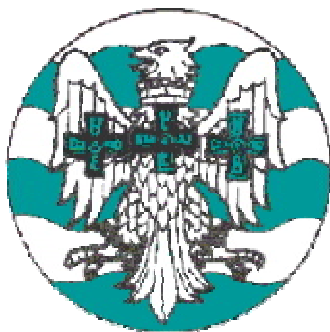


Derwentside ASC



Affiliated to ASANER and NDSA

Christmas Cracker Meet

Licensed by ASANER 3NE3702
The Louisa Centre, Stanley
7-8 December 2013

Saturday Session 1

Warmup 8:30

Event 1	200m Backstroke	Boys	9/Over
Event 2	50m Frontcrawl	Girls	9/Over
Event 3	50m Breaststroke	Boys	9/Over
Event 4	100m Butterfly	Girls	10/Over
Event 5	100m Breaststroke	Boys	10/Over
Event 6	200m Frontcrawl	Girls	9/Over
Event 7	200m Butterfly	Boys	9/Over

Session 2 TBC

Event 8	400m Freestyle	Boys	OPEN
Event 9	200m IM	Girls	9/Over
Event 10	200m Breaststroke	Boys	9/Over
Event 11	50m Backstroke	Girls	9/Over
Event 12	50m Butterfly	Boys	9/Over
Event 13	100m Frontcrawl	Girls	10/Over
Event 14	100m Backstroke	Boys	10/Over

Sunday

Session 3

Warmup 8:30

Event 15	200m Backstroke	Girls	9/Over
Event 16	50m Frontcrawl	Boys	9/Over
Event 17	50m Breaststroke	Girls	9/Over
Event 18	100m Butterfly	Boys	10/Over
Event 19	100m Breaststroke	Girls	10/Over
Event 20	200m Frontcrawl	Boys	9/Over
Event 21	200m Butterfly	Girls	9/Over

Session 4 TBC

Event 22	400m Freestyle	Girls	OPEN
Event 23	200m IM	Boys	9/Over
Event 24	200m Breaststroke	Girls	9/Over
Event 25	50m Backstroke	Boys	9/Over
Event 26	50m Butterfly	Girls	9/Over
Event 27	100m Frontcrawl	Boys	10/Over
Event 28	100m Backstroke	Girls	10/Over

First Come, First Served

Entries will not be accepted before 8am, Thursday, 24 October

Meet Conditions

- 1) **This meet is FIRST COME, FIRST SERVED**
- 2) **Entries will not be accepted before 8am, Thursday, 24 October – entries received before then will be treated as having arrived at 10am**
- 3) Meet to be held at The Louisa Centre, Stanley – the Pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available
- 4) Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only
- 5) Age groups/Events will be:
9/Over years: 50m and 200m form strokes, 200m IM; 10/Over years: 100m form strokes;
OPEN 400m Freestyle (limited to fastest 18 swimmers)
All events will be Heat Declared Winner.
- 6) Entry times must be slower than the accompanying QTs
- 7) Entry times should be converted to 25m pool times by use of ASA Conversion Tables
- 8) Ages are as at 8 December 2013
- 9) Entry fees: £5.00 paper entries, £4.50 Sportsystem Entry Manager entries
Coach passes cost £15.00 which includes programme and refreshments
Coaches will not be permitted on poolside without the necessary pass
- 10) Entries must be submitted on the official entry disk or form and include the swimmer's full date of birth. Entries should be returned, together with the appropriate entry fee, to:
Philip Powell, Derwentside ASC, Blencathra, North Road, Dipton, Co Durham, DH9 9BB
- 11) Cheques should be made payable to "Derwentside ASC". A valid email address or SAE must be supplied for entry confirmation
- 12) **Entries which are not countersigned by an official from the swimmer's club will be returned.**
- 13) Derwentside ASC will **NOT** be responsible for any unaccompanied swimmers on the poolside. The responsibility falls on the club entering the swimmer, who should appoint an individual to be on the poolside i.e. an adult with a coach's pass
- 14) Heats will be seeded by submitted entry times from slowest to fastest (swimmers not submitting an entry time will be seeded in the earliest heats), save for any events with finals which **may** use cyclic seeding for the three fastest heats. The organisers reserve the right to limit entries if required to ensure completion of the meet within the scheduled timescale.
- 15) Awards will be made to the first three in each age group: 9, 10, 11-12, 13/14 and 15//Ov apart from the 400m Freestyle which will be OPEN only.
- 16) Swimmers will be permitted to compete for only one club during the meet
- 17) For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool
- 18) Admission for spectators will be £5 per day, programme £2; weekend pass £10 (includes programme). Children, accompanied by adults, will be admitted free
- 19) No entry cards will be issued. Coaches or Team Managers should advise the recorders of any missing swimmers at least 45 minutes before the session start. Seeded heat start lists will be produced prior to the start time of the session. Complying with this condition will keep the number of empty lanes to a minimum
- 20) **Poolside entries on the day will not be accepted if the meet was over-subscribed**

- 21) Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the competitive marshals in time for the start of their race may not be allowed to compete
- 22) Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management
- 23) Neither Derwentside ASC nor Derwentside Trust for Sport and the Arts (Leisureworks) can be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers (50p refundable) in the changing rooms and not to leave belongings unattended in the changing area or on poolside
- 24) Anyone wishing to use photographic equipment within the pool area must register at the spectators' desk beforehand
- 25) The Lead Referee will be: Chris Johnston: 8, Corvan Terrace, White-le-Head, Tantobie, Stanley, Co Durham DH9 9SJ. Tel: 01207284199
- 26) Any points not covered here will be at the discretion of the meet organisers

Upper Qualifying Times

BOYS				GIRLS				
9yrs	10/12yrs	13/14yrs	15/Ov	Event	9yrs	10/12yrs	13/14yrs	15/Ov
29.5	29.5	28.5	24.4	50m FREE	31.0	31.0	29.5	27.3
	1:00.5	57.2	53.0	100m FREE		1:02.4	1:00.5	58.5
2:11.3	2:11.3	2:04.4	1:55.8	200m FREE	2:14.1	2:14.1	2:09.9	2:06.1
4:07.3				400m FREE	4:26.2			
36.5	36.5	34.0	29.5	50m BRS	37.0	37.0	35.5	33.6
	1:18.2	1:13.0	1:08.4	100m BRS		1:19.5	1:16.8	1:15.6
2:49.2	2:49.2	2:39.0	2:29.7	200m BRS	2:49.9	2:49.9	2:45.1	2:40.9
30.0	30.0	28.0	24.7	50m FLY	33.0	33.0	30.0	28.1
	1:08.8	1:04.0	57.7	100m FLY		1:10.0	1:07.5	1:04.3
2:32.5	2:32.5	2:22.5	2:09.8	200m FLY	2:34.6	2:34.6	2:27.7	2:22.4
31.5	31.5	29.5	27.4	50m BACK	32.5	32.5	31.0	30.5
	1:08.7	1:04.6	1:00.9	100m BACK		1:09.8	1:07.4	1:06.4
2:26.6	2:26.6	2:18.5	2:12.0	200m BACK	2:28.9	2:28.9	2:23.9	2:22.9
2:29.7	2:29.7	2:21.4	2:12.2	200m IM	2:31.8	2:31.8	2:27.3	2:23.9

Club:	Male/Female (delete as applicable)
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Name	ASA Reg No.	Freestyle				Backstroke			Breaststroke			Butterfly			I.M.
		50	100	200	400	50	100	200	50	100	200	50	100	200	200



Derwentside ASC
Christmas Cracker 2013

CLUB ENTRY SUMMARY

CLUB:	
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Entries		Total No of swims		Total Cost
Paper entries	Male @ £5.00			
Paper entries	Female @ £5.00			
Entry Manager	Male @ £4.50			
Entry Manager	Female @ £4.50			

Coach Passes @ £15

No required		
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TOTAL		
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Names of registered coaches [may exceed required passes]

I confirm that all swimmers and poolside staff are club members.

Signed: _____

on behalf of _____

Please make cheques payable to Derwentside ASC
and post it, along with summary sheet, to:

Clubs may make payment by Online Banking:

Sort Code 20-33-51
Account Number 90663050

Kevin Hughes
2 Meadowfield Way
Tanfield Lea
Stanley
Co Durham
DH9 9PG

If paying by BACS, please email this summary sheet
and reference number to:

<mailto:klemhughes@yahoo.co.uk>