



Autumn Meet 2013

7th & 8th September

ASANER Level 3

Licence No: TBC





Autumn Meet Information

Hebburn Swimming Pool

7th & 8th September 2013

This meet is licensed by ASANER as Level 3

Pool Information

Pool length 25m

6 Lanes

Competitor Lane Lines

Colorado Electronic Timing

Separate swim down facility

Entry Information

- Age as at **8th September 2013**.
- Each swimmer's full date of birth **must** be included on the entry form.
- Entries which are not countersigned by an official from the swimmer's club **will be returned**.
- Entry times are **Short Course** (25m). Long Course (50m) times **must** be converted.
- **100m events and 400m Freestyle are open to swimmers age 10/Over only.**
- Entries will not be accepted from swimmers who have swum faster than the enclosed cut off times.
- Sportsystem entry files: **£4.50** per event. Paper entries: **£5.00** per event.
- Coaches Passes: **£15.00** each – includes programme, start sheets and lunch. A copy of the results will be emailed to all clubs after the meet.
- Electronic Entry is preferred and the Entry File will be available via the Event Page on our website. This should be emailed to philip@blencathra.org.uk
- Entry reports should be returned, accompanied by a completed consolidation form and the relevant entry fees to: **South Tyneside SC, Mr P Powell, Blencathra, North Road, Dipton, Co Durham, DH9 9BB**. Cheques payable to STSC.
- **Payment must be received within 5 days of the closing date.**
- Opening date for entries: **Monday 8th July 2013**. Closing date **Friday 16th August 2013**.
- Entries for this meet are on a **First Come, First Served Basis**.

The organisers reserve the right to restrict the numbers of entries to ensure the completion of the meet as scheduled. **Poolside entries will be accepted only if there are empty lanes in an event** – under ASA Law entries accepted on the day are to be treated as official entries and the swimmers to be entitled to any award they might win.

Event Information

- Heats will be seeded according to submitted entry times. All events are **Heat Declared Winner** with the exception of 14/Over 50m events which will go to a final.
- In each event, awards will be made to the fastest three swimmers in each Age Group (9, 10, 11, 12, 13, 14/Over) with the exception of 50m events for 14/Over.
- In the 14/Over 50m finals awards will be made to fastest three swimmers.
- Additional awards will be made to fastest three swimmers in each 50m final.

South Tyneside Swimming Club will **not** be responsible for any unaccompanied swimmers on poolside. The responsibility falls on the club, entering the swimmer, who should appoint an individual to be on poolside. i.e. An adult with a coaches pass.

Coaches are requested to inform the recorders, no later than 30 minutes prior to the session start time, of any of their swimmers who intend withdrawing from an event. Refunds will not be made for withdrawals made after the closing date, unless notification is given prior to the first day of the Meet and is accompanied by a medical certificate. It is the responsibility of team managers and coaches to ensure that all competitors report to the starting area in time for the start of the race.

Neither South Tyneside SC, nor South Tyneside MBC, can be held responsible for loss or damage to spectator's or swimmer's property. Swimmers are advised to use the lockers (20p returnable).

Spectator Information

There is a large free car park situated outside the pool. Please note that seating is limited.



Autumn Meet Schedule of Events
7th & 8th September 2013
This meet is licensed by **ASANER** as **Level 3**

| | | | | |
|--|-------------------------------|--------|----------|---|
| Session 1 Saturday 7 th September 2013 | | | | Warm-up 8.00a.m. Start 9.00a.m. |
| Event 1 | 200m I.M. | Female | 9/Over | |
| Event 2 | 200m Freestyle | Male | 9/Over | |
| Event 3 | 50m Butterfly | Female | 9/Over | |
| Event 4 | 50m Backstroke | Male | 9/Over | |
| Event 5 | 200m Breaststroke | Female | 9/Over | |
| Event 6 | 100m Butterfly | Male | 10/Over | |
| Event 7 | 100m Backstroke | Female | 10/Over | |
| Event 8 | Final 50m Backstroke | Male | 13/Under | |
| Event 9 | Final 50m Backstroke | Male | 14/Over | |
| Event 10 | Final 50m Butterfly | Female | 13/Under | |
| Event 11 | Final 50m Butterfly | Female | 14/Over | |
| Session 2 Saturday 7 th September 2013 | | | | Warm-up TBC Start TBC |
| Event 12 | 400m Freestyle | Male | 10/Over | |
| Event 13 | 200m Butterfly | Female | 9/Over | |
| Event 14 | 50m Freestyle | Male | 9/Over | |
| Event 15 | 50m Breaststroke | Female | 9/Over | |
| Event 16 | 200m Backstroke | Male | 9/Over | |
| Event 17 | 100m Freestyle | Female | 10/Over | |
| Event 18 | 100m Breaststroke | Male | 10/Over | |
| Event 19 | Final 50m Breaststroke | Female | 13/Under | |
| Event 20 | Final 50m Breaststroke | Female | 14/Over | |
| Event 21 | Final 50m Freestyle | Male | 13/Under | |
| Event 22 | Final 50m Freestyle | Male | 14/Over | |
| Session 3 Sunday 8 th September 2013 | | | | Warm-up 8.00a.m. Start 9.00a.m. |
| Event 23 | 200m I.M. | Male | 9/Over | |
| Event 24 | 200m Freestyle | Female | 9/Over | |
| Event 25 | 50m Butterfly | Male | 9/Over | |
| Event 26 | 50m Backstroke | Female | 9/Over | |
| Event 27 | 200m Breaststroke | Male | 9/Over | |
| Event 28 | 100m Butterfly | Female | 10/Over | |
| Event 29 | 100m Backstroke | Male | 10/Over | |
| Event 30 | Final 50m Backstroke | Female | 13/Under | |
| Event 31 | Final 50m Backstroke | Female | 14/Over | |
| Event 32 | Final 50m Butterfly | Male | 13/Under | |
| Event 33 | Final 50m Butterfly | Male | 14/Over | |
| Session 4 Sunday 8 th September 2013 | | | | Warm-up TBC Start TBC |
| Event 34 | 400m Freestyle | Female | 10/Over | |
| Event 35 | 200m Butterfly | Male | 9/Over | |
| Event 36 | 50m Freestyle | Female | 9/Over | |
| Event 37 | 50m Breaststroke | Male | 9/Over | |
| Event 38 | 200m Backstroke | Female | 9/Over | |
| Event 39 | 100m Freestyle | Male | 10/Over | |
| Event 40 | 100m Breaststroke | Female | 10/Over | |
| Event 41 | Final 50m Breaststroke | Male | 13/Under | |
| Event 42 | Final 50m Breaststroke | Male | 14/Over | |
| Event 43 | Final 50m Freestyle | Female | 13/Under | |
| Event 44 | Final 50m Freestyle | Female | 14/Over | |



Autumn Meet Entry Form
Opening date Monday 8th July 2013. Closing date Friday 16th August 2013
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| | |
|--------------|---|
| Club: | Male/Female (delete as applicable) |
|--------------|---|

| Name | Full date of birth | Freestyle | | | | Backstroke | | | Breaststroke | | | Butterfly | | | I.M. |
|------|--------------------|-----------|-----|-----|-----|------------|-----|-----|--------------|-----|-----|-----------|-----|-----|------|
| | | 50 | 100 | 200 | 400 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 |
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Autumn Meet Consolidated Entry Form
Opening date Monday 8th July 2013. Closing date Friday 16th August 2013
This meet is licensed by **ASANER** as **Level 3**

Club Name: _____

Contact Name: _____

Address: _____

Telephone: _____

Email: _____

| Entry Type | Electronic/Paper | Qty | Price | Total |
|----------------|------------------|-----|--------------------|----------|
| Male | Electronic | | @ £4.50 each | |
| Male | Paper | | @ £5.00 each | |
| Female | Electronic | | @ £4.50 each | |
| Female | Paper | | @ £5.00 each | |
| Coaches Passes | | | @ £15.00 each | |
| | | | Final Total | £ |

Please make all cheques payable to:
**Payment must be received within
5 days of the closing date.**

SOUTH TYNESIDE SC

Return all entries by the closing date to:

SOUTH TYNESIDE SC
P Powell
Blencathra
North Road
Dipton
Co Durham
DH9 9BB

If you have any queries please contact:

Philip Powell

Telephone:

01207 571427

Email:

philip@blencathra.org.uk

On behalf of the above club, I declare that ALL swimmers entered are eligible competitors under ASA Law.

Signed: _____



Upper Qualifying Times

| Boys | | | | | | EVENT | Girls | | | | | |
|---------|-------------------------------------|----------|----------|----------|---------|-------------------|---------|-------------------------------------|----------|----------|----------|---------|
| 9 years | 10 years | 11 years | 12 years | 13 years | 14/Over | | 9 years | 10 years | 11 years | 12 years | 13 years | 14/Over |
| 00:34.0 | 00:32.0 | 00:30.0 | 00:28.0 | 00:27.0 | 00:25.0 | 50 Free | 00:35.0 | 00:32.0 | 00:31.0 | 00:30.0 | 00:28.0 | 00:28.0 |
| No Swim | 01:09.0 | 01:04.0 | 01:01.0 | 00:58.0 | 00:56.0 | 100 Free | No Swim | 01:12.0 | 01:05.0 | 01:03.0 | 01:01.0 | 01:00.0 |
| 02:47.0 | 02:32.0 | 02:16.0 | 02:12.0 | 02:05.0 | 02:01.0 | 200 Free | 02:49.0 | 02:30.0 | 02:18.0 | 02:15.0 | 02:11.0 | 02:09.0 |
| No Swim | 04:16.0 for all ages (max. 5 heats) | | | | | 400 Free | No Swim | 04:30.0 for all ages (max. 5 heats) | | | | |
| 00:40.0 | 00:37.0 | 00:35.0 | 00:34.0 | 00:32.0 | 00:29.0 | 50 Back | 00:40.0 | 00:37.0 | 00:35.0 | 00:34.0 | 00:33.6 | 00:32.0 |
| No Swim | 01:15.0 | 01:10.0 | 01:09.0 | 01:05.0 | 01:03.0 | 100 Back | No Swim | 01:16.0 | 01:12.0 | 01:10.0 | 01:09.0 | 01:06.0 |
| 03:35.0 | 02:50.0 | 02:32.0 | 02:28.0 | 02:21.0 | 02:15.0 | 200 Back | 03:08.0 | 02:52.0 | 02:34.0 | 02:30.0 | 02:26.0 | 02:24.0 |
| 00:46.0 | 00:42.0 | 00:40.0 | 00:38.0 | 00:36.0 | 00:31.0 | 50 Breast | 00:45.0 | 00:42.0 | 00:39.0 | 00:38.0 | 00:37.0 | 00:34.0 |
| No Swim | 01:29.0 | 01:25.0 | 01:19.0 | 01:14.0 | 01:11.0 | 100 Breast | No Swim | 01:29.0 | 01:22.0 | 01:20.0 | 01:17.0 | 01:16.0 |
| 03:35.0 | 03:19.0 | 03:00.0 | 02:50.0 | 02:41.0 | 02:34.0 | 200 Breast | 03:37.0 | 03:18.0 | 02:55.0 | 02:51.0 | 02:46.0 | 02:43.0 |
| 00:39.0 | 00:36.0 | 00:34.0 | 00:33.0 | 00:31.0 | 00:28.0 | 50 Fly | 00:40.0 | 00:36.0 | 00:34.0 | 00:33.0 | 00:32.0 | 00:30.0 |
| No Swim | 01:13.0 | 01:10.0 | 01:09.0 | 01:04.0 | 01:02.0 | 100 Fly | No Swim | 01:15.0 | 01:12.0 | 01:10.0 | 01:08.0 | 01:06.0 |
| 03:30.0 | 03:00.0 | 02:44.0 | 02:30.0 | 02:23.0 | 02:16.0 | 200 Fly | 03:33.0 | 03:03.0 | 02:39.0 | 02:35.0 | 02:28.0 | 02:25.0 |
| 03:10.0 | 02:54.0 | 02:34.0 | 02:30.0 | 02:22.0 | 02:18.0 | 200 I.M. | 03:12.0 | 02:54.0 | 02:37.0 | 02:32.0 | 02:28.0 | 02:26.0 |

Swimmers **must not** have swum faster than the upper qualifying times prior to this event.