

## (licensed by ASANER 3NE180475) at

The Louisa Centre, Stanley 1-2 December 2018

All events are HDW

Saturday 1 December Session 1 Warmup 8:00 Start 9:00 EVENT 101 Boys 9/Over 200m Backstroke EVENT 102 Girls 9/Over 50m Freestyle EVENT 103 Boys 9/Over 50m Breaststroke EVENT 104 Girls 9/Over 100m Butterfly EVENT 105 Boys 9/Over 100m Backstroke EVENT 106 Girls 12/Over 200m IM EVENT 107 Boys 10/Over 200m Butterfly

Session 2 Warmup TBC EVENT 201 Girls 9/Over 200m Freestyle EVENT 202 Boys 9/Over 200m Breaststroke EVENT 203 Girls 9/Over 50m Backstroke EVENT 204 Boys 9/Over 50m Butterfly EVENT 205 Girls 9/Over 100m Freestyle EVENT 206 Boys 9/Over 100m Breaststroke EVENT 207 Girls 9/11 100m IM Sunday 2 December Session 3 Warmup 8:00 Start 9:00 EVENT 301 Girls 9/Over 200m Backstroke EVENT 302 Boys 9/Over 50m Freestyle EVENT 303 Girls 9/Over 50m Breaststroke EVENT 304 Boys 9/Over 100m Butterfly EVENT 305 Girls 9/Over 100m Backstroke EVENT 306 Boys 12/Over 200m IM EVENT 307 Girls 10/Over 200m Butterfly

Session 4 Warmup TBC EVENT 401 Boys 9/Over 200m Freestyle EVENT 402 Girls 9/Over 200m Breaststroke EVENT 403 Boys 9/Over 50m Backstroke EVENT 404 Girls 9/Over 50m Butterfly EVENT 405 Boys 9/Over 100m Freestyle EVENT 406 Girls 9/Over 100m Breaststroke EVENT 407 Boys 9/11 100m IM

## First Come, First Served

### Entries will not be accepted before 8am, Friday, 26 October



## **Meet Conditions**

- 1) This meet is FIRST COME, FIRST SERVED.
- 2) <u>Entries will not be accepted before 8am, Friday, 26 October. Entries will be accepted until such time as each session is full and the meet will then be closed.</u>
- 3) Meet to be held at The Louisa Centre, Stanley the Pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available.
- 4) Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only.
- 5) Age groups/Events will be:
  - 9/Over: 50m, 100m and 200m form strokes <u>excluding 200 butterfly for 9s;</u> 9/11: 100m IM; 12/Over: 200m IM All events will be Heat Declared Winner based on Age Groups (see 14)
- Entry times must be no faster than the accompanying QTs and must be from Rankings or a training time - <u>"YES" times will be rejected</u>.
- 7) Entry times should be converted to 25m pool times by use of ASA Conversion Tables.
- 8) Ages are as at 2 December 2018.
- Entry fees: £6.00 paper entries, £5.50 Sportsystem Entry Manager entries; Poolside passes cost £15.00 which includes programme and refreshments; Coaches and Team Managers will not be permitted on poolside without the necessary pass.
- 10) Entries must be submitted on the Entry Manager file or form and include the swimmer's full date of birth and ASA number.
  - a. Entry fees, summary sheets and any paper entries should be posted to:
    - Kevin Hughes, 2 Meadowfield Way, Tanfield Lea, Stanley, Co Durham, DH9 9PG.
  - b. Email Sportsystems Entry Manager file to <u>philip@blencathra.org.uk</u> (see Summary Sheet for online payment details).
- 11) Cheques should be made payable to "Derwentside ASC" or may be paid online (see Summary Sheet for details). A valid email address or SAE must be supplied for entry confirmation.
- 12) Heats will be seeded by submitted entry times from slowest to fastest and all heats will be spearheaded. The organisers reserve the right to limit entries if required to ensure completion of the meet within the scheduled timescale.
- 13) Awards will be made to the first six in each age group: 9, 10 and 11, first three in 12, 13, 14 and 15/Ov
- 14) Swimmers will be permitted to compete for only one club during the meet.
- 15) For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.



#### 16) Disability swimmers:

- a. Swimmers with a disability shall swim under IPC Rules;
- b. Qualifying times for disability swimmers are not required, however qualifying time shall be submitted for seeding of heats;
- c. Poolside passes will attract the advertised fee and chaperones and personal care assistants must conform to the Swim England Child Protection Procedures and hold a current DBS Certificate;
- d. The competition format will be based on disability inclusion within the able-bodied programme there will be no separate events or medals for disability swimmers;
- e. Disability swimmers will be included in the results for their age group.
- 17) Admission for spectators will be £5 per day, programme £2; weekend pass £10 (includes programme). Children, accompanied by adults, will be admitted free.
- 18) Only pool staff, coaches, officials and authorised club volunteers are allowed in the changing area and on poolside – a poolside pass or ASA pass must be worn at all times and coaches and authorised club helpers should wear an identifying club top.
- 19) Coaches or Team Managers should advise the recorders of any missing swimmers at least 45 minutes before the session start. Seeded heat start lists will be produced prior to the start time of the session. Complying with this condition will keep the number of empty lanes to a minimum.

### 20) Poolside entries (£6) on the day will only be accepted if the meet was under-subscribed.

- 21) Derwentside ASC will NOT be responsible for any unaccompanied swimmer on the poolside. The responsibility falls on the club entering the swimmer, who should appoint an individual to be on the poolside i.e. a DBS (CRB) checked adult with a poolside pass.
- 22) Swimmers who exit the pool and changing area are the responsibility of their parent or guardian.
- 23) Coaches or Team Managers should advise the recorders of any missing swimmers at least 45 minutes before the session start. Seeded heat start lists will be produced prior to the start time of the session.
- 24) Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the competitive marshals in time for the start of their race may not be allowed to compete.
- 25) Only pool staff, swimmers, coaches, officials and authorised club volunteers are allowed in the changing area and on poolside a poolside wristband or ASA pass must be worn at all times and coaches and authorised club helpers should wear an identifying club top. Parents are not permitted in the changing area and will be requested to leave.
- 26) <u>Swimmers and parents are not permitted on the stairways down to poolside as these are for official and emergency use only.</u>
- 27) Anyone found damaging or misusing property or equipment or displaying anti-social behavior at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the pool management. Any swimmer banned from the poolside by the referee or pool management, because of their unacceptable behaviour, shall not be given a refund and may be banned from all future meets at the venue.
- 28) Anyone using image-capturing equipment during the meet is required to do so in accordance with ASA policy (copies of which are displayed for information). Anyone found acting contrary to this policy will be reported and may be subject to further action.
- 29) Swimmers leaving the pool area must wear a top, shorts and footwear.

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- 30) No hot drinks are allowed on poolside.
- 31) Derwentside ASC and Durham County Council cannot be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers (50p refundable) in the changing rooms and not to leave belongings unattended in the changing area or on poolside.
- 32) Full results will be posted externally (Derwentside ASC website, ASA Rankings and possibly competing club websites) entering the meet is acceptance of this point.
- 33) The Lead Referee will be: Chris Johnston: 8, Corvan Terrace, White-le-Head, Tantobie, Stanley, Co Durham DH9 9SJ, Tel: 01207284199.
- 34) Any points not covered here will be at the discretion of the meet organisers.



### **UPPER QUALIFYING TIMES**

Girls													
EVENT	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15/Ov						
50 Freestyle			No	o Upper Lin	nit								
100 Freestyle	1.09.8	1.08.80	1.07.80	1.04.80	1.03.80	1.00.00	0.58.00						
200 Freestyle	2.31.00	2.28.00 2.27.00 2		2.18.00	2.15.00	2.10.00	2.06.00						
50 Breaststroke		No Upper Limit											
100 Breaststroke	1.34.00	1.33.00	1.32.00	1.26.00	1.20.00	1.15.00	1.12.00						
200 Breaststroke	3.18.00	3.16.00	3.14.00	3.07.00	3.06.00	2.45.00	2.40.00						
50 Butterfly			No	o Upper Lin	nit								
100 Butterfly	1.24.00	1.23.00 1.22.00		1.14.00	1.13.00	1.05.00	1.02.00						
200 Butterfly		3.05.00 3.00.0		2.46.00	2.43.00	2.23.00	2.20.00						
50 Backstroke			No	o Upper Lin	nit								
100 Backstroke	1.21.00	1.20.00	1.19.00	1.14.00	1.13.00	1.06.00	1.04.00						
200 Backstroke	2.49.00	2.46.00	2.38.00	2.36.00	2.34.00	2.22.00	2.20.00						
200 IM				2.39.00	2.36.00	2.23.00	2.20.00						
100 IM	1.20.00	1.18.00	1.16.00										

Boys												
EVENT	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15/Ov					
50 Freestyle			No	o Upper Lin	nit							
100 Freestyle	1.07.00	1.06.00	1.05.00	1.03.00	1.01.00	0.56.00	0.53.00					
200 Freestyle	2.25.00	2.23.00	2.21.00	2.18.00	2.15.00	2.05.00	1.55.00					
50 Breaststroke		No Upper Limit										
100 Breaststroke	1.30.00	1.29.00	1.28.00	1.24.00	1.18.00	1.14.00	1.08.00					
200 Breaststroke	3.12.00	3.05.00	3.00.00	2.50.00	2.40.00	2.30.00	2.20.00					
50 Butterfly			No	o Upper Lin	nit							
100 Butterfly	1.16.00	1.13.00	1.10.00	1.06.00	1.03.00	1.01.00	0.58.00					
200 Butterfly	2.55.00 2.4		2.45.00	2.35.00	2.25.00	2.18.00	2.08.00					
50 Backstroke			No	o Upper Lin	nit							
100 Backstroke	1.16.00	1.14.00	1.12.00	1.10.00	1.08.00	1.05.00	1.00.00					
200 Backstroke	2.42.00	2.36.00	2.32.00	2.26.00	2.22.00	2.12.00	2.05.00					
200 IM				2.35.00	2.25.00	2.18.00	2.11.00					
100 IM	1.18.00	1.16.00	1.14.00									



### **CLUB SUMMARY SHEET**

### CLUB:

Entries		Total Cost
"Paper" entries	Male @ £6.00 Total swims	
"Paper" entries	Female @ £6.00 Total swims	
Entry Manager	Male @ £5.50 Total swims	
Entry Manager	Female @ £5.50 Total swims	

Poolside Passes @	£15	No required	
		TOTAL	

Names of registered poolside staff [may exceed required passes]

I confirm that all swimmers and poolside staff are club members and that poolside staff are DBS checked.

Signed:

on behalf of

Club contact email address:

Please make cheques payable to Derwentside ASC and post it, along with summary sheet, to:

Clubs may make payment by Online Banking:

Sort Code 20-33-51 Account Number 70509000

If paying by online, please email this summary sheet and reference number to:

Kevin Hughes 2 Meadowfield Way Tanfield Lea Stanley Co Durham DH9 9PG

mailto:klemhughes@yahoo.co.uk



### <u>Club:</u>

				Freestyl	e		Backstro	ke	Breaststroke			Butterfly			IM	
NAME	ASA Reg	DoB	50m	100m	200m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m
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