

Swimming Pathway Implementation

This document provides information relating to the new Swimming Competition Structure and is targeted at ASA Clubs, Counties & Regions.

Regions have been tasked with implementing the recommendations in 2015.

Counties are requested to implement the recommendations in 2015, if possible, and should make preparations for full implementation in 2016.

The Open Meet Licensing Guidelines will be re-written to reflect the new structure. In the meantime clubs are reminded that they still have flexibility to hold competitions using 'Age at Day' but they must ensure they comply with the regulations covering the minimum ages of competition.

This is a 'live' document and will be updated as appropriate.

ASA Swimming Management Group

5th October 2014

Dates for your Diary – 2015

British Championships – Trials (50m): 14th-18th April, London Aquatic Centre

British Summer Championships (50m): 28th July – 2nd August, Ponds Forge, Sheffield

ASA Summer Nationals (50m): 4th – 9th August, Ponds Forge, Sheffield

ASA Winter Nationals (25m): 17th – 20th December, Ponds Forge, Sheffield

LEVELS & TYPES OF MEET

EVENT LEVEL:	British Championships / Trials
TIMEFRAME:	To be confirmed on an annual basis, however nominally planned for week 2 or 3 of April each year to 2020
POOL SPECIFICATION:	Long course
LICENSING DETAIL:	Level 1
AGE BASED ON:	31 st December in the year of competition

The format of all Trial events will be decided upon by the National Performance Director and GB Head Coach to provide the most appropriate and optimal selection competition as a precursor to the end-of-season benchmark international competitions.

EVENT LEVEL: **British Summer Championships**

TIMEFRAME: Calendar weeks 30→ 31 (inclusive)

POOL SPECIFICATION: Long course

LICENSING DETAIL: Level 1

AGE BASED ON: 31st December in the year of competition

MINIMUM AGE: 13 years of age in the year of competition (via 13/14 rankings)

AGE BANDINGS: 13/14 years; 15 years; 16 years; 17/18 years; 19 years & over

QUALIFICATION: Entry drawn from the British Rankings database

Top 24 ranked individual British swimmers per event and age band identified from British ranking list from the specified qualifying window of 13th March - 31st May 2015. Top 20 relays teams in the specified age groupings invited based on the specific relay qualifying competitions.

EVENT DETAIL:

EVENT / AGE	13/14 years	15 years	16 years	17/18 years	19 & over
50m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
800/1500m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
4 x 100m Freestyle Relay			14-16 Years		17+ years
4 x 200m Freestyle Relay			14-16 Years		17+ years
4 x 100m Medley Relay			14-16 Years		17+ years

Essential:

- 50m -400m events to follow a Heat-Final format
- Separate morning Heat and late afternoon Finals sessions
- Combined age Heats and specific age finals
- The last 3 heats (up to 200m events), or 2 heats (400m events) with Finals to be cyclically seeded, other heats and HDW events to be spearhead seeded.
- 800/1500m events as Heat Declared Winner, with the fastest heat in a finals session

EVENT LEVEL: Home Nation Summer Meets

TIMEFRAME: Calendar weeks 29 → 33 (inclusive)

POOL SPECIFICATION: Long course

LICENSING DETAIL: Level 1

AGE BASED ON: 31st December in the year of competition

MINIMUM AGE: 12 years of age in the year of competition (via 12/13 rankings)

AGE BANDINGS: 12/13 years; 14 years; 15 years; 16/17 years; 18 years & over

QUALIFICATION: Entry drawn from the British Rankings database

Individuals identified from English/Welsh/Scottish ranking list from the specified qualifying window, 13th March -31st May 2015, who have not qualified in that event for British Summer Championships. The number of individuals invited to be set by the individual Home Nation. Relay qualification as set by the individual Home Nation.

Further qualification methods are at the discretion of the individual Home Nation based on the specific competition format, whilst maintaining the integrity of the qualification window principle.

EVENT DETAIL:

EVENT / AGE	12/13 years	14 years	15 years	16/17 years	18 and over
50m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
800/1500m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Relay Events	As appropriate to the specific event.
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SPECIFIC EVENT ISSUES/DETAIL:

Essential:

- 50m -400m events to follow a Heat-Final format
- Separate Heat and Finals sessions
- The last 3 heats (up to 200m events), or 2 heats (400m events) with Finals to be cyclically seeded, other heats and HDW events to be spearhead seeded.
- Home Nation discretion to combine Ages at heat and/or final level in accordance with level and number of entrants available
- 800/1500m events as Heat Declared Winner
- Para-Swimming multi-classification competition to be included

Desirable:

- Fastest heat of 800/1500 within a finals session

EVENT LEVEL: English Regional, Scottish NAGs and Welsh NAGs

TIMEFRAME: Calendar weeks 14 → 22 (inclusive)

POOL SPECIFICATION: Long course

LICENSING DETAIL: Level 1

AGE BASED ON: 31st December in the year of competition

MINIMUM AGE: 11 years of age in the year of competition (via 11/12 qualifying time)

AGE BANDINGS: 11/12 years; 13 years; 14 years; 15 years; 16 years; 17 years & over

QUALIFICATION: Qualification process and standards set by each respective English Region, Scotland or Wales

EVENT DETAIL:

EVENT / AGE	11/12 years	13 years	14 years	15 years	16 years	17 & over
50m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
800/1500m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

4 x 100m Freestyle Relay		14-16 Years	17+ years
4 x 200m Freestyle Relay		14-16 Years	17+ years
4 x 100m Medley Relay		14-16 Years	17+ years
Further Relay Events	As appropriate to the specific event.		

SPECIFIC EVENT ISSUES/DETAIL:

Essential:

- 50m , 100m and 200m events Heats and Finals.
- 400m events as Heat Declared Winner as a minimum.
- 800/1500m events as Heat Declared Winner.
- The last 3 heats of (up to 200m) events with Finals to be cyclically seeded, other heats and HDW events to be spearhead seeded.
- Qualification event for relays at British Summer Nationals: 14-16 years and 17+ in the following events: 4 x 100m Freestyle Relay / 4 x 200m Freestyle Relay / 4 x 100m Medley Relay
- Para-Swimming multi-classification competition to be included

Desirable:

- 400m events Heats and Finals
- The last 2 heats of (400m) events with Finals to be cyclically seeded, other heats to be spearhead seeded.
- Consideration to be given to individual or sub groups of Ages in heats, eg separate events for 11/12-13; 14-16; 17+ rather than 11-20 year olds in the same set of heats, which would not be considered an optimal format

EVENT LEVEL:	English County, Welsh Regional and Scottish District
TIMEFRAME:	Calendar weeks 2 → 9 (inclusive)
POOL SPECIFICATION:	Long or short course
AGE BASED ON:	31 st December in the year of competition
MINIMUM AGE:	10 years of age in the year of competition (via 10/11 qualifying time)
AGE BANDINGS:	10/11 years; 12 years; 13 years; 14 years; 15 years; 16 years & over
QUALIFICATION:	Process and entry qualification standards set by each English County/Welsh Region/Scottish District.

EVENT DETAIL:

EVENT / AGE	10/11 years	12 years	13 years	14 years	15 years	16 years & over
50m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
800/1500m Freestyle		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m I.M.		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Relay Events	As appropriate to the individual event. No specific requirement.
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SPECIFIC EVENT ISSUES/DETAIL:

Essential:

- 50m & 100m events Heats and Finals.
- 200m events as Heat Declared Winner as a minimum.
- 400m+ events as Heat Declared Winner
- Para-Swimming multi-classification competition to be included

Desirable:

- 200m events Heats and Finals
- Consideration to be given to individual or sub groups of Ages in heats, eg separate events for 10/11-12; 13-15; 16+ rather than 10-20 year olds in the same set of heats, which would not be considered an optimal format.
- The last 3 heats of events with Finals to be cyclically seeded, other heats and HDW events to be spearhead seeded.

EVENT LEVEL: **ASA Winter Meet (also SASA & WASA Meets)**
TIMEFRAME: Calendar week 51
POOL SPECIFICATION: Short course
LICENSING DETAIL: Level 2
AGE BASED ON: 31st December in the year of competition

Entry by the achievement of the Qualifying standard, in a short course pool, at a meet licensed at Level 2 in the year of the competition. No converted times accepted.

Full Programme of Events and Qualifying Standards to be released in due course.