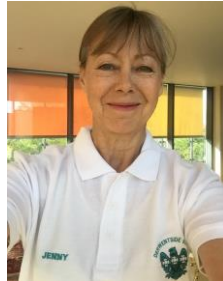


# Derwentside ASC

11<sup>th</sup> Annual Charity Swim Meet 2020



**Patron: Jenny Agutter OBE**



**Cystic  
Fibrosis**

Registered Charity No. 1079049

THE  
**great north**  
CHILDREN'S HOSPITAL  
Foundation

Registered Charity No. 1057213

**All proceeds in aid of**  
**The Cystic Fibrosis Trust and The Great North Children's Hospital**

(licensed by ASANER 3NE200001)

at

The Louisa Centre, Stanley

6-7 June 2020

## SATURDAY

Session 1 Warmup 8:00 Start 9:00  
Event 101 Boys 9/Over 200m Freestyle  
Event 102 Girls 9/Over 100m Backstroke  
Event 103 Boys 9/Over 50m Breaststroke  
Event 104 Girls 9/Over 100m Butterfly  
Event 105 Boys 12/Over 200m IM  
Event 106 Girls 9/Over 50m Freestyle  
Event 107 Boys 9/Over 200m Backstroke

## Session 2 Warmup TBC

Event 201 Girls 9/11 100m IM  
Event 202 Boys 9/Over 200m Breaststroke  
Event 203 Girls 9/Over 50m Backstroke  
Event 204 Boys 9/Over 100m Breaststroke  
Event 205 Girls 9/Over 100m Freestyle  
Event 206 Boys 9/Over 50m Butterfly  
Event 207 Girls 10/Over 200m Butterfly

## SUNDAY

Session 3 Warmup 8:00 Start 9:00  
Event 301 Girls 9/Over 200m Freestyle  
Event 302 Boys 9/Over 100m Backstroke  
Event 303 Girls 9/Over 50m Breaststroke  
Event 304 Boys 9/Over 100m Butterfly  
Event 305 Girls 12/Over 200m IM  
Event 306 Boys 9/Over 50m Freestyle  
Event 307 Girls 9/Over 200m Backstroke

## Session 4 Warmup TBC

Event 401 Boys 9/11 100m IM  
Event 402 Girls 9/Over 200m Breaststroke  
Event 403 Boys 9/Over 50m Backstroke  
Event 404 Girls 9/Over 100m Breaststroke  
Event 405 Boys 9/Over 100m Freestyle  
Event 406 Girls 9/Over 50m Butterfly  
Event 407 Boys 10/Over 200m Butterfly

**This meet is "first come, first served"**

**Opening date for entries: 8am Thursday, 16 April**

**Sessions limited to 3 hours**

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### Meet Conditions

- 1) Held under ASA Laws & ASA Technical Rules.
- 2) Meet to be held at The Louisa Centre, Stanley – the Pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available.
- 3) Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only – the referee's decision is final.
- 4) Age groups/Events will be:
  - 9 years: 50m, 100m and 200m form strokes (excluding 200m Butterfly), 100m IM;
  - 10/11 years: 50m, 100m and 200m form strokes, 100m IM;
  - 12/Over years: 50m, 100m and 200m form strokes, 200m IM;
  - All events are Heat Declared Winner by Age Group (see Para 13).
- 5) This meet is "First come – First served", entries open 8am, Thursday 16 April.
- 6) Entry times must be no faster than the accompanying QTs and must be from Rankings or a training time – **"YES" times will be rejected.**
- 7) If necessary, entry times should be converted to 25m pool times by use of ASA Conversion Tables.
- 8) Ages are as at 7 June 2020.
  - Entry fees: £5.50 Sportsystem Entry Manager entries, £6.00 "paper" entries,
  - Coach/Team Manager pass: £15
  - Coaches will not be permitted on poolside without the necessary pass.
- 9) The appropriate entry fee and summary sheet should be posted to:
  - Kevin Hughes, 2 Meadowfield Way, Tanfield Lea, Stanley, Co Durham, DH9 9PG.
- 10) Entries must be submitted on the Entry Manager file or by email and include the swimmer's full date of birth and ASA number to Abigail Butler : [abigailbutler@hotmail.com](mailto:abigailbutler@hotmail.com) (see Summary Sheet for online payment details).
- 11) Cheques should be made payable to "Derwentside ASC" or online payment may be made (see summary sheet). A valid email address or SAE must be supplied for entry confirmation.
- 12) Heats will be seeded by submitted entry times from slowest to fastest and all heats will be spearheaded. The organisers reserve the right to limit entries if required to ensure completion of the meet within the scheduled timescale.
- 13) Awards will be made to the first three in each age group as listed: 9, 10/11, 12/13, 14/Ov
- 14) Swimmers will be permitted to compete for only one club during the meet.
- 15) For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.
- 16) Disability swimmers:
  - a) Swimmers with a disability shall swim under IPC Rules;
  - b) Qualifying times for disability swimmers are not required, however qualifying time shall be submitted for seeding of heats;
  - c) Poolside passes will attract the advertised fee and chaperones and personal care assistants must conform to the Swim England Child Protection Procedures and hold a current DBS Certificate;

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- d) The competition format will be based on disability inclusion within the able-bodied programme – there will be no separate events or medals for disability swimmers;
  - e) Disability swimmers will be included in the results for their age group.
- 17) Admission for spectators will be £5 per day, programme £2, weekend pass £10 (includes programme). Children, accompanied by adults, will be admitted free.
- 18) Poolside entries, £6.00 may be accepted at the meet organiser's discretion, if the meet has not been over-subscribed.
- 19) Derwentside ASC will NOT be responsible for any unaccompanied swimmer on the poolside. The responsibility falls on the club entering the swimmer, who should appoint an individual to be on the poolside i.e. a DBS checked adult with a poolside pass.
- 20) Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the competitive marshals in time for the start of their race may not be allowed to compete.
- 21) Only pool staff, swimmers, coaches, officials and authorised club volunteers are allowed in the changing area and on poolside – a poolside wristband or ASA pass must be worn at all times and coaches and authorised club helpers should wear an identifying club top. Parents are not permitted in the changing area and will be requested to leave.
- 22) Swimmers and parents are not permitted on the stairways down to poolside as these are for official and emergency use only.
- 23) Swimmers leaving the pool area must wear a top, shorts and footwear.
- 24) Anyone found damaging or misusing property or equipment or displaying anti-social behavior at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the pool management. Any swimmer banned from the poolside by the referee or pool management, because of their unacceptable behaviour, shall not be given a refund and may be banned from all future meets at the venue.
- 25) The use of image-capturing equipment during the meet in the pool, changing and spectator areas for any reason, including educational, is strictly forbidden. Anyone found acting contrary to this policy will be reported and may be subject to further action.
- 26) No hot drinks are allowed on poolside.
- 27) Derwentside ASC and Durham County Council cannot be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers (50p refundable) in the changing rooms and not to leave belongings unattended in the changing area or on poolside.
- 28) **Full results will be posted externally (Derwentside ASC website, ASA Rankings and possibly competing club websites) – entering the meet is acceptance of this point.**
- 29) The Lead Referee will be: Chris Johnston: 8, Corvan Terrace, White-le-Head, Tantobie, Stanley, Co Durham DH9 9SJ, Tel: 01207284199.
- 30) Any points not covered here will be at the discretion of the meet organisers.

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### UPPER LIMITS

#### GIRLS

9 yrs	10/11 yrs	12/13 yrs	14/Ov	EVENT
No Upper Limit				50 Freestyle
01:09.8	01:09.8	01:04.7	00:58.4	100 Freestyle
02:30.7	02:30.7	02:18.5	02:06.0	200 Freestyle
No Upper Limit				50 Breaststroke
01:33.7	01:33.7	01:27.6	01:15.5	100 Breaststroke
03:19.4	03:19.4	03:07.2	02:42.9	200 Breaststroke
No Upper Limit				50 Backstroke
01:21.0	01:21.0	01:14.3	01:06.4	100 Backstroke
02:49.0	02:49.0	02:38.9	02:22.8	200 Backstroke
No Upper Limit				50 Butterfly
01:24.1	01:24.1	01:14.0	01:05.0	100 Butterfly
	03:05.3	02:46.1	02:23.8	200 Butterfly
01:20.0				100 IM
		02:39.6	02:23.9	200 IM

#### BOYS

9 yrs	10/11 yrs	12/13 yrs	14/Ov	EVENT
No Upper Limit				50 Freestyle
01:07.0	01:07.0	01:03.0	00:52.9	100 Freestyle
02:25.0	02:25.0	02:15.5	01:55.7	200 Freestyle
No Upper Limit				50 Breaststroke
01:30.0	01:30.0	01:24.5	01:08.4	100 Breaststroke
03:12.0	03:12.0	03:00.1	02:29.7	200 Breaststroke
No Upper Limit				50 Backstroke
01:16.0	01:16.0	01:11.9	01:00.9	100 Backstroke
02:42.0	02:42.0	02:34.9	02:12.0	200 Backstroke
No Upper Limit				50 Butterfly
01:16.0	01:16.0	01:13.0	00:58.5	100 Butterfly
	02:55.0	02:46.1	02:11.4	200 Butterfly
01:18.0				100 IM
		02:35.5	02:12.1	200 IM

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## CLUB SUMMARY SHEET

CLUB:

Entries				Total Cost
"Paper" entries	Male @ £6.00	Total swims		
"Paper" entries	Female @ £6.00	Total swims		
Entry Manager	Male @ £5.50	Total swims		
Entry Manager	Female @ £5.50	Total swims		

Poolside Passes @	£15	No required		
		TOTAL		

Names of registered coaches [may exceed required passes]


I confirm that all swimmers and poolside staff are club members and that poolside staff are DBS (CRB) checked.

Signed: \_\_\_\_\_

on behalf of \_\_\_\_\_

### Club contact email address:

Please make cheques payable to Derwentside ASC and post it, along with summary sheet, to:

### Clubs may make payment by Online Banking:

Sort Code 20-33-51  
Account Number 90663050

Kevin Hughes  
2 Meadowfield Way  
Tanfield Lea  
Stanley  
Co Durham  
DH9 9PG

If paying by online, please email this summary sheet and reference number to:

<mailto:klemhughes@yahoo.co.uk>