



ENTRY PACK

BRITISH GAS

ASA NATIONAL CHAMPIONSHIPS

(YOUTH, OPEN & MC) (50M) 2013

30TH JULY – 4TH AUGUST 2013

Ponds Forge International Sports Centre, Sheffield



INTRODUCTION

Venue

Ponds Forge International Sports Centre
Sheaf Street
Sheffield
S1 2BP
Tel: 0114 279 9766

Contact Details

Event Officer: Hannah Gregory
Email: hannah.gregory@swimming.org
Tel: 01509 640240
Address: ASA Events Department
SportPark
Pavilion 3
3 Oakwood Drive
Loughborough
LE11 3QF

Important Dates

Online Entries Open: 12noon Saturday 1st June 2013

Online Entries Close: 12noon Monday 1st July 2013

ONLINE ENTRY

Entries should be made online via the Swimming website www.swimming.org or [click here](#).

It should be noted that no paper entries will be accepted this year, both domestic and international entries can be made online.

The entry link will not be posted online until entries open on Saturday 1st June 2013.

Please see below instructions on how to enter:

- 1) [Click here](#).
- 2) Click on the 'Entry Link'
- 3) Enter your membership number or family name in the box and follow the online process. (Non ASA/WASA/SASA members should follow the instructions for international entrants)
- 4) Payment is via debit/credit card; please follow the PayPal payment instructions.

Please note:

- You must upload a photo to your biographies page before you can enter, the biogs page can be found [here](#)
- Entries completed incorrectly or sent without a fee will be rejected
- You are reminded that electronic entrants are still bound by the conditions of entry even though a form is not signed.

Entry Fees

Individual Events	£9.25
Relay Team	£18.75

You will be asked to submit a list of potential competitors into the relay team using the online entry system. Please take the time to complete this for each relay team.

Entry Deadline

Online Entries Open: 12noon Saturday 1st June 2013

Online Entries Close: 12noon Monday 1st July 2013

Entry Confirmation

A list of submitted entries will be posted on the online entry system homepage.

Competitors are requested to check details carefully and inform the following contact immediately of any errors:

National Entries Administrator: Barry Saunders
 Contact No: 01423 885 326 (after 6pm only)
 Email Address: national.entries@swimming.org

Data Protection Statement:

The ASA/British Swimming will use your personal data for the purpose of your involvement in ASA/British Swimming events and I understand that by submitting my entry, I am consenting to receiving information about the ASA/British Swimming event I am involved in by post, email, SMS/MMS, online or phone unless stated otherwise

ACCREDITATION

Accreditation is non-transferable and only one accreditation pass will be issued - if this is lost or mislaid during competition you should report to the ASA stand where **a replacement accreditation will be issued at a charge of £10.00.**

Competitors

Accreditation must be worn at all times inside the complex and swimmers will not be allowed to gain access to the pool area without it. Competitor accreditation will be issued to your coach at the accreditation desk in the foyer area at Ponds Forge from Monday 29th July at 2pm.

Coaches/Chaperones/Physiotherapists

All coaches, chaperones and physiotherapists must have a valid accreditation to gain access to the pool deck.

Please access the online application form via the Swimming website www.swimming.org and email to janice.munning@swimming.org

Alternatively, post the form at the end of this pack to Events Department, The ASA, Pavilion 3, SportPark, 3 Oakwood Drive, Loughborough University, Leicestershire, LE11 3QF.

Guide to your coach/chaperone/physiotherapist application

- 1) Ensure the Coach/Chaperone has relevant DBS disclosure issued by the ASA/WASA/SASA. If there is any doubt as to whether the coach/chaperone has the relevant DBS disclosure please contact The ASA DBS Office on 01509 618738 or the Events Department on 01509 640261. Please note that only Enhanced Disclosure certificates issued by the ASA/SASA/WASA are valid.
- 2) Complete the form ensuring all information is accurate.
- 3) Have the form signed by the Club Secretary.
- 4) Attach a passport sized photo with the name of the coach/chaperone written clearly on the reverse.
- 5) Enclose the relevant payment (£24 event pass) - cheques should be made payable to The ASA.

ALL APPLICATIONS AND THE APPROPRIATE FEE MUST BE RECEIVED BY 12 NOON ON MONDAY 1st JULY 2013.

COMPETITOR & TEAM INFORMATION

Doping Control

Swimmers are warned that random doping control may take place during these Championships. Please ensure that you bring with you to the Championships your passport or other form of identification, which incorporates your photograph.

Warm up & Swim Down

The diving pool will be available for warm-up and swim down during competition time. Full training and warm up times will be detailed in a document released after entries have closed and at the Team Leader Meeting.

Training

Training will be available on Monday 29th July in the competition pool.

Meet Procedure

Fifteen minutes prior to the start of the session, or one event prior to the one in which you are competing, swimmers must present themselves, to the Competitors Steward in the Marshalling Area. This is to be found on the Omega Suite side of the pool under the Spectator Balcony. **You must not go direct to the Start.** A call area will be used for finals.

Team Leader Meeting

The Team Leader Meeting will take place in the Skyline Suite at Ponds Forge International Sports Centre at 6pm on Monday 29th July 2013.

Coaches & Team Managers are encouraged to attend this meeting to receive the latest information from the Meet Management Team regarding the running of the event.

Time Lines for the Finals Sessions will be issued at this meeting.

Joint Coach/Officials/Officers Forums – ASA National Championships 2013

The BSCA is pleased to inform members that relevant ASA Officials & Officers have agreed to participate in the above Forum(s) to discuss issues related to these competitions & matters surrounding them. Such meetings will take place immediately 'after' respective Technical meetings at Ponds Forge (details will be within competition packs) and are **solely for Coaches**. They are open to both members & non-members.

The Forums will aim to deal with a range of matters some of which are listed below, which we hope those attending will find informative but will also provide you with an opportunity to give 'constructive' feedback to these decision makers:

- Age Groupings (Youth/Age, gender etc)
- Qualifying standards (short/long course)
- Related competitions for qualifying - opportunities, competition standards,
- LTAD Review update (*You are reminded that this topic is a British Swimming initiative but an English ASA perspective / response can be given, based upon knowledge known at that time*).
- Interpretations of any Technical Swimming Law changes made at FINA Congress in Barcelona.

The length of the meetings will be confirmed on the night, although we don't expect them to take longer than **two hours**.

These meetings will be chaired by the BSCA, are aimed at providing positive opportunities for challenge & debate, but attendees are asked to be respectful when questioning or raising points.

The word of the BSCA representative chairing the meeting on such matters will be final.

SPECTATOR INFORMATION

Tickets

Tickets will be available to purchase via Ticketmaster from Friday 31st May at 10am and can be accessed via the event page.

[Click here](#) for ticket information.

Tickets are also on sale at the event as per the following prices:

Online Prices

Adult:

Heats: £4.50

Finals: £5.00

6 day pass (heats & finals): **£47.50**

Concession (Under 16 & Over 60)

Heats: £4.00

Finals: £4.50

6 day pass (heats and finals): **£42.50**

On the Door Prices

Adult:

Heats: £6.50

Finals: £7.00

6 day pass (heats & finals): **£67.50**

Concession (Under 16 & Over 60)

Heats: £6.00

Finals: £6.50

6 day pass (heats and finals): **£62.50**

Programme: £5

***Please note Ticketmaster fees apply**

EVENT CONDITIONS

1.0 **General Conditions**

- [a] The Amateur Swimming Association (ASA) Swimming Committee reserves full powers over all ASA Championships.
- [b] The 2013 Championships shall be held on 30th July – 4th August 2013 at Ponds Forge International Sports Centre, Sheffield.
- [c] The Championships shall be competed for annually under the Laws of the Association, the Technical Rules of FINA and any additional conditions published in the Meet Information.
- [d] Entries may only be accepted from competitors registered as members of the ASA, SASA or WASA, or competitors from one of the countries affiliated to FINA. Where required to do so, competitors shall present their passport for age verification to the Event Officer not later than 15:00 hours on the day before the Championships begin.
- [e] A competitor must have been a registered member, or equivalent, of the club in whose name he/she is entered, at least 60 days prior to the first day of the Championships. The appropriate Registration Form must have been received by the Swimmer's Governing Body, before the 60th day.
- [f] Individuals forming the teams must have been registered members of the club, at least 60 days prior to the first day of the Championships. A swimmer entered in the name of one club in the individual events may not compete in the name of another club in the team events.
- [g] A competitor entered in the name of a club affiliated to ASA, SASA or WASA will be considered as a 'British competitor' for the purposes of this competition. All other competitors will be considered to be 'foreign competitors'.
- [h] Time trials will not be permitted.
- [i] Ages at midnight on 4th August 2013.
- [j] Entries will close at 12 noon on Monday 1st July 2013.

2.0 **The Events**

[a] **Age Groups:**

- Youth defined as Girls & Boys: 15/16 & 17/18
19 & over
Open (50m Form Strokes only).

[b] **Individual Events:**

- 50m, 100m, 200m, 400m, 800m (Girls) & 1500m (Boys) Freestyle
100m & 200m Backstroke, Breaststroke & Butterfly
200m & 400m Individual Medley
50m Backstroke, Breaststroke & Butterfly - **OPEN ONLY**

- [c] For all age groups the 800m and 1500m Freestyle events will be Heat Declared Winner.
- [d] In the 19 & over & Open age groups all other events will have Heats and a Final.
- [e] In the Youth age groupings (15/16 & 17/18 years), all 50m, 100m and 200m Events shall have heats, semi-finals & Finals. The 400m Freestyle & 400m I.M. shall have heats and a final.
- [f] **Team Events.**
Girls & Boys: 15-18 years 4 x 200m Freestyle and 4 x 100m Freestyle and Medley
- [g] **MC Events.** See additional conditions.

3.0 **Entries**

- [a] Entries shall be received by the National Entries Administrator ("the Administrator" by the relevant closing date accompanied by the appropriate entry fee. (Individual Entries £9.25) Entry will be by means of an online system and a current photograph will be required for Accreditation purposes. Cheques will not be accepted for payment. Payment must be made for all entries at the time of entry via the online system.
- [b] All competitors must have equalled or bettered the entry time in an event designated or licensed by the ASA, SASA or WASA for entry into National competitions or, for foreign competitors, approved by their Federation. Times must have been achieved since 1st July 2012.
- [c] The Administrator may request validation of any stated entry time.
- [d] Entry times must be achieved in a 50m pool. The only split time that will be accepted for entry is one recorded on the first leg of a 4x100m or 4x200m Team event.

[e] Competitors who qualify for both the ASA National Age Group Championships and the ASA Youth Championships may only enter one of the competitions.

[f] Competitors whose entries have been accepted will be expected to swim unless they have complied with the withdrawal procedure.

4.0 Team Events

[a]. Entry accepted solely from clubs affiliated to the ASA, SASA or WASA as a result of performance in qualifying rounds at the ASA Regional Youth Championships (or equivalent Scottish or Welsh competitions). The ASA Regional Youth Championships shall be the final qualifier for all Youth Team Events.

[b] The fastest 40 teams in each event will be accepted irrespective of English Region, Scotland or Wales. In the event of equal times being submitted for the final available place, a ballot will determine the qualifying team. The names of 2 reserve teams will be published. (Team Entry Fee £18.75)

[d] Clubs must confirm their invitation to compete. Failure to do so may result in their invitation being withdrawn.

Entry confirmation will be by means of an online system. Payment must be made for all team entries at the time of entry via the online system.

5.0 Administration

[a] Coaches will be required to obtain an accreditation pass from the National Event Office in advance of the closing date for entries. Admission to the pool will only be allowed with a valid accreditation.

[b] Competitors accreditation will be issued to Coaches on the afternoon before the event commences, on production of their Coaches Accreditation Pass. Admission to the pool will only be allowed with a valid accreditation. A charge will be levied for lost, mislaid or forgotten passes. Day passes will be issued to all competitors in teams who are not entered into individual events.

6.0 Team Declarations.

[a] Clubs must complete a team declaration form, which must be handed to the Recorders at least 60 minutes before the advertised start of the session in which the relevant team event takes place. Teams not complying with this instruction will lose their right to compete. Where a club has more than one team in an event, a swimmer who has been declared for one team may not compete for another team in the same event

7.0 Withdrawal from Heats

[a] Withdrawals from the 1st day's heats must be notified to the recorders, on the appropriate form, before the close of the Team Manager's Meeting on the evening before the start of the Championships. Subsequent withdrawals should be made by 12 noon the day before the heat takes place.

8.0 Withdrawal from Semi Finals/Finals

[a] 20 swimmers and 2 reserves will be declared for each Semi-final and 10 swimmers and 2 reserves for each final. Only 2 foreign competitors will be allowed to progress to the Final.

[b] Individual Finalists and reserve finalists shall declare to the Chief Recorder, within 30 minutes of the last individual event in the Session in which they have qualified for the next round, if they intend to withdraw from a Semi-Final or Final. Teams must declare within 30 minutes of the last team event in that session. The withdrawal shall be made on the official withdrawal form.

[c] Competitors or teams withdrawing on medical grounds after the expiry of the imposed deadline shall have their withdrawal endorsed by the Executive Director or such person as he/she shall nominate.

[d] An individual competitor shall be fined the sum of £50 if they fail to notify the Chief Recorder of a withdrawal within the stipulated time. If a team fails to notify the Chief Recorder of a withdrawal within the stipulated time, the Club they represent shall be fined the sum of £100. Any competitor or team withdrawing from a final in such a manner as to prevent a reserve from taking part (except in the case of a proven emergency) shall be fined an additional £50.

[e] Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane and there will be no amendments made to the allocation of lanes.

[f] Both individual competitors and teams will be unable to take any further part in the meet, until such time as any fines levied have been paid.

[g] Reserve Finalists, who are not required to swim in a final or semi-final, will be released 45 minutes after the last individual event of the relevant session..

9.0 Marshalling

[a] Heats & Semi Finals: Swimmers must report to the Competitors Steward on the left hand side of the pool as you face the Scoreboard. They should follow the directions given by the Steward. It is the swimmers responsibility to report in good time.

- [b] Finals: Finalists must report to the Call Room prior to the advertised start time for their final. They shall remain in the Call Room until taken to the poolside for their race. Swimmers or teams who do not report, before the race is taken to the poolside, shall be deemed to have withdrawn in breach of the conditions.
- [c] Coaches/chaperones will not be allowed in the Call Room, during the Finals, at anytime.

10.0 Trophies & Medals

- [a] Perpetual trophies, where available, will be presented. Medals will be awarded to the first, second and third placed British competitors in individual or team events.
- [b] Commemorative medals will be awarded to foreign competitors placed first, second or third in individual events.
- [c] The Youth Champion shall be the swimmer who records the fastest time in either of the Youth Finals, or in the case of heat declared winner, the fastest time in the heats.

11.0 Doping Control

- [a] Competitors taking part in the championships may be subject to random doping control.

DISABILITY CONDITIONS

British Gas ASA National (Youth, Open & MC) (50m) Championships 2013 Ponds Forge, Sheffield Supplementary Disability Swimming Conditions & Entry Standards

The general conditions for the Championships shall apply to the Multi-Class Swimming events except where varied by any of the following conditions:

The Events

Event	Male & Female
50m Freestyle	S1-S13
100m Freestyle	S1-S13
200m Freestyle	S1-S5 & S14
400m Freestyle	S6-S13
50m Backstroke	S1-S5
100m Backstroke	S6-S14
50m Breaststroke	SB1-SB3
100m Breaststroke	SB4-SB9, SB11-SB14
50m Butterfly	S1-S7
100m Butterfly	S8-S13
150m Individual Medley	SM1-SM4
200m Individual Medley	SM5-SM14

Eligibility

- All competitors must have an authorised British Swimming, IPC Swimming or INASPID classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.
- All competitors must be registered as members of a swimming club affiliated to the Amateur Swimming Association (ASA) Scottish ASA (SASA) or Welsh ASA (WASA) at the time of entry.
- Qualifying times must have been achieved in the 12 months immediately preceding the closing date and may be achieved in either a long course or a short course pool.
- Times from time trials will not be allowed.
- All classes of swimmers will swim together (Multi-Class).
- Finalists shall be determined by the top 10 British Disability Point (BDP) scorers from the heats according to the competitors classification, the stroke and the distance. Limited to 3 swimmers from each class progressing from heat to final – with the exception of filling empty lanes in a Final as required.
- There will be the appropriate number of heats (dependent upon entries) and a final for each event (no semi-finals or B finals will be held).
- In the event of a dead heat of equal points which results in the number of finalists exceeding ten a swim-off shall take place to determine which of those swimmers shall go forward to the final.
- A minimum of 3 swimmers must progress from the heats for a final to take place
- A minimum of 3 swimmers must be entered for Heats to take place. In these circumstances the swimmer will swim in the relevant Final Session.

Accreditation

- All coaches and personal care attendants must have accreditation. Personal care

attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities.

- A swimmer in any of the classes as specified above may have both a coach and a personal care attendant present. The personal care attendant accreditation will be free of charge.

Medals

- Medals shall be awarded on a multi-class basis to 1st, 2nd and 3rd place in each event. Medals shall be awarded to the top three BDP scorers in each event. If there are less than four competitors in any one event then a minus one ruling shall apply. If there is only one competitor in an event then a medal shall be awarded if he/she breaks the British record, for their classification. Medals shall be awarded during the relevant session that the event has taken place. All swimmers shall be required to present themselves to the awards steward when notified.

Video & Photography

British Swimming & the ASA are aware of the wide range of mobile phone and other personal hand held devices with a photographic capability, enabling the capture of both static & moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or even an identity & such information may help those who may want to harm children. The use of such equipment is difficult to control but we can all be vigilant & if you have concerns in this area, please bring them to the attention of someone responsible.

This event will be photographed and videoed. Static images will be displayed on the website www.swimming.org at the venue and used to promote the sport at this event and events in the future. Moving images will displayed at the venue and used to produce DVD's which will be sold at the event. British swimming and the ASA work closely with our experts to ensure that in making these images available to enhance the presentation of the event; we are not putting any children at risk in any way. If you have any concerns please refer to ASA Wavepower document, section 2.5, pages 84-85. The document can be found at www.swimming.org.

The following is taken from the new ASA Data Protection notice and relates to photography and video images for all events.

Recording images: The ASA and British Swimming may record the competition events in which you participate and general images of swimmers will form part of the information we hold and use. In addition to the purposes for general information set out above, the ASA and/or British Swimming may use these recordings and images for the purposes of education and training, swimmer analysis, performance, development, selection and event promotion.

Tuesday 30 th July 2013	Wednesday 31 st July 2013	Thursday 1 st August 2013	Friday 2 nd August 2013	Saturday 3 rd August 2013	Sunday 4 th August 2013
Session One - Heats	Session Three - Heats	Session Six - Heats	Session Eight - Heats	Session Ten - Heats	Session Thirteen - Heats
Mens 100m Butterfly Womens 200m Freestyle MC M 200m Free MC W 200m Free Mens 50m Backstroke Womens 50m Butterfly Mens 400m Freestyle MC W 400m Free MC M 400m Free Womens 200m I.M. MC M 50m Breast MC W 50m Breast Mens 4 x 100m Free Team	Mens 200m Backstroke Womens 100m Backstroke MC M 50m Free MC W 50m Free Mens 100m Breaststroke Womens 100m Butterfly MC M 100m Butterfly MC W 100m Butterfly Mens 200m Freestyle Womens 50m Breaststroke Mens 50m Butterfly MC W 150m IM MC M 150m IM	Mens 200m I.M. Womens 100m Freestyle MC M 100m Back MC W 100m Back Mens 200m Butterfly Womens 200m Breaststroke MC M 200m IM MC W 200m IM Mens 4 x 200m Free Team	Womens 200m Butterfly Mens 100m Freestyle MC W 100m Breast MC M 100m Breast Womens 200m Backstroke Mens 50m Breaststroke MC W 50m Back MC M 50m Back Womens 4 x 200m Free Team	Womens 100m Breaststroke Mens 200m Breaststroke MC W 50m Fly MC M 50m Fly Womens 400m Freestyle Mens 100m Backstroke MC W 100m Free MC M 100m Free Womens 50m Backstroke Womens 4 x 100m Free Team	Womens 400m I.M. Mens 400m I.M. Womens 50m Freestyle Mens 50m Freestyle Womens 4 x 100m Medley Team Mens 4 x 100m Medley Team
	Session Four - Heats			Session Eleven - Heats	
	Womens 800m Free HDW			Mens 1500m Free HDW	
Session Two - Semi-finals & Finals	Session Five - Semi-finals & Finals	Session Seven - Semi-finals & Finals	Session Nine - Semi-finals & Finals	Session Twelve- Semi-finals & Finals	Session Fourteen - Finals
Womens 15/16 200m Free – SF Womens 17/18 200m Free – SF Womens 19+ 200m Free – Final MC W 200m Free - Final MC M 200m Free - Final Mens 15/16 100m Butterfly – SF Mens 17/18 100m Butterfly – SF Mens 19+ 100m Butterfly – Final Womens 15/16 200m I.M. – SF Womens 17/18 200m I.M. – SF Womens 19+ 200m I.M. - Final MC M 400m Free – Final MC W 400m Free - Final Mens 15/16 400m Free – Final Mens 17/18 400m Free – Final Mens 19+ 400m Freestyle - Final Womens 50m Butterfly - Final Mens 50m Backstroke - Final MC W 50m Breast MC M 50m Breast Mens 4 x 100m Free Team - Final	Mens 15/16 200m Back – SF Mens 17/18 200m Back – SF Mens 19+ 200m Back – Final MC W 50m Free - Final MC M 50m Free - Final Womens 15/16 100m Fly – SF Womens 17/18 100m Fly – SF Womens 19+ 100m Fly – Final Mens 15/16 100m Butterfly – Final Mens 17/18 100m Butterfly – Final Womens 15/16 100m Back – SF Womens 17/18 100m Back – SF Womens 19+ 100m Back – Final MC M 100m Butterfly - Final MC W 100m Butterfly - Final Mens 15/16 100m Breast – SF Mens 17/18 100m Breast – SF Mens 19+ 100m Breast – Final Womens 15/16 200m I.M. – Final Womens 17/18 200m I.M. – Final Mens 15/16 200m Freestyle – SF Mens 17/18 200m Freestyle – SF Mens 19+ 200m Freestyle – Final Womens 15/16 200m Free – Final Womens 17/18 200m Free – Final MC M 150m IM - Final MC W 150m IM - Final Womens 50m Breast - Final Mens 50m Butterfly – Final	Mens 15/16 200m Butterfly – SF Mens 17/18 200m Butterfly - SF Mens 19+ 200m Butterfly - Final MC W 100m Back - Final MC M 100m Back - Final Womens 15/16 100m Free – SF Womens 17/18 100m Free - SF Womens 19+ 100m Free - Final Mens 15/16 100m Breast – Final Mens 17/18 100m Breast – Final Womens 15/16 100m Back – Final Womens 17/18 100m Back – Final Mens 15/16 200m Free – Final Mens 17/18 200m Freestyle - Final Womens 15/16 200m Breast – SF Womens 17/18 200m Breast – SF Womens 19+ 200m Breast – Final MC M 200m IM - Final MC W 200m IM - Final Mens 15/16 200m Back – Final Mens 17/18 200m Back – Final Womens 15/16 100m Fly – Final Womens 17/18 100m Fly – Final Mens 15/16 200m I.M. – SF Mens 17/18 200m I.M. - SF Mens 19+ 200m I.M. - Final Mens 4 x 200m Free Team - Final	Womens 15/16 200m Fly – SF Womens 17/18 200m Fly – SF Womens 19+ 200m Fly – Final MC M 100m Breast - Final MC W 100m Breast - Final Mens 15/16 100m Freestyle – SF Mens 17/18 100m Freestyle - SF Mens 19+ 100m Freestyle - Final Womens 15/16 200m Back – SF Womens 17/18 200m Back - SF Womens 19+ 200m Back - Final Mens 15/16 200m Butterfly – Final Mens 17/18 200m Butterfly - Final Womens 15/16 100m Free – Final Womens 17/18 100m Free – Final MC M 50m Back - Final MC W 50m Back - Final Mens 50m Breast - Final Womens 15/16 200m Breast – Final Womens 17/18 200m Breast – Final Womens 19+ 200m Breast – Final MC M 100m Free - Final MC W 100m Free - Final Mens 15/16 100m Backstroke - SF Mens 17/18 100m Backstroke - SF Mens 19+ 100m Backstroke - Final Womens 15/16 200m Back – Final Womens 17/18 200m Back - Final Womens 50m Back - Final Womens 4 x 100m Free - Final	Womens 15/16 200m Fly – Final Womens 17/18 200m Fly – Final Mens 15/16 100m Free – Final Mens 17/18 100m Free – Final MC W 50m Fly - Final MC M 50m Fly - Final Womens 15/16 100m Breast – SF Womens 17/18 100m Breast - SF Womens 19+ 100m Breast - Final Mens 15/16 200m Breast – SF Mens 17/18 200m Breast – SF Mens 19+ 200m Breast – Final Womens 15/16 400m Free – Final Womens 17/18 400m Free – Final Womens 19+ 400m Free - Final MC M 100m Free - Final MC W 100m Free - Final Mens 15/16 100m Backstroke - SF Mens 17/18 100m Backstroke - SF Mens 19+ 100m Backstroke - Final Womens 15/16 200m Back – Final Womens 17/18 200m Back - Final Womens 50m Back - Final Womens 4 x 100m Free - Final	Mens 15/16 50m Freestyle – SF Mens 17/18 50m Freestyle – SF Womens 15/16 50m Free - SF Womens 17/18 50m Free - SF Mens 15/16 200m Breast – Final Mens 17/18 200m Breast – Final Womens 15/16 100m Breast – Final Womens 17/18 100m Breast - Final Womens 15/16 200m Breast – SF Mens 17/18 200m Breast – SF Mens 15/16 400m I.M. – Final Mens 17/18 400m I.M. – Final Mens 19+ 400m I.M. – Final Womens 15/16 400m Free – Final Womens 17/18 400m I.M. – Final Womens 19+ 400m I.M. - Final Mens 15/16 100m Back – Final Mens 17/18 100m Back - Final Womens 15/16 50m Free - Final Womens 17/18 50m Free - Final Mens 19+ 50m Free – Final Womens 4x100m Med – Final Mens 4x100m Med –Final

British Gas ASA National Championships 2013
Ponds Forge International Sports Centre, Sheffield
Youth/Senior/Open: 30th July – 4th August (age as at 4th August 2013)
Long Course Qualifying Times (Youth/Senior/Open & all 800/1500m Long Course qualifying only)

15/16 yrs 50m	17/18 yrs 50m	19 & over 50m	Open	Event	15/16 yrs 50m	17/18 yrs 50m	19 & over 50m	Open
25.18	24.70	24.46		50m Freestyle	27.97	27.97	27.69	
54.49	53.45	52.99		100m Freestyle	59.84	59.84	59.29	
1.58.66	1.56.61	1.56.25		200m Freestyle	2.08.74	2.08.74	2.07.71	
4.12.86	4.08.94	4.08.30		400m Freestyle	4.31.31	4.31.31	4.28.89	
				800m Freestyle	9.21.30	9.21.30	9.15.32	
16.53.48	16.58.23	16.41.08		1500m Freestyle				
			28.07	50m Backstroke				31.18
1.02.23	1.01.81	1.00.85		100m Backstroke	1.07.58	1.07.58	1.07.01	
2.14.50	2.12.92	2.12.17		200m Backstroke	2.25.13	2.25.13	2.23.57	
			30.44	50m Breaststroke				34.41
1.10.19	1.08.66	1.08.02		100m Breaststroke	1.17.11	1.17.11	1.16.03	
2.33.14	2.30.61	2.29.25		200m Breaststroke	2.46.10	2.46.10	2.43.74	
			25.88	50m Butterfly				29.21
59.77	58.54	58.03		100m Butterfly	1.06.11	1.06.11	1.05.36	
2.13.78	2.11.43	2.10.63		200m Butterfly	2.26.00	2.26.00	2.23.78	
2.15.04	2.12.55	2.12.07		200m Ind. Medley	2.26.57	2.26.57	2.25.02	
4.49.06	4.45.19	4.44.29		400m Ind. Medley	5.11.52	5.11.52	5.07.94	

All Competitors must have equaled or bettered the entry time in an event designated or licensed by the ASA, SASA, or WASA for entry into National Competitions or, for foreign competitors, approved by their Federation. Times must have been achieved since 1st July 2012.

Entries Close: 12noon Monday 1st July 2013

Disability Qualification Times

British Gas ASA National Youth Championships - Qualifying Standards				
Male 16 and Under	Male		Female 16 and Under	Female
50m Freestyle				
02:06.67	01:46.24	S1	03:57.52	03:19.21
01:40.27	01:24.10	S2	01:56.08	01:37.36
01:21.33	01:08.21	S3	01:26.37	01:12.44
01:01.18	00:51.31	S4	01:22.49	01:09.19
00:52.22	00:43.80	S5	00:58.73	00:49.26
00:46.59	00:39.08	S6	00:55.35	00:46.42
00:43.97	00:36.88	S7	00:51.62	00:43.29
00:40.78	00:34.20	S8	00:48.90	00:41.01
00:40.19	00:33.71	S9	00:45.38	00:38.06
00:37.03	00:31.06	S10	00:44.44	00:37.27
00:40.87	00:34.28	S11	00:49.09	00:41.17
00:37.77	00:31.68	S12	00:43.01	00:36.08
00:37.32	00:31.30	S13	00:43.26	00:36.28
100m Freestyle				
05:13.41	04:22.86	S1	28:53.45	06:48.70
03:38.61	03:03.35	S2	04:15.86	03:34.59
02:39.91	02:14.12	S3	03:05.63	02:35.69
02:11.70	01:50.46	S4	03:04.19	02:34.48
01:57.34	01:38.41	S5	02:07.97	01:47.33
01:45.42	01:28.41	S6	01:58.06	01:39.02
01:35.32	01:19.95	S7	01:52.48	01:34.34
01:30.41	01:15.83	S8	01:44.81	01:27.91
01:27.87	01:13.70	S9	01:38.61	01:22.71
01:21.79	01:08.60	S10	01:35.20	01:19.85
01:32.38	01:17.48	S11	01:48.24	01:30.78
01:24.34	01:10.73	S12	01:33.36	01:18.30
01:21.98	01:08.76	S13	01:34.72	01:19.44
200m Freestyle				
11:16.65	09:27.52	S1	10:16.02	08:36.66
07:42.74	06:28.10	S2	09:18.70	07:48.59
05:56.21	04:58.75	S3	07:19.89	06:08.94
04:41.51	03:56.11	S4	06:17.47	05:16.59
04:12.87	03:32.08	S5	04:29.19	03:45.77
03:05.89	02:35.91	S14	03:26.43	02:53.13
400m Freestyle				
08:02.96	06:45.07	S6	08:37.28	07:13.85
07:24.48	06:12.79	S7	08:14.34	06:54.61
06:59.31	05:51.68	S8	07:59.51	06:42.17
06:40.75	05:36.12	S9	07:18.45	06:07.73
06:24.68	05:22.63	S10	07:09.71	06:00.40
07:16.68	06:06.25	S11	08:10.33	06:51.24
06:38.54	05:34.26	S12	07:13.61	06:03.67
06:25.21	05:23.08	S13	08:01.29	06:43.66
50m Backstroke				
02:23.28	02:00.17	S1	04:57.45	04:09.47
01:40.30	01:24.12	S2	01:41.00	01:24.71
01:12.04	01:00.42	S3	01:44.22	01:27.41
01:12.04	01:00.42	S4	01:23.70	01:10.20
01:00.23	00:50.52	S5	01:22.99	01:09.60
100m Backstroke				
01:57.72	01:38.73	S6	02:18.01	01:55.75
01:52.42	01:34.29	S7	02:12.26	01:50.93
01:44.66	01:27.78	S8	02:04.31	01:44.26
01:38.78	01:22.85	S9	01:52.03	01:33.96
01:34.13	01:18.95	S10	01:46.98	01:29.73
01:45.74	01:28.69	S11	02:03.44	01:43.53
01:35.40	01:20.02	S12	01:47.76	01:30.38
01:34.52	01:19.27	S13	01:59.78	01:40.46
01:39.56	01:23.50	S14	01:47.29	01:29.99
50m Breaststroke				
02:26.94	02:03.24	SB1	03:31.17	02:57.11
01:30.69	01:16.06	SB2	02:13.83	01:52.24
01:17.90	01:05.34	SB3	01:55.66	01:37.01

100m Breaststroke				
02:30.71	02:06.40	SB4	03:00.06	02:31.02
02:30.12	02:05.91	SB5	02:49.40	02:22.08
02:14.99	01:53.22	SB6	02:36.39	02:11.17
02:08.06	01:47.41	SB7	02:30.38	02:06.13
01:50.08	01:32.33	SB8	02:07.80	01:47.18
01:44.47	01:27.62	SB9	02:03.13	01:43.27
01:54.70	01:36.20	SB11	02:21.38	01:58.57
01:45.07	01:28.13	SB12	02:04.33	01:44.27
01:43.94	01:27.18	SB13	02:06.33	01:45.95
01:46.07	01:28.96	SB14	02:05.39	01:45.17
50m Butterfly				
00:00.00	00:00.00	S1	02:32.66	02:08.04
02:06.65	01:46.22	S2	00:00.00	00:00.00
02:07.07	01:46.57	S3	01:49.12	01:31.52
01:13.86	01:01.95	S4	02:36.92	02:11.61
00:57.66	00:48.36	S5	01:12.26	01:00.61
00:48.72	00:40.86	S6	01:00.16	00:50.45
00:47.66	00:39.97	S7	00:55.85	00:46.84
100m Butterfly				
01:36.08	01:20.59	S8	01:53.58	01:35.26
01:34.05	01:18.88	S9	01:48.65	01:31.13
01:29.53	01:15.09	S10	01:47.07	01:29.80
01:39.09	01:23.11	S11	02:19.17	01:56.73
01:32.98	01:17.99	S12	01:46.28	01:29.14
01:27.37	01:13.28	S13	01:46.75	01:29.53
150m IM				
00:00.00	00:00.00	SM1	00:00.00	00:00.00
07:02.61	05:54.44	SM2	00:00.00	00:00.00
04:40.80	03:55.51	SM3	06:31.64	05:28.47
04:08.00	03:28.00	SM4	06:01.06	05:02.82
200m IM				
05:33.17	04:39.44	SM5	05:23.30	04:31.15
04:14.79	03:33.69	SM6	05:01.15	04:12.58
04:03.63	03:24.33	SM7	04:50.64	04:03.76
03:48.11	03:11.32	SM8	04:22.68	03:40.31
03:37.06	03:02.05	SM9	04:02.27	03:23.19
03:28.89	02:55.20	SM10	03:58.62	03:20.13
03:49.04	03:12.10	SM11	04:37.08	03:52.39
03:28.99	02:55.28	SM12	03:50.53	03:13.35
03:21.84	02:49.29	SM13	03:53.06	03:15.47
03:42.60	03:06.69	SM14	03:22.86	04:01.88

Child Photography Refusal of Consent Form

Name of Swimmer: _____

Date of Birth: _____

I refuse permission for the taking and/or publication of images of my child by the event's Official Photographer(s) in respect of swimming.

Signed (Parent/Carer): _____

Print Name: _____

Date: _____

Please send form back to:
*Events Department, The ASA, Pavilion 3, SportPark, 3 Oakwood Drive,
Loughborough University, Leicestershire, LE11 3QF
Tel: 01509 640 266 Fax: 01509 640 191*

COACH/CHAPERONE INFORMATION 2013
ALL APPLICANTS MUST BE DBS CHECKED THROUGH THE ASA
PLEASE SEE INFORMATION BELOW.

Please note from the 12th November 2012 the CRB changed to the DBS Disclosure & Barring Service.

Applicants are advised the DBS (CRB) process could take up to 3 months to complete. Forms can be obtained through the ASA DBS (CRB) Office on 01509 640738. All applicants must be registered with a club.

All ASA clubs and license applicants will have to complete a DBS (CRB) application form regardless of any previous enhanced disclosure they have with another organisation, however recent.

Further information on the DBS (CRB) guidelines on portability is available on their website at www.homeoffice.gov.uk/crime/vetting-barring-scheme

First time applicants must complete both the form and Self Declaration form (purple). The purple form will allow an individual to appear on the club's child protection list whilst the DBS (CRB) application is being processed. The purple form gives the applicant the opportunity to declare any convictions that may appear on their disclosure. Forms are obtainable from the ASA DBS (CRB) Office (01509 640738)

All new applicants must enclose one passport sized photograph and existing coaches who have not submitted a photograph within the last three years must do so. Please note in order for the pass to be valid coaches must have swimmers attending the relevant competition that the pass has been issued for.

If you apply for an individual pass for an event they will **NOT** be sent in the post they will be available to collect at the event. Should you have any queries please contact the Events Department on 01509 640261.

Age & Youth Coach/Chaperone Passes

Please note any applicant applying for both of the above events will receive one combined pass and not 2 separate passes for each event.

IMPORTANT

Please note that Coaches/Chaperones will not be allowed on poolside without a valid pass. Under no circumstances will Coaches/Chaperones passes be issued on the day of competition. Lost/replacement passes will be charged at £10.00

Data Protection Statement

The ASA/British Swimming will use personal data for the purpose of the applicant's application for a coach/chaperone pass for ASA / British Swimming events and it is understood that by submitting this form, the applicant is consenting to receiving information about their coach / chaperone pass application by post, email, SMS/MMS, online or phone unless stated otherwise.

TEL 01509 640261 FAX 01509 618701

APPLICATION FOR 2013 COACH/CHAPERONE PASS
ASA/BRITISH SWIMMING EVENTS

Please tick the relevant boxes that you wish to attend (√)

British Gas ASA Nat Age Group Champs
 24th – 28th July – Sheffield
 Closing Date: Monday 1st July

British Gas ASA Nat Youth Champs
 30th July – 4th August
 Closing Date: Monday 1st July

Membership No:	
Please tick relevant box below:	
Coach : <input type="checkbox"/>	Chaperone: <input type="checkbox"/>
If Chaperone have you completed a Team Managers Course <input type="checkbox"/> If so please give details below i.e date, qualifications	
Yes <input type="checkbox"/>	No <input type="checkbox"/>
Full Name	
Home Address	
Postcode	
Date of Birth	
Tel No:	Email:
Application made by (NAME)	
Secretary of	Swimming Club
Address	
Postcode	Tel No: Email:
Please ensure this section is completed by the Club Secretary	
Signed:	Date:

Individual coach's passes are priced at £24.00 per championship

Cheques should be made payable to The ASA

IMPORTANT under no circumstances will a late applicant be accepted

I have read the Data Protection Statement on the Coach Information Sheet. (Please tick)