

Derwentside ASC



Affiliated to ASANER

6th Annual Charity Swim

Patron: Jenny Agutter O.B.E.



All proceeds in aid of the Cystic Fibrosis Trust and The Butterfly Trust (Thyroid Cancer)

(licensed by ASANER 3NE and swum under ASA laws)

at

The Louisa Centre, Stanley

6-7 June 2015

Saturday

Session 1

Warmup 8:00 Start 9:00

1	200m Backstroke	Girls	Open
2	200m IM	Boys	Open
3	50m Frontcrawl	Girls	Open
4	50m Backstroke	Boys	Open
5	100m Breaststroke	Girls	10/Over
6	200m Butterfly	Boys	10/Over
7	100m Frontcrawl	Girls	10/Over

Session 2

TBA

8	200m Breaststroke	Boys	Open
9	200m Frontcrawl	Girls	Open
10	50m Butterfly	Boys	Open
11	50m Breaststroke	Girls	Open
12	100m Backstroke	Boys	10/Over
13	100m Butterfly	Girls	10/Over

Sportssystem entries £5.00

Paper entries £5:50

Sunday

Session 3

Warmup 8:00 Start 9:00

14	200m Backstroke	Boys	Open
15	200m IM	Girls	Open
16	50m Frontcrawl	Boys	Open
17	50m Backstroke	Girls	Open
18	100m Breaststroke	Boys	10/Over
19	200m Butterfly	Girls	10/Over
20	100m Frontcrawl	Boys	10/Over

Session 4

TBA

21	200m Breaststroke	Girls	Open
22	200m Frontcrawl	Boys	Open
23	50m Butterfly	Girls	Open
24	50m Breaststroke	Boys	Open
25	100m Backstroke	Girls	10/Over
26	100m Butterfly	Boys	10/Over

This meet is "first come, first served"

Opening date for entries: 22 April Closing date: when full