



# TYNEMOUTH AMATEUR SWIMMING CLUB

Winter Level 3 Gala at Tynemouth Pool  
17<sup>th</sup> to 19<sup>th</sup> November 2017 Level 3 TBC

Session 1 17 <sup>th</sup> Nov							
Warm-up: 17:30				Start: 18:30			
Event	Male/Female		Distance	Stroke			
01	Female		200	Free			
02	Male		200	IM			
03	Female		200	IM			
04	Male		200	Free			
Session 2 18 <sup>th</sup> Nov				Session 4 19 <sup>th</sup> Nov			
Warm-up: 8:00		Start: 9:00		Warm-up: 8:00		Start: 9:00	
Event	Male/Female	Distance	Stroke	Event	Male/Female	Distance	Stroke
05	Female	400	IM	22	Male	400	IM
06	Male	100	Fly	23	Female	100	Back
07	Female	100	Free	24	Male	100	Back
08	Male	50	Back	25	Female	50	Breast
09	Female	50	Back	26	Male	50	Breast
10	Male	200	Back	27	Female	200	Back
11	Female	200	Fly	28	Male	200	Fly
Session 3 18 <sup>th</sup> Nov				Session 5 19 <sup>th</sup> Nov			
Warm-up: 12:30		Start: 13:30		Warm-up: 12:30		Start: 13:30	
Event	Male/Female	Distance	Stroke	Event	Male/Female	Distance	Stroke
12	Male	400	Free	29	Female	400	Free
13	Female	100	Breast	30	Male	100	Free
14	Male	100	Breast	31	Female	100	Fly
15	Female	50	Free	32	Male	50	Fly
16	Male	50	Free	33	Female	50	Fly
17	Female	200	Breast	34	Male	200	Breast
Team Events				Team Events			
18	Male 9-12	4 x 50	Free	35	Female 9-12	4 x 50	Free
19	Male 13+	4 x 50	Free	36	Female 13+	4 x 50	Free
20	Female 9-12	4 x 50	Medley	37	Male 9-12	4 x 50	Medley
21	Female 13+	4 x 50	Medley	38	Male 13+	4 x 50	Medley

**Tynemouth ASC Winter Gala**  
**Friday 17<sup>th</sup> Nov to Sunday 19<sup>th</sup> Nov 2017**  
**Tynemouth Pool**  
**Meet Conditions**

1. The meet will be held under ASA Laws and Technical Rules. This is a level 3 licensed meet – licence number – **TBC**
2. The pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available. All entry times must be converted to 25m SC.
3. Swiss Electronic Timing will be in operation with scoreboard display. Times and places shown on the scoreboard are for information only, and are not necessarily the official result. The referee's decision is final.
4. Competitor numbers in the programme are for guidance only. Copies of results will be available over the duration of the event and will be available on the club website.
5. The age groups will be: 9, 10, 11, 12, 13/14 and OPEN (15+) both male & female. Age will be that on 19<sup>th</sup> Nov 2017. All entrants must be category 2 registered with the ASA.
6. Qualifying standards: the upper limit for times will be as per the table attached.
7. Closing date: **Friday 27<sup>th</sup> October 2017**. Entries may be restricted to comply with session limits.
8. All events are Heat Declared Winner (HDW), heats being seeded slowest to fastest based on submitted entry times.
9. Awards will be made to the first six in the age categories 9 and 10 and the first 3 in all other categories. These awards will be available for collection after the winners are announced.
10. No entry cards will be issued. Seeded heat start lists will be produced prior to the start of each session. If a swimmer is not swimming an event we request that the recorders are informed no later than 45 minutes prior to the session start time. Complying with this request will keep the number of empty lanes to a minimum and this courtesy is appreciated.
11. Entry Fees                                   £5.00 per event  
  £5 per team event

Free team entries will be allowed using the following criteria:

- 15 swimmers entered 1 free team per race
- 25 swimmers entered 2 free teams per race
- 35+ swimmers entered 3 free teams per race

Coaches passes                                   £20 to include poolside refreshments and lunch  
BACS Payment details:                         Barclays Bank Sort Code: 20-62-09 Acc Number: 70947512

Entries should be submitted by email:                                   tascmeetmanager@hotmail.co.uk

Electronic entries are to be submitted using Hy-tek Team Manager/Team Manager Lite. An event file is available from the Meet Manager or via the website. No refunds will be given for withdrawals after the closing date.

12. Clubs providing an official(s) of J1 or above covering all sessions will receive the the same number of coaches passes free. This does not have to be the same official for all 5 sessions.
13. Swimmers can compete for one club only during this event.
14. Coaches/Team Managers are responsible for ensuring competitors report to the marshalling area at the required time. Failure to report to marshalling in good time may result in elimination from the event.
15. Tynemouth ASC will not be responsible for any unaccompanied swimmers on the poolside. The responsibility falls with the club entering the swimmer, who should appoint a responsible individual to be on poolside.
16. Tynemouth ASC cannot be held responsible for loss or damage to spectators' or swimmers' property.
17. Access to pool-side will be restricted to swimmers, coaches, officials and authorised helpers in line with ASA Child Protection Policy. Pool-side access will be restricted to those people wearing official identification passes which will be distributed by TASC.
18. For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.

19. Spectator admission will be £4.00 per session / £7.00 for the day / £12.00 for a weekend pass. Concessions will apply.
20. Our club website will provide information of any last minute changes. [www.tynemouthasc.co.uk](http://www.tynemouthasc.co.uk) . Alternatively you can contact the Meet Manager via email: [tascmeetmanager@hotmail.co.uk](mailto:tascmeetmanager@hotmail.co.uk).
21. The use of any photographic equipment (still, video or digital, including mobile phones with camera facilities) will only be allowed in line with ASA policy. This policy can be found in Wavepower 2016-19 Section 2, pages 76-77.
22. Any points not covered above will be at the discretion of the Meet Manager

## **RELAY TEAM RULES**

Clubs can enter a maximum of 3 teams per team event with swimmers only being allowed to swim in one team (A B and C etc.).

All teams will be required to be declared before each session to the recorder for marshalling purposes only.

A Winter Gala Team Trophy will be awarded to the top visiting club of the weekend (excluding Tynemouth ASC) with the most points accumulated from the team events.

Points will be awarded as 6 for 1<sup>st</sup> place down to 1 point for 6<sup>th</sup> place.

The winning club will be expected to maintain the trophy and return it to Tynemouth ASC within 1 month of the annual competition.



# Winter Gala 2017

## Upper Qualifying Times

Female							Male					
9 Yrs	10 Yrs	11 Yrs	12 Yrs	13/14 Yrs	15+	Event	9 Yrs	10 Yrs	11 Yrs	12 Yrs	13/14 Yrs	15+
34.00	32.00	30.00	29.00	28.00	26.50	<b>50 Free</b>	34.00	32.00	30.00	29.00	26.00	24.00
1.14.00	1.09.00	1.06	1.04	1.01.00	58.00	<b>100 Free</b>	1.14.00	1.09.00	1.06.00	1.04.00	57.00	54.00
2.38.00	2.30.00	2.25.00	2.20.00	2.14.00	2.07.00	<b>200 Free</b>	2.38.00	2.30.00	2.25.00	2.20.00	2.06.00	2.00.00
NA	5.20.00	5.10.00	4.50.00	4.32.00	4.20.00	<b>400 Free</b>	NA	5.20.00	5.10.00	4.50.00	4.20.00	4.10.00
37.00	35.00	33.00	32.00	31.00	29.00	<b>50 Back</b>	37.00	35.00	33.00	32.00	29.00	27.00
1.22.00	1.18.00	1.16.00	1.12.00	1.08.00	1.04.00	<b>100 Back</b>	1.22.00	1.18.00	1.16.00	1.12.00	1.06.00	1.02.00
2.56.00	2.48.00	2.44.00	2.38.00	2.30.00	2.22.00	<b>200 Back</b>	2.56.00	2.48.00	2.44.00	2.38.00	2.26.00	2.18.00
42.00	40.00	39.00	38.00	36.50	34.50	<b>50 Breast</b>	42.00	40.00	39.00	38.00	35.00	33.00
1.36.00	1.30.00	1.27.00	1.24.00	1.18.00	1.14.00	<b>100 Brst</b>	1.36.00	1.30.00	1.27.00	1.24.00	1.16.00	1.12.00
3.18.00	3.12.00	3.08.00	3.00.00	2.45.00	2.38.00	<b>200 Brst</b>	3.18.00	3.12.00	3.08.00	3.00.00	2.40.00	2.32.00
38.00	36.00	34.00	32.00	30.00	28.50	<b>50 Fly</b>	38.00	36.00	34.00	32.00	29.00	27.00
1.24.00	1.20.00	1.16.00	1.12.00	1.09.00	1.04.00	<b>100 Fly</b>	1.24.00	1.20.00	1.16.00	1.12.00	1.06.00	1.02.00
3.20.00	3.10.00	3.00.00	2.48.00	2.35.00	2.22.00	<b>200 Fly</b>	3.20.00	3.10.00	3.00.00	2.48.00	2.26.00	2.18.00
2.56.00	2.50.00	2.45.00	2.40.00	2.30.00	2.22.00	<b>200 IM</b>	2.56.00	2.50.00	2.45.00	2.40.00	2.26.00	2.18.00
NA	6.00.00	5.55.00	5.40.00	5.20.00	5.00.0	<b>400 IM</b>	NA	6.00.00	5.55.00	5.40.00	5.10.00	4.50.00

**Entry times must be slower than the upper times shown above.  
Lower times will be applied if events are over-subscribed.**