



**South Tyneside Swimming Club Annual Christmas Championships**  
**11yrs and over Age Group Entry**  
**Sunday 8<sup>th</sup> December 2019**

South Tyneside Swimming Club Gala is all about having fun through competition. All swimmers in the club, regardless of ranking or ability, are encouraged to take part in the swimming events.

All large pool events are "Heat Declared Winner" for each competing age group. Swimmers must enter events based on their age as at 8<sup>th</sup> December 2019. Age groups are: (11/12yrs) (13/14yrs) (15/16yrs) (17yrs&over).

Each age group will compete for individual awards and for an overall points trophy. Points from all the events will count towards the overall trophy. Points will be awarded as follows: 1<sup>st</sup> – 11, 2<sup>nd</sup> – 9, 3<sup>rd</sup> – 7, 4<sup>th</sup> – 5, 5<sup>th</sup> – 3, 6<sup>th</sup> – 1. In the event of a tie after all events the number of 1<sup>st</sup> places and then 2<sup>nd</sup> places will be considered to decide the overall champion. Separate trophies are awarded for the 100m and 200m Freestyle Championships and 200m Individual Medley.

All swimmers in an event will receive a prize on the day and a medal for each event entered at a presentation evening. Details of the Presentation Evening will be announced later.

The Championships will take place at Haven Point, South Shields on 8<sup>th</sup> December 2019 at a time to be determined once all entries are received. **The start time and schedule will be published as soon as possible.**

**Fully completed** entry forms, along with the correct fee, must be returned to Dot, Jane, Joanne or Karen by Wednesday 13<sup>th</sup> November 2019. **Please keep a record of the events you have entered.**

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ENTRY FORM

**Full Name:** \_\_\_\_\_ **Male/Female** *(please circle)*

**DOB** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Age on 08/12/2019** \_\_\_\_\_

**L2S Teacher:** \_\_\_\_\_ *and* **L2S Lesson Day:** **Sat/Sun/Wed** *(please circle)* **or Squad:** \_\_\_\_\_

**Amount Due:** \_\_\_\_\_ events @ £3.00 per event = £ \_\_\_\_\_

**All events must have a submitted entry time. Please speak to your coach prior to handing in this form if you do not have a time for an event you wish to enter.**

event	min	sec	1/100	event	min	sec	1/100
50m Freestyle				100m Freestyle			
50m Backstroke				200m Freestyle			
50m Breaststroke				200m IM			
50m Butterfly							