

Scottish Gas National Short Course Championships 2012

Dear Colleague,

We look forward to welcoming you all to the Scottish Gas National Short Course Championships.

In order to ensure a smoothly run meet we have detailed below a few points which we hope you will find useful. **We would ask that you pass them on to other members of your team.**

You are requested to notify the Recorders of any **non residential Scots** in your team.

Session Times

Friday & Saturday

Morning

Warm Up: 07.30
Start: 08.45

Afternoon

Warm Up: 12.15
Start: 13.15

Finals

Warm Up: 16.30
Start: 17.30
17.35 (Sat)

Sunday only

Morning

Warm Up: 07.30
Start: 08.45

Afternoon

Warm Up: 12.15
Start: 13.15

Final

Warm Up: 15.30
Start: 16.30

Please note the Diving Pool will be closed between Sessions 5 and 6 to allow for the setup of a 10 minute diving display before the start of the Final's session on Saturday.

Information Pack

An envelope containing a Meet Programme, Warm Up Schedule, Presentation Schedule, Team Lines and Meal Tickets will be available at the Coaches Meeting for each club.

The meeting will take place at 7.00am on Friday 14th December in Dance Studio 3 (pool level).

Phone: For emergencies you can contact meet staff on this number: 07849884643

Withdrawals

All withdrawals must be made on the official forms provided.

Late withdrawals and withdrawals from Finals must be made at the recorders desk as normal. In the interests of all competitors a rigorous approach will be taken to ensure compliance with the withdrawals procedures.

Heats

Any withdrawals from heats on day one must be notified by email to jbruce2160@aol.com no later than **18.00hrs Thursday 13th December**. Withdrawals from days two and three, not previously notified, must be posted at the Recorders Desk, **not later than 6.00 pm** on the day prior to the event. For afternoon events these must be posted at the Recorders Desk no later than 10.00 am on the morning of the event.

Finals

Withdrawals must be notified to the Recorders Desk within **thirty minutes** of the final's list being posted and announced. **NB: Reserves must marshal for the finals unless they are officially withdrawn.**

800 & 1500 – Please ensure that you are familiar with the procedures for these events – if in doubt please speak to either of the Meet Directors or the Recorders.

IN THE CASE OF A COMPETITOR, NOT PREVIOUSLY WITHDRAWN, WHO FAILS TO APPEAR FOR HEATS OR FINALS OR WHO HAS WITHDRAWN OUTWITH THE DESIGNATED TIME FRAME, THE COMPETITOR SHALL PAY, WITHOUT EXCUSE (EXCEPT IN THE CASE OF GENUINE ILLNESS OR PROVEN EMERGENCY) A FINE OF £10.00 PER INCIDENT. ANY COMPETITOR WITHDRAWING FROM A FINAL IN SUCH A MANNER AS TO PREVENT A RESERVE TAKING PART (EXCEPT AS STATED ABOVE) SHALL BE SUSPENDED IMMEDIATELY FROM ALL FURTHER EVENTS AT THE CHAMPIONSHIPS.

Please Note: Any late withdrawals from Heats and Finals on medical grounds should be discussed with the Meet Director prior to submission to the Recorders.

Information and Recorder Desks

Information Desk: Is situated in the foyer.

The Recorders Desk: Is situated on poolside outside the timing suite.

Seating: For teams/competitors will be available as follows:

Teams and spectators will be allocated seating as directed by the Stewards.

There will be seating on poolside and on the balcony.

Please keep the area around the diving pool clear at ALL times.

Appropriate footwear must be worn at all times.

Starts/Finishes

Over the top starts will be used in heats, where appropriate.

All starts will take place from the scoreboard end of the pool. When the instruction from the Referee is given to 'leave the water', competitors should exit from either side of the pool to retrieve their belongings but are asked to wait until the next race is underway before leaving the starting area. In the finals sessions all swimmers should exit the pool by the far side.

Personal Belongings

Competitors are strongly advised not to leave personal belongings in the changing rooms unless secured in a locker. Valuable items should be deposited with the team staff and not taken to the marshalling or start areas.

Clothes baskets will be available at each lane end and competitors are recommended to make use of them.

Presentations

Presentations will take place according to the presentation schedule. Competitors are requested to comply with the schedule and any alterations (announced/published) to it. The assembly point for medallists will be behind the podium.

Should a competitor be unavailable to attend the presentation ceremony a representative may stand in. This should be notified to the marshal.

It is the responsibility of the Coach/Team Manager to ensure that medallists or a deputy be available for presentation as per the presentation schedule, a copy of which will be included in your information pack and posted around the pool.

Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.

Drug Testing

Please note that drug testing may be in operation at this event. All competitors not registered with the SASA, WASA or the ASA will require to sign an agreement to undergo tests in accordance with FINA law. Completed forms (copies enclosed) must be submitted to the Information Desk on arrival.

Reserves for Finals

A maximum of FOUR reserves will be nominated for the final. **All reserves must inform the recorders of their intention to swim or withdraw.** In the case of the nominated reserves withdrawing, no further competitors will be nominated.

Training Times

It may be possible to arrange some training times directly with the pool on Thursday 13th December. This would be subject to availability.

Please contact: Brian King brian.king@edinburghleisure.co.uk

Miscellaneous

The pool management has requested that no outdoor shoes be worn on the poolside and that only coaches/team managers with a pass be allowed on the poolside to avoid congestion. To allow for the smooth running of the Meet we ask that these requests are complied with. **The pool staff also request that feet are dry before using the balcony stairs.**

A small questionnaire is enclosed in your pack and we hope that you will find time to complete it and return it to the Association or Meet Information Desk. Scottish Swimming wishes you a successful Championships and a pleasant stay in Edinburgh.

Further information on coaches/swimmers passes will be issued with the swimmers passes.

Yours sincerely

Lesley Prentice
Meet Director