



Northumberland & Durham Swimming
Association
2016 County Relays

Conditions

Sunderland Aquatic Centre is a 10 lane 25m pool with a full electronic timing system. A Warm-up/Swim-down pool will be in operation. Note: only 8 lanes will be used for Heats and Finals.

Clubs can enter more than one team in each event. An individual may only compete for one team in each event.

Age for this meet is at 31st December 2016

Entries must be submitted on the official entry file (the entry file can be obtained from ndswimmingentry@hotmail.co.uk) and returned to ndswimmingentry@hotmail.co.uk by the closing date of Wednesday 17th February 2016 at 12 noon.

Team Entry Fee is £10.00 for Entries received by 17 February 2016 at 12 noon

Team Entry Fee for Entries received during the period 18 February – 1st March is £20:00

Team Declaration forms in swim order must be submitted by Monday 1st March 2016. Only name changes will be allowed after this date.

Where there are more than 13 teams entered into an event then there will be an "A" and "B" Final. Only one team per club can go through to the "A" Final.

Medals will be presented to teams coming 1st, 2nd and 3rd in the "A Final" or "B Final".

The meet manager for this meet is Kath Smith who can be contacted at ndswimmingentry@hotmail.co.uk

The lead referee for this meet is Anne Reah who can be contacted at anne.reah@btinternet.com

Payment details will be as the club summary that will be sent out with the entry files.

Clubs who have obtained coaches/team manager passes for the Championships can use these passes at the Team Event.

Event Information

EVENT NAME	EXPLANATION	COMMENTS
Male 11/12/13/14yrs 200 Freestyle	Swims in age order	
Female Open 400 Medley	Any age	
Male Open 400 Freestyle	Any age	
Female 9/10yrs 200 Medley	Any 4 swimmers aged 9 or 10	
Male 9/10yrs 200 Freestyle	Any 4 swimmers aged 9 or 10	
Female Junior 16yrs/Under 200 Medley	Any 4 swimmers aged 16yrs/under	
Male Junior 16yrs/Under 200 Freestyle	Any 4 swimmers aged 16yrs/under	
Female 11/12yrs 200 Medley	Any 4 swimmers aged 11 or 12	
Male 11/12yrs 200 Freestyle	Any 4 swimmers aged 11 or 12	
Female 13/14yrs 200 Medley	Any 4 swimmers aged 13 or 14	
Male 13/14yrs 200 Freestyle	Any 4 swimmers aged 13 or 14	
Mixed 2 Male 2 Female 9/10/11/12yrs 200 Medley	Swims as BK/BR/FLY/FR	Swim any gender combination in any stroke but must stay in age sequence (eg. 9 Boy BK, 10 Boy BR, 11 Girl FLY, 12 Girl FR or 9 Girl BK, 10 Boy BR, 11 Girl FLY & 12 Boy FR
Mixed 4 Male 4 Female 400 Freestyle	Any combination	Swim any gender combination but must be 4 female, 4 male
Female 11/12/13/14yrs 200 Freestyle	Swims in age order	
Male Open 400 Medley	Any age	
Female Open 400 Freestyle	Any age	
Male 9/10yrs 200 Medley	Any 4 swimmers aged 9 or 10	
Female 9/10yrs 200 Free	Any 4 swimmers aged 9 or 10	
Male Junior 16yrs/Under 200 Medley	Any 4 swimmers aged 16yrs/under	
Female Junior 16yrs/Under 200 Freestyle	Any 4 swimmers aged 16yrs/under	
Male 11/12yrs 200 Medley	Any 4 swimmers aged 11 or 12	
Female 11/12yrs 200 Free	Any 4 swimmers aged 11 or 12	
Male 13/14yrs 200 Medley	Any 4 swimmers aged 13 or 14	
Female 13/14yrs 200 Freestyle	Any 4 swimmers aged 13 or 14	
Mixed 2 Male 2 Female 9/10/11/12 200 Free	Swims as 2 male 2 female in any combination	
Female Open 300 Freestyle	Any age	
Male Open 300 freestyle	Any age	

ENTRY MATRIX**Mixed Team Events to be entered in the Male Team Entry File (see bolded events below)**

Male Team Entry File	Event Name
9/10 200 Free Team	Men 9/10 200 Free Team
12 200 Free Team	Men 11/12 200 Free Team
13 200 Free Team	Men 13/14 200 Free Team
14 200 Free Team	Men 11,12,13,14 200 Free Team
15 200 Free	Mixed 9,10,11,12 200 Free Team
16 200 Free	Men Junior (16/UN) 200 Free Team
17/OV 300 Free	Men Open 6x50 Free Team
15 400 Free	Mixed Open 4 Male 4 Female 400 Free Team
17/OV 400 Free	Men Open Free Team
17/OV 400 Medley	Men Open 400 Medley Team
9/10 200 Medley	Men 9/10 200 Medley Team
12 200 Medley	Men 11/12 200 Medley Team
13 200 Medley	Men 13/14 200 Medley Team
15 200 Medley	Mixed 9,10,11,12 200 Medley Team
16 200 Medley	Men Junior (16/UN) 200 Medley Team
Female Team Entry File	Event Name
9/10 200 Free Team	Women 9/10 200 Free Team
12 200 Free Team	Women 11/12 200 Free Team
13 200 Free Team	Women 13/14 200 Free Team
14 200 Free Team	Women 11,12,13,14 200 Free Team
16 200 Free Team	Women Junior (16/UN) 200 Free Team
17/OV 300 Free Team	Women Open 6x50 Free Team
17/OV 400 Free Team	Women Open 400 Free Team
17/OV 400 Medley Team	Women Open 400 Medley Team
9/10 200 Medley Team	Women 9/10 200 Medley Team
12 200 Medley Team	Women 11/12 200 Medley Team
13 200 Medley Team	Women 13/14 200 Medley Team
16 200 Medley Team	Women Junior (16/UN) 200 Medley Team