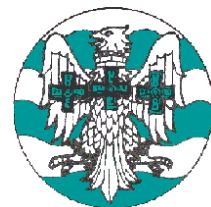


# Derwentside ASC

## Developmental Meet 2019



(licensed by ASANER 3NE190121)  
at  
The Louisa Centre, Stanley  
2-3 March 2019

### SATURDAY

Session 1 Warmup 8:00	Start 9:00
Event 101 Girls 9/Ov	50m Backstroke
Event 102 Boys 9/Ov	50m Freestyle
Event 103 Girls 12/Ov	200m IM
Event 104 Boys 9/Ov	200m Breaststroke
Event 105 Girls 10/Ov	200m Butterfly
Event 106 Boys 9/Ov	100m Backstroke
Event 107 Girls 9/Ov	100m Breaststroke

### Session 2 Warmup TBC

Event 201 Boys 9/Ov	200m Freestyle
Event 202 Girls 9/Ov	50m Breaststroke
Event 203 Boys 9/Ov	50m Butterfly
Event 204 Girls 9/Ov	200m Backstroke
Event 205 Boys 9/11	100m IM
Event 206 Girls 10/Ov	100m Butterfly
Event 207 Boys 9/Ov	100m Freestyle

### SUNDAY

Session 3 Warmup 8:00	Start 9:00
Event 301 Boys 9/Ov	50m Backstroke
Event 302 Girls 9/Ov	50m Freestyle
Event 303 Boys 12/Ov	200m IM
Event 304 Girls 9/Ov	200m Breaststroke
Event 305 Boys 10/Ov	200m Butterfly
Event 306 Girls 9/Ov	100m Backstroke
Event 307 Boys 9/Ov	100m Breaststroke

### Session 4 Warmup TBC

Event 401 Girls 9/Ov	200m Freestyle
Event 402 Boys 9/Ov	50m Breaststroke
Event 403 Girls 9/Ov	50m Butterfly
Event 404 Boys 9/Ov	200m Backstroke
Event 405 Girls 9/11	100m IM
Event 406 Boys 10/Ov	100m Butterfly
Event 407 Girls 9/OV	100m Freestyle

### AGE AS AT 3 MARCH 2019

**Fastest swimmers in each age group refunded if the meet is over-subscribed**

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### Meet Conditions

- 1) Held under ASA Laws & ASA Technical Rules.
- 2) Meet to be held at The Louisa Centre, Stanley – the Pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available.
- 3) Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only.
- 4) Age groups/Events will be:
  - 9 years: 50m, 100m and 200m form strokes (excluding 100m/200m Butterfly), 100m IM;
  - 10/11 years: 50m, 100m and 200m form strokes, 100m IM;
  - 12/Over years: 50m, 100m and 200m form strokes, 200m IM;
  - All events will be Heat Declared Winner by Age Group (see Para 13)
- 5) Entries close 11 February 2019 – **late entries (£6.00) will be accepted if the meet is not full.**
- 6) Entry times must be no faster than the accompanying QTs and must be from Rankings or a training time – **“YES” times will be rejected.**
- 7) If necessary, entry times should be converted to 25m pool times by use of ASA Conversion Tables.
- 8) Ages are as at 3 March 2019.
- 9) Entry fees: £6.00 “paper” entries, £5.50 Sportsystem Entry Manager entries;  
Coach passes cost £15.00 which includes programme, start sheets and refreshments;  
Coaches and Team Managers will not be permitted on poolside without the necessary pass.
- 10) Entries must be submitted on the Entry Manager file or by email and include the swimmer's full date of birth and ASA number.
  - a. The appropriate entry fee and summary sheet should be posted to:  
Kevin Hughes, 2 Meadowfield Way, Tanfield Lea, Stanley, Co Durham, DH9 9PG.
  - b. Email Sportsystems Entry Manager file to [philip@blencathra.org.uk](mailto:philip@blencathra.org.uk) (see Summary Sheet for online payment details).
- 11) Cheques should be made payable to "Derwentside ASC" or online payment may be made (see summary sheet). A valid email address or SAE must be supplied for entry confirmation.
- 12) Heats will be seeded by submitted entry times from slowest to fastest and all heats will be spearheaded. The organisers reserve the right to limit entries if required to ensure completion of the meet within the scheduled timescale.
- 13) Awards will be made to the first six in each age group: 9, 10, 11, 12, 13/Ov
- 14) Swimmers will be permitted to compete for only one club during the meet.
- 15) For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.
- 16) Disability swimmers:
  - a. Swimmers with a disability shall swim under IPC Rules;
  - b. Qualifying times for disability swimmers are not required, however qualifying time shall be submitted for seeding of heats;

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- c. Poolside passes will attract the advertised fee and chaperones and personal care assistants must conform to the Swim England Child Protection Procedures and hold a current DBS Certificate;
  - d. The competition format will be based on disability inclusion within the able-bodied programme – there will be no separate events or medals for disability swimmers;
  - e. Disability swimmers will be included in the results for their age group.
- 17) Admission for spectators will be £5 per day, programme £2, weekend pass £10 (includes programme). Children, accompanied by adults, will be admitted free.
- 18) Poolside entries, £6.00, may be accepted, at the organiser's discretion, if the meet has not been over-subscribed.
- 19) Derwentside ASC will **NOT** be responsible for any unaccompanied swimmer on the poolside. The responsibility falls on the club entering the swimmer, who should appoint an individual to be on the poolside i.e. a DBS checked adult with a poolside pass.
- 20) Coaches or Team Managers should advise the recorders of any missing swimmers at least 45 minutes before the session start. Seeded heat start lists will be produced prior to the start time of the session.
- 21) Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the competitive marshals in time for the start of their race may not be allowed to compete.
- 22) Only pool staff, swimmers, coaches, officials and authorised club volunteers are allowed in the changing area and on poolside – a poolside wristband or ASA pass must be worn at all times and coaches and authorised club helpers should wear an identifying club top. Parents are not permitted in the changing area and will be requested to leave.
- 23) Swimmers and parents are not permitted on the stairways down to poolside as these are for official and emergency use only.
- 24) Swimmers who exit the pool and changing area are the responsibility of their parent or guardian.
- 25) Swimmers leaving the pool area must wear a top, shorts and footwear.
- 26) Anyone found damaging or misusing property or equipment or displaying anti-social behavior at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the pool management. Any swimmer banned from the poolside by the referee or pool management, because of their unacceptable behaviour, shall not be given a refund and may be banned from all future meets at the venue.
- 27) The use of image-capturing equipment during the meet in the pool, changing and spectator areas is strictly forbidden. Anyone found acting contrary to this policy will be reported and may be subject to further action.
- 28) No hot drinks are allowed on poolside.
- 29) Derwentside ASC and Durham County Council cannot be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers (50p refundable) in the changing rooms and not to leave belongings unattended in the changing area or on poolside.
- 30) **Full results will be posted externally (Derwentside ASC website, ASA Rankings and possibly competing club websites) – entering the meet is acceptance of this point.**
- 31) Officials' expenses will be limited to £25 per day for those officials without a child competing and £12.50 for those with a child competing.

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32) The Lead Referee will be: Chris Johnston: 8, Corvan Terrace, White-le-Head, Tantobie, Stanley, Co Durham  
DH9 9SJ, Tel: 01207284199.

33) Any points not covered here will be at the discretion of the meet organisers.

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### UPPER LIMITS

#### GIRLS

EVENT	9 yrs	10 yrs	11 yrs	12 yrs	13/Ov yrs
50 Freestyle	No Upper Limit				
100 Freestyle	01:06.0	01:06.0	01:06.0	01:06.0	01:02.0
200 Freestyle	02:31.0	02:31.0	02:20.0	02:20.0	02:11.0
50 Breaststroke	No Upper Limit				
100 Breaststroke	01:28.0	01:28.0	01:28.0	01:28.0	01:23.0
200 Breaststroke	03:23.0	03:23.0	03:10.0	03:10.0	03:02.0
50 Butterfly	No Upper Limit				
100 Butterfly		01:17.0	01:17.0	01:17.0	01:09.0
200 Butterfly		03:13.0	02:55.0	02:55.0	02:37.0
50 Backstroke	No Upper Limit				
100 Backstroke	01:17.0	01:17.0	01:17.0	01:17.0	01:10.0
200 Backstroke	02:50.0	02:50.0	02:39.0	02:39.0	02:30.0
100 IM	01:25.0				
200 IM				02:30.0	

#### BOYS

EVENT	9 yrs	10 yrs	11 yrs	12 yrs	13/Ov yrs
50 Freestyle	No Upper Limit				
100 Freestyle	01:06.0	01:06.0	01:06.0	01:06.0	01:02.0
200 Freestyle	02:31.0	02:31.0	02:20.0	02:20.0	02:11.0
50 Breaststroke	No Upper Limit				
100 Breaststroke	01:28.0	01:28.0	01:28.0	01:28.0	01:23.0
200 Breaststroke	03:23.0	03:23.0	03:10.0	03:10.0	03:02.0
50 Butterfly	No Upper Limit				
100 Butterfly		01:17.0	01:17.0	01:17.0	01:09.0
200 Butterfly		03:13.0	02:55.0	02:55.0	02:37.0
50 Backstroke	No Upper Limit				
100 Backstroke	01:17.0	01:17.0	01:17.0	01:17.0	01:10.0
200 Backstroke	02:50.0	02:50.0	02:39.0	02:39.0	02:30.0
100 IM	01:25.0				
200 IM				02:30.0	