	Boys	9-10 years	50	Breaststroke
	Boys	11/Over	100	Freestyle
	Girls	9-10 years	50	Butterfly
	Girls	11/Over	100	Backstroke
	Boys	9/Over	200	Butterfly
	Girls	9/Over	200	Breaststroke

Warm up: TBA Start: TBA	Girls	9/Over	200	Individual Medley
	Boys	9/Over	50	Backstroke
	Boys	11/Over	100	Butterfly
	Girls	9-10 years	50	Freestyle
	Girls	11/Over	100	Breaststroke
	Boys	9/Over	200	Freestyle
	Girls	9/Over	200	Backstroke
	Boys	9/Over	100	Individual Medley