

ASA (North) REGION ZONAL COMPETITION (50M) 2014
Ponds Forge Sheffield
(25th/26th January 2014)

General Conditions

- [a] The Amateur Swimming Association (ASA) Swimming Committee reserves full powers over the ASA Region Zonal Competitions.
- [b] The Competitions shall take place under the Laws of the Association, the Technical Rules of FINA, and any additional conditions published in the Meet Information.
- [c] There shall be three (3) Zonal competitions aligned with the ASA Regions as below.
North Zone: ASA North East Region and ASA North West Region
Central Zone: ASA East Region, ASA East Midland Region and ASA West Midland Region
South Zone: ASA London Region, ASA South East Region and ASA South West Region.
- [d] A Competitor may only compete in one Zonal competition and must be a registered member of a club affiliated to one of the ASA Regions assigned to the respective zone or one of the Countries affiliated to FINA.
- [e] A competitor who is a member of more than one club affiliated to different Regions assigned to different zones may choose the zone in which they wish to compete.

The Events

- [a] 50m, 100m, 200m, 400m, 800m [Female], 1500m [Male] Freestyle
50,100m & 200m Backstroke, Breaststroke & Butterfly
200m & 400m Individual Medley

[b] Heats and Finals shall be swum in all events except 800/1500m which will be Heat Declared- HDW

[c] There will be a Senior and Junior Final for each event with a Final. The following ages will qualify for the respective final. Senior (Male 17yrs and over, Female 15yrs and over) and Junior (Male 16yrs and under, Female 14yrs and under)

Entries & Withdrawals

- [a] Age shall be determined as at midnight on 26th January 2014.
- [b] Entries shall be received by the Competition Administrator ("the Administrator") using the provided entry file set by e mailing them to swimming@proudys.plus.com not later than 12 midday on Sunday 5th January 2014, accompanied by the appropriate entry fee (Individual Entries £7.25). Consolidated entries from clubs would be preferred.
Sent to Ian Proud, 67 Buckinghamshire Road, Belmont, Durham. DH1 2BE (cheques made payable to Derwentside SC) or by arranging a BACS transfer.
- [c] All competitors equalling or bettering the standard entry qualifying time in an event will be accepted.
- [d] Competitors whose times equal or better the consideration time as published for the respective zone may be accepted subject to space being available. Where a particular event is oversubscribed priority will be given to those swimmers with the faster submitted times.
- [e] All submitted times must be achieved after 1st January 2013 and recorded in GB rankings.
- [f] Conversion of a time achieved in 25m pool will be accepted. Such conversion to be made using the ASA Equivalent Performance tables.
- [g] In all events a Secondary Entry system will be in operation. Seeded Heat Start Lists will be produced 30 minutes prior to the start time of the Session. If a swimmer is NOT going to swim in an event it is the responsibility of the Club entering the swimmer to inform the Recorders as follows
1. No later than 7pm on Friday 24th January 2014 if the withdrawal is from session 1 or from the whole competition, by e mailing the above e mail address.
 2. No later than 1 hour prior to the relevant session start time of the withdrawal from an event (other than session 1). Should a swimmer who has not been withdrawn from an event fail to swim, the Club entering the swimmer shall incur an administration fee of £10.00

[h] Finals

Qualified Swimmers including Reserves not wishing to take part in a final are required to inform the Recorders no later than 30 minutes after the heat result has been published. Exceptions may be made in special circumstances accepted by the chief recorder. In events with finals an individual who having qualified for a final fails to swim and has not previously given notice of withdrawal to the Recorders shall incur an administration fee of £30.00. The responsibility for payment of the fee shall rest on the Club under whose name the entry has been made.

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Trophies & Medals

[a] Medals will be awarded to competitors placed first, second or third in each Final and to the Seniors and Juniors placed first, second and third in the 800m and 1500m freestyle events.

Doping Control

[a] Competitors taking part in the competition may be subject to random doping control.

MC Competitors

The general conditions for the Meet shall apply to the Multi-Disability Swimmers except where varied by any of the following conditions:

[a] MC swimmers may enter the following events: 50m, 100m, 200m & 400m Freestyle; 100m Form Strokes and 200m Individual Medley. These swims will be included in the heats and be Heat Declared Winner.

[b] All competitors must have an authorised British Swimming, IPC or INAS-FID classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

[c] All competitors must be registered as members of a swimming club affiliated to the Amateur Swimming Association (ASA) Scottish ASA (SASA) or Welsh ASA (WASA) at the time of entry and may compete in any ASA Regional Zonal Competition.

[d] Qualifying times must have been achieved in the 12 months immediately preceding the closing date and may be achieved in either a Long course or short-course pool.

[e] Medals shall be awarded on a multi-class basis to 1st, 2nd & 3rd place in each event. Medals shall be awarded to the top three BDP scorers in each event. If there are less than four competitors in any one event then the minus one ruling shall apply.

Coaches Passes

Coaches passes will be £15 for the weekend