

MIDDLESBROUGH ASC HALLOWEEN 2016 MEET

Friday 21st, Sat 22nd Oct & Sun 23rd Oct 2016

This event is licensed Level 2 by the ASA for entry into national events & championships and regional championships - (ASA License - 2NE161170)

1. Gala to be held at The Neptune, Middlesbrough – 8 lanes, 25m pool with full Colorado electronic timing system. Swim-down pool will be in operation
2. Individual consideration times for 10 years/under, 11 years, 12 years, 13 years, 14 years, 15 years & 16 years/over are attached in separate tables
3. Events will be 50m all strokes, 100m all strokes, 200m all strokes, 400m Freestyle, 800m Freestyle, 1500m Freestyle, 100m Individual Medley, 200m Individual Medley and 400m Individual Medley. All events will be Heat Declared Winners
4. Ages as at 23rd Oct 2016
5. Entry fees are £6.00 per swim (to include licence fee)
6. Entries should be made using Sportsystems Entries Manager V2. Please apply to the meet secretary for a file set. E-mailed entries and mailed payment should be sent to the meet secretary by **7th October 2016**. Payment should be made to Middlesbrough ASC. Our preferred method of payment is by BACS transfer to Middlesbrough ASC Sort Code 05-06-01 Account Number 15711014
7. Entry times should be converted to 25m pool times by use of ASA Conversion Tables
8. Should entries be over-subscribed, entries will be rejected on the basis of slowest submitted times within each age group
9. All entry withdrawal forms must be presented in the recorders office no later than 45 minutes before the commencement of each session
10. Medals will be awarded to the top three in each individual age group
11. Late entries / poolside entries will be at the discretion of the promoter
12. Over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool
13. Swimmers will be permitted to compete for only one club during the meet
14. Coach passes cost £20.00 which includes programme, lunch ticket and results sheets. Coaches will not be permitted on poolside without the necessary pass. All swimmers must be supervised by a responsible person possessing a coach's pass
15. Admission for spectators will be £5 per day. Children, accompanied by adults, will be admitted free. Concessions £3 per day. Parking is free at the Neptune
16. Photography will be permitted under the usual ASA conditions, There will be a photographer at this event but is only to photograph Middlesbrough swimmers for the benefit of training purposes This event by its very nature, is in the public arena and when entering for the event the participant and their parents acknowledge this fact, which may result in the recording and publication of his/her image

Meet Secretary

David Ross
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Marton-in-Cleveland
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TS8 9XS

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Individual Age Groups	9 years	10 years	11 years	12 years
(Age as at 23rd October 2016)	13 years	14 years	15 years	16 years & over

ORDER OF EVENTS

Session 1 – Friday 21st October 2016

17:30 Warm Up

18:30 Start

- 10. Girls 800M Freestyle
- 11. Boys 1500M Freestyle

Session 2 – Saturday 22nd October 2016

08:30am Warm Up

09:30am Start

- 20. Girls 400m Freestyle
- 21. Boys 200m Breaststroke
- 22. Girls 100m Freestyle
- 23. Boys 100m Butterfly
- 24. Girls 200m Individual Medley
- 25. Boys 200m Backstroke
- 26. Girls 50m Breaststroke
- 27. Boys 50m Freestyle

Session 3 – Saturday 22nd October 2016

tbc

- 30. Boys 400m Individual Medley
- 31. Girls 100m Backstroke
- 32. Boys 50m Butterfly
- 33. Girls 200m Butterfly
- 34. Boys 200m Freestyle
- 35. Girls 100m Individual Medley
- 36. Boys 100m Breaststroke
- 37. Girls 50m Backstroke

Session 4 – Sunday 23rd October 2016

08:30am Warm Up

09:30am Start

- 40. Boys 400m Freestyle
- 41. Girls 200m Breaststroke
- 42. Boys 100m Freestyle
- 43. Girls 100m Butterfly
- 44. Boys 200m Individual Medley
- 45. Girls 200m Backstroke
- 46. Boys 50m Breaststroke
- 47. Girls 50m Freestyle

Session 5 – Sunday 23rd October 2016

tbc

- 50. Girls 400m Individual Medley
- 51. Boys 100m Backstroke
- 52. Girls 50m Butterfly
- 53. Boys 200m Butterfly
- 54. Girls 200m Freestyle
- 55. Boys 100m Individual Medley
- 56. Girls 100m Breaststroke
- 57. Boys 50m Backstroke

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QUALIFYING TIMES

Boys Qualifying Times

Stroke	10 and under	11	12	13	14	15	16/ov
50m Freestyle	47.0	42.0	39.0	37.0	35.0	33.0	32.0
100m Freestyle	1.25.0	1.21.0	1.17.0	1.13.0	1.11.0	1.08.0	1.05.0
200m Freestyle	3.06.0	2.55.0	2.41.0	2.33.0	2.27.0	2.21.0	2.17.0
400m Freestyle	6.31.8	5.56.0	5.39.0	5.22.0	5.07.0	4.58.0	4.51.0
1500m Freestyle	24.44.0	24.44.0	22.20.0	21.16.0	20.19.0	19.37.0	19.07.0
50m Backstroke	55.0	50.0	47.0	44.0	42.0	40.0	37.0
100m Backstroke	1.35.5	1.33.0	1.29.0	1.23.0	1.20.0	1.18.0	1.15.0
200m Backstroke	3.26.7	3.18.0	3.09.0	2.59.0	2.49.0	2.43.0	2.39.0
50m Breaststroke	59.0	54.0	51.0	47.0	44.0	42.0	40.0
100m Breaststroke	1.48.0	1.45.0	1.40.0	1.35.0	1.30.0	1.26.0	1.24.0
200m Breaststroke	3.59.0	3.45.0	3.36.0	3.20.0	3.15.0	3.05.0	3.00.0
50m Butterfly	54.0	49.0	45.0	42.0	39.0	37.0	35.0
100m Butterfly	1.36.0	1.35.0	1.30.0	1.25.0	1.20.0	1.18.0	1.15.0
200m Butterfly	3.37.3	3.20.0	3.11.0	3.05.0	2.55.0	2.45.0	2.40.0
100m Individual Medley	1.39.6	1.35.0	1.30.0	1.25.0	1.20.0	1.18.0	1.15.0
200m Individual Medley	3.32.2	3.19.0	3.09.0	3.04.0	2.55.0	2.45.0	2.40.0
400m Individual Medley	7.35.6	6.55.0	6.31.0	6.16.0	5.54.0	5.42.0	5.36.0

Girls Qualifying Times

Stroke	10 and under	11	12	13	14	15	16/ov
50m Freestyle	50.0	45.0	43.0	41.0	38.0	36.0	34.0
100m Freestyle	1.27.6	1.23.0	1.19.0	1.17.0	1.15.0	1.12.0	1.10.0
200m Freestyle	3.06.8	2.59.0	2.47.0	2.40.0	2.36.0	2.32.0	2.29.0
400m Freestyle	6.35.7	5.59.0	5.43.0	5.30.0	5.20.0	5.15.0	5.11.0
800m Freestyle	12.19.0	12.19.0	11.39.0	11.10.0	10.56.0	10.45.0	10.36.0
50m Backstroke	55.0	50.0	47.0	45.0	42.0	39.0	38.0
100m Backstroke	1.38.5	1.31.0	1.28.0	1.25.0	1.23.0	1.20.0	1.18.0
200m Backstroke	3.28.7	3.18.0	3.09.0	2.59.0	2.51.0	2.48.0	2.45.0
50m Breaststroke	59.0	54.0	51.0	47.0	45.0	43.0	41.0
100m Breaststroke	1.52.5	1.45.0	1.40.0	1.35.0	1.31.0	1.29.0	1.27.0
200m Breaststroke	3.59.5	3.45.0	3.36.0	3.20.0	3.15.0	3.10.0	3.06.0
50m Butterfly	54.0	49.0	45.0	42.0	40.0	38.0	36.0
100m Butterfly	1.39.3	1.35.0	1.30.0	1.25.0	1.21.0	1.19.0	1.16.0
200m Butterfly	3.40.0	3.20.0	3.11.0	3.05.0	2.56.0	2.47.0	2.42.0
100m Individual Medley	1.39.8	1.35.0	1.30.0	1.25.0	1.21.0	1.19.0	1.16.0
200m Individual Medley	3.32.7	3.19.0	3.09.0	3.04.0	2.57.0	2.47.0	2.42.0
400m Individual Medley	7.35.3	6.55.0	6.31.0	6.10.0	5.56.0	5.44.0	5.38.0

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SUMMARY OF ENTRIES

CLUB: _____

CONTACT NAME: _____

ADDRESS: _____

TELE NO: _____

email: _____

£

Male Entries _____ @ £6.00 _____

Female Entries _____ @ £6.00 _____

Coach Passes _____ @ £20.00 _____

Total Entry Fee Enclosed _____
