

**NEWBURN ASC**  
**LAST CHANCE N & D QUALIFIER**  
**11TH/12TH FEBRUARY**  
**2012**

**Louisa Centre, Stanley**

**PROGRAMME OF EVENTS**

**Session 1 : Saturday 11<sup>th</sup> February 2012**  
**Warm up 8:00am Start 9:00am**

- 1 Girls 10 years + 400m Front crawl
- 2 Boys 10 years + 100m Butterfly
- 3 Girls 10 years + 100m Breaststroke
- 4 Boys 9 years + 50m Breaststroke
- 5 Girls 9 years + 50m Backstroke
- 6 Boys 9 years + 200m Backstroke
- 7 Girls 9 years + 200m IM

**Session 2**  
**Warm up TBA**

- 8 Boys 10 years + 400m IM
- 9 Girls 9 years + 200m Breaststroke
- 10 Boys 9 years + 50m Butterfly
- 11 Girls 9 years + 50m Front crawl
- 12 Boys 10 years + 100m Front crawl
- 13 Girls 10 years + 100m Backstroke
- 14 Boys 9 years + 200m Butterfly
- 15 Girls 9 years + 200m Front crawl

**Session 3 : Sunday 12<sup>th</sup> February 2012**  
**Warm up 8:00am Start 9:00am**

- 16 Boys 10 years + 400m Front crawl
- 17 Girls 10 years + 100m Butterfly
- 18 Boys 10 years + 100m Breaststroke
- 19 Girls 9 years + 50m Breaststroke
- 20 Boys 9 years + 50m Backstroke
- 21 Girls 9 years + 200m Backstroke
- 22 Boys 9 years + 200m IM

**Session 4**  
**Warm up TBA**

- 23 Girls 10 years + 400m IM
- 24 Boys 9 years + 200m Breaststroke
- 25 Girls 9 years + 50m Butterfly
- 26 Boys 9 years + 50m Front crawl
- 27 Girls 10 years + 100m Front crawl
- 28 Boys 10 years + 100m Backstroke
- 29 Girls 9 years + 200m Butterfly
- 30 Boys 9 years + 200m Front crawl

**Entry Fee : £4.50 disc entries, £5.00 paper entries**

**All Events HDW basis**

**Ages : Girls 9, 10, 11, 12, 13, 14/Over**

**Boys 9, 10, 11, 12, 13, 14/Over**

**Age on 12<sup>th</sup> February 2012**

**Closing date for entries : 14<sup>th</sup> January 2012**

**Entry discs available from : Philip Powell – [philip@blencathra.org.uk](mailto:philip@blencathra.org.uk)**

**(Please note that 9 year olds are not permitted to compete in 100m events)**

**NEWBURN ASC**  
**New Year Graded Meet**

**Saturday 11<sup>th</sup> February/Sunday 12<sup>th</sup> February 2012**  
**Louisa Centre, Stanley**

1. The meet will be swum under ASA Laws and Technical Rules and is licensed by ASANER.
2. The pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available. It is the responsibility of coaches to ensure that the swim facility is used correctly – in the event that it is not, the pool will be closed.
3. Colorado Timing will be in operation with scoreboard display. Times and places shown on the electronic scoreboard are for information only, and are not necessarily the official result.
4. Events will be all strokes: 50m, 100m, 200m & 400m frontcrawl, 200IM, 400IM. All events will be HDW. 9 Year old competitors are ineligible to swim 400m Frontcrawl, 400 IM and all 100m events.
5. Upper time limits will apply. Swimmers entered on times faster than the qualifying time **will be excluded**. All entry times must be converted to 25m pool times by use of the ASA Conversion tables.
6. Age Groups are 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14/over. **Age as at 12<sup>th</sup> February 2012**.
7. Medals will be issued to the first six places in each age group and event as listed above.
8. Entries **may** be limited to comply with Session limits. Should events be over-scribed, entries will be rejected on the basis of slowest submitted times within each age group. Poolside entries will only be accepted if there have been no rejections from the meet.
9. Entry Fees                                      £4.50 for disk entries (£5.00 paper entries) per event  
Coaches passes                                 £15.00 to include full programme and meal. A full set of results will  
be e-mailed.

Cheques should be made payable to **Newburn ASC**.

10. Payments should be returned to:  
Martin Smith  
Newburn ASC  
C/O Outer West Pool  
West Denton Way  
Newcastle upon Tyne  
NE5 2QZ

**by the closing date of 14<sup>th</sup> January 2012**

Please enclose an SAE/email address, if you require confirmation of your entry being received.

11. Entries should be submitted on disk or entry form and should be e-mailed to Philip Powell – [philip@blencathra.org.uk](mailto:philip@blencathra.org.uk)
12. The meet is cardless. Seeded heat start lists will be produced prior to the start of each session. All entry withdrawal forms must be presented to the recorders no later than 30 minutes before the commencement of each session.
13. Coaches/Team Managers are responsible for ensuring competitors report to the marshalling area at the required time. Failure to report to marshalling in good time may result in elimination from the event.
14. For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where appropriate, over the top starts will be used during the meet. Swimmers are asked to remain in the water until asked to leave the pool.
15. Access to pool-side will be restricted to swimmers, coaches, officials and authorised helpers in line with ASA Child Protection Policy.
16. The Lead Referee for this event will be: **TBC** The referee's decision is final
17. Admission for spectators will be £5 for a full day, programmes £1- weekend £10( includes programme). Children, accompanied by adults, will be admitted free.
18. A swimwear supplier will display over the weekend.

**Any points not covered above will be at the discretion of the meet manager**

**NEWBURN ASC  
New Year Graded Meet**

**Saturday 11<sup>th</sup> February/Sunday 12<sup>th</sup> February 2012**

**SUMMARY OF ENTRIES**

CLUB \_\_\_\_\_

CONTACT NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

TEL NO \_\_\_\_\_

E-MAIL \_\_\_\_\_

Female Entries \_\_\_\_\_ @ £4.50 £ \_\_\_\_\_

Male Entries \_\_\_\_\_ @ £4.50 £ \_\_\_\_\_

Coaches Pass \_\_\_\_\_ @ £15.00 £ \_\_\_\_\_

Total Entry Fee Enclosed £ \_\_\_\_\_

**CLOSING DATE FOR ENTRIES 14<sup>th</sup> JANUARY 2012**

**Return to:**

**Martin Smith (Meet Manager)  
c/o Outer West Pool  
West Denton  
Newcastle upon Tyne  
NE5 2QZ**