



NEWCASTLE SWIM TEAM
&
SOUTH TYNESIDE SWIMMING CLUB
Summer Meet

Saturday 23 & Sunday 24 June 2018
Haven Point, South Shields

This event is licensed Level 2 by Swim England
Licence number: TBC

1. The meet will be swum under Swim England Laws and Technical Rules and is licensed by Swim England North East.
2. The pool length is 25m of variable depth with 8 lanes & anti-wave lane ropes; a separate swim down facility is available. It is the responsibility of coaches to ensure that the swim facility is used correctly.
3. Omega Electronic Timing will be in operation with scoreboard display. Times and places shown on the electronic scoreboard are for information only, and are not necessarily the official result.
4. Events will be all strokes: 50m, 100m, 200m plus 400m Freestyle, 100m IM and 200m IM. All events will be **HDW**.
5. Lower time limits will apply. Swimmers entered on times slower than the qualifying time **will be excluded**. All entry times must be converted to 25m pool times by use of the ASA Conversion tables.
6. Age Groups are 10/11yrs, 12yrs, 13yrs, 14yrs, 15yrs/over. **Age as at 31st December 2018**.
7. Medals will be issued to the first three places in each age category and events as listed above.
8. If the meet is oversubscribed, the Meet Manager reserves the right to adjust the number of entries accepted to ensure the smooth running of the event.
9. Entry Fees £6.50 per event
Poolside Passes £20.00 to include full programme and meal. A full set of results will be e-mailed within 48 hours of end of event.
10. Online payment should be made to:

Bank	Barclays
Account Name	South Tyneside Swimming Club
Sort Code	20 80 47
Account No.	30434280
REF	Summer followed by your club initials

Or cheque made payable to **South Tyneside Swimming Club** should be posted along with a completed summary sheet to:

NST/ST Summer Meet
c/o Gary Kirsop
19 Durham Drive
Jarrow
NE32 4TF

by the closing date of Wednesday 6th June 2018 at 12 noon

NB please note Meet Manager responsibility will be shared on the day by:
Gary Kirsop (STSC) and Kath Smith (NST)*

11. Entries should be submitted via entry file. This should be e-mailed and can be obtained from:
Kath Smith email address katy1959@live.co.uk
 12. The meet is cardless. Seeded heat start lists will be produced prior to the start of each session. Withdrawals for Saturdays events must be advised by email to katy1959@live.co.uk NO LATER than 5pm Friday 22 June. Withdrawals for Sunday events must be advised to the Meet Manager by 5pm on the Saturday. No poolside entries will be taken over the course of the meet.
 13. Newcastle Swim Team/South Tyneside Swimming Club will NOT be responsible for any unaccompanied swimmers on the poolside. The responsibility falls on the club entering the swimmer.
 14. Coaches/Team Managers are responsible for ensuring competitors report to the marshalling area at the required time. Failure to report to marshalling in good time may result in elimination from the event.
 15. For safety reasons only swimmers who can perform a Swim England competitive start may perform a shallow racing dive from the starting blocks. Where appropriate, over the top starts will be used during the meet. Swimmers are asked to remain in the water until asked to leave the pool.
 16. Access to poolside will be restricted to swimmers, coaches, officials and authorised helpers in line with Swim England Child Protection Policy.
 17. To comply with the Data Protection Act you agree that we may publish your personal information as part of the results of the event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licenses or for publishing results either for the event alone or combined with or compare to other events. Results may include (but not limited to) name, any club affiliation, race times, age category.
 18. The Lead Referee for this event will be: Christine Golightly. The referee's decision is final.
 19. Admission for spectators will be £6 for a full day. Programmes £2. Children, accompanied by adults, will be admitted free.
 20. The use of any photographic equipment (still, video or digital, including mobile phones with camera facilities) will not be allowed anywhere on the premises.
 21. The pool management has a no outdoor shoe policy and this will be enforced in the Changing Village and on poolside.
 22. Competitors and Coaches are requested to use a locker (£1 returnable) as space on poolside is limited.
 23. A swimwear supplier will display over the weekend.
- Any points not covered above will be at the discretion of the Meet Manager.



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PROGRAMME OF EVENTS

Session 1 Saturday 23 June 2018 Warm up 8.00 am	
Girls	400m Freestyle
Boys	100m Butterfly
Girls	100m Breaststroke
Boys	50m Breaststroke
Girls	50m Backstroke
Boys	200m Backstroke
Girls	100m Freestyle
Boys	200m IM

Session 2 Saturday 23 June 2018 Warm up TBA	
Boys	200m Butterfly
Girls	50m Butterfly
Boys	50m Freestyle
Girls	100m IM
Boys	100m Backstroke
Girls	200m Breaststroke
Boys	200m Freestyle

Session 3 Sunday 24 June 2018 Warm up 8.00 am	
Boys	400m Freestyle
Girls	100m Butterfly
Boys	100m Breaststroke
Girls	50m Breaststroke
Boys	50m Backstroke
Girls	200m Backstroke
Boys	100m Freestyle
Girls	200m IM

Session 4 Sunday 24 June 2018 Warm up TBA	
Girls	200m Butterfly
Boys	50m Butterfly
Girls	50m Freestyle
Boys	100m IM
Girls	100m Backstroke
Boys	200m Breaststroke
Girls	200m Freestyle



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LOWER QUALIFYING TIMES

BOYS					GIRLS			
10/11	12	13 & 14	15/over		10/11	12	13 & 14	15/over
47.00	39.00	37.00	33.00	50m Free	50.00	43.00	41.00	36.00
1.25.00	1.17.00	1.13.00	1.08.00	100m Free	1.27.60	1.19.00	1.17.00	1.12.00
3.06.00	2.41.00	2.33.00	2.21.00	200m Free	3.06.80	2.47.00	2.40.00	2.32.00
6.31.80	5.39.00	5.22.00	4.58.00	400 Free	6.35.70	5.43.00	5.30.00	5.15.00
55.00	47.00	44.00	40.00	50m Back	55.00	47.00	45.00	39.00
1.35.50	1.29.00	1.23.00	1.18.00	100m Back	1.38.50	1.28.00	1.25.00	1.20.00
3.26.70	3.09.00	2.59.00	2.43.00	200m Back	3.28.70	3.09.00	2.59.00	2.48.00
59.00	51.00	47.00	42.00	50m Breast	59.00	51.00	47.00	43.00
1.48.00	1.40.00	1.35.00	1.26.00	100m Breast	1.52.50	1.40.00	1.35.00	1.29.00
3.59.00	3.36.00	3.20.00	3.05.00	200m Breast	3.59.50	3.36.00	3.20.00	3.10.00
54.00	45.00	42.00	37.00	50m Fly	54.00	45.00	42.00	38.00
1.36.00	1.30.00	1.25.00	1.18.00	100m Fly	1.39.30	1.30.00	1.25.00	1.19.00
3.37.30	3.11.00	3.05.00	2.45.00	200m Fly	3.40.00	3.11.00	3.05.00	2.47.00
1.39.60	1.30.00	1.25.00	1.18.00	100m IM	1.39.80	1.30.00	1.25.00	1.19.00
3.32.20	3.09.00	3.04.00	2.45.00	200m IM	3.32.70	3.09.00	3.04.00	2.47.00

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SUMMARY OF ENTRIES

CLUB _____

CONTACT NAME _____

ADDRESS _____

TEL NO _____

E-MAIL _____

Female Entries _____ @ £6.50 £ _____

Male Entries _____ @ £6.50 £ _____

Poolside Passes _____ @ £20.00 £ _____

Total Entry Fee Enclosed £ _____

CLOSING DATE FOR ENTRIES

Wednesday 6th June 12 noon

Email to: Katy1959@live.co.uk

Online payments should be made to:

Bank	Barclays
Acc Name	South Tyneside Swimming Club
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