

FINAL CLUB INFORMATION WEEKEND 1

WARM UP DETAILS:

PLEASE NOTE – coaches, team managers and swimmers will not be permitted into the pool hall before 7am each morning.

Saturday 19 th May	Session 1	Warm Up:	08:00-08:25 Girls
			08:25-08:50 Boys
			Start: 09:00
	Session 2	Warm Up:	14:30-14.55 Girls
			14:55-15:20 Boys
			Start: 15:30
Sunday 20 th May	Session 3	Warm Up:	08:00-08:25 Boys
			08:25-08:55 Girls
			Start: 09:00
	Session 4	Warm Up:	14:30-14:55 Boys
			14:55-15:20 Girls
			Start: 15:30

All warm ups will have one way sprint lanes introduced after 20 minutes in lanes 0-3 and 6-9 from the scoreboard end as announced – swimmers should not stop before the 25m mark in sprint lanes. Swimmers can use the diving pit for both warm up and swim down at 09:00, but there is to be no diving.

Coaches are responsible for supervising their swimmers in both warm up and swim down.

WITHDRAWALS:

Any withdrawals for Session 1 (Saturday 19th May) should be made by email to swimbarry42@gmail.com by 5pm on Friday 18th May. Any withdrawals for Session 2 (Sunday 20th May) should be made by 5pm on Saturday.

Qualified Swimmers including the 2 Reserves not wishing to take part in a final are required to inform the Recorders no later than 15 minutes after the last Individual Event in the Session.

MEDALS:

• Medals shall be awarded to the top 3 swimmers in each event and in each age group.

• Medals for the mixed 800/1500m events can be collected from the President during the Heats once the results have been announced.

• Failure of a swimmer their medal in the relevant session will result in the swimmer forfeiting his/her medal.

INFORMATION FOR SPECTATORS:

The doors will be opened for spectators at 7.30am each morning – no spectators will be admitted before this time. Spectators are not on the pool deck at any time.

Entry prices are set at £6.00 per day, £10.00 for a weekend pass. Programmes will be on sale at £5.00 each. The programme covers both weekends.

For health & safety reasons, no chairs are permitted to be brought into the spectator area.