

# COSASC National Qualifier 2022 - Results Sheet

Sunderland Aquatic Centre – Friday 1st April 2022

## Results - Session One

### **EVENT 101 Boy/Girl Open 800m Freestyle**

#### **BOY 13 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time				FINA Pt			
1.	Michael O'Neill	13	Bo Stockton	10:05.56	416						
	50m 33.29	100m 1:11.27	150m 1:49.16	200m 2:27.92	250m 3:06.21	300m 3:45.18	350m 4:23.58	400m 5:01.85			
		37.98	37.89	38.76	38.29	38.97	38.40	38.27			
	450m 5:40.04	500m 6:18.30	550m 6:56.34	600m 7:34.64	650m 8:12.47	700m 8:50.93	750m 9:28.61	800m 10:05.56			
	38.19	38.26	38.04	38.30	37.83	38.46	37.68	36.95			

#### **BOY 14 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time				FINA Pt				ACR
1.	Jacob Light	14	Morpeth	9:22.53	519							
	50m 30.18	100m 1:04.26	150m 1:38.99	200m 2:14.22	250m 2:49.13	300m 3:25.03	350m 4:00.46	400m 4:36.24				
	30.18	34.08	34.73	35.23	34.91	35.90	35.43	35.78				
	450m 5:11.72	500m 5:47.33	550m 6:22.92	600m 6:59.27	650m 7:35.29	700m 8:11.41	750m 8:47.49	800m 9:22.53				
	35.48	35.61	35.59	36.35	36.02	36.12	36.08	35.04				
2.	Nicholas Land	14	Newcastle	9:33.01	491							
	50m 29.62	100m 1:02.92	150m 1:38.64	200m 2:15.06	250m 2:52.20	300m 3:29.31	350m 4:06.27	400m 4:43.39				
	29.62	33.30	35.72	36.42	37.14	37.11	36.96	37.12				
	450m 5:20.47	500m 5:57.37	550m 6:34.40	600m 7:11.38	650m 7:47.59	700m 8:23.58	750m 8:59.26	800m 9:33.01				
	37.08	36.90	37.03	36.98	36.21	35.99	35.68	33.75				
3.	Matthew Dey	14	Co Sund'land	9:40.50	472							
	50m 30.94	100m 1:05.93	150m 1:42.64	200m 2:19.16	250m 2:55.84	300m 3:32.90	350m 4:09.86	400m 4:46.61				
	30.94	34.99	36.71	36.52	36.68	37.06	36.96	36.75				
	450m 5:24.22	500m 6:01.06	550m 6:38.23	600m 7:14.53	650m 7:52.06	700m 8:30.10	750m 9:06.04	800m 9:40.50				
	37.61	36.84	37.17	36.30	37.53	38.04	35.94	34.46				
4.	Charlie Ward	14	Bo Stockton	9:52.81	443							
	50m -	100m 1:09.97	150m 1:46.89	200m 2:24.74	250m -	300m 3:40.57	350m 4:17.89	400m 4:55.30				
	-	1:09.97	36.92	37.85	-	1:15.83	37.32	37.41				
	450m 6:48.29	500m 6:10.45	550m -	600m 7:26.42	650m -	700m 8:40.73	750m 9:17.30	800m 9:52.81				
	1:52.99	22.16	-	1:15.97	-	1:14.31	36.57	35.51				
5.	Stephen Castro	14	Bo Stockton	10:10.12	406							
	50m 31.65	100m 1:07.95	150m 1:45.88	200m 2:24.18	250m 3:02.40	300m 3:40.96	350m 4:20.26	400m 4:58.64				
	31.65	36.30	37.93	38.30	38.22	38.56	39.30	38.38				
	450m 5:37.61	500m 6:16.37	550m 6:56.50	600m 7:34.99	650m 8:14.45	700m 8:53.82	750m 9:32.37	800m 10:10.12				
	38.97	38.76	40.13	38.49	39.46	39.37	38.55	37.75				
6.	James Hulme	14	Derwentside	10:14.61	398							
	50m 35.37	100m 1:13.35	150m 1:52.58	200m 2:31.61	250m 3:11.75	300m 3:50.47	350m 4:29.90	400m 5:08.51				
	35.37	37.98	39.23	39.03	40.14	38.72	39.43	38.61				
	450m 5:48.12	500m 6:26.90	550m 7:05.88	600m 7:44.55	650m 8:22.85	700m 9:00.74	750m 9:38.15	800m 10:14.61				
	39.61	38.78	38.98	38.67	38.30	37.89	37.41	36.46				

#### **BOY 15 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time				FINA Pt			
1.	Jackson Jardine	15	Copeland	9:32.13	493						
	50m 31.50	100m 1:06.43	150m 1:42.91	200m 2:18.81	250m 2:55.02	300m 3:31.42	350m 4:08.31	400m 4:44.66			
	31.50	34.93	36.48	35.90	36.21	36.40	36.89	36.35			
	450m 5:20.83	500m 5:57.21	550m 6:33.51	600m 7:10.07	650m 7:46.57	700m 8:22.56	750m 8:57.99	800m 9:32.13			
	36.17	36.38	36.30	36.56	36.50	35.99	35.43	34.14			
2.	Isaac Rowland	15	Bo Stockton	10:05.90	415						
	50m 30.49	100m 1:06.69	150m 1:44.10	200m 2:22.87	250m 3:00.76	300m 3:40.11	350m 4:18.90	400m 4:57.83			
	30.49	36.20	37.41	38.77	37.89	39.35	38.79	38.93			
	450m 5:36.35	500m 6:15.35	550m 6:54.38	600m 7:33.51	650m 8:11.18	700m 8:50.35	750m 9:28.53	800m 10:05.90			
	38.52	39.00	39.03	39.13	37.67	39.17	38.18	37.37			
3.	Findlay Shaw	15	Newcastle	10:43.02	347						
	50m 33.85	100m 1:12.30	150m 1:51.99	200m 2:31.98	250m 3:12.44	300m 3:52.58	350m 4:33.63	400m 5:15.27			
	33.85	38.45	39.69	39.99	40.46	40.14	41.05	41.64			
	450m 5:56.82	500m 6:38.51	550m 7:19.95	600m 8:01.00	650m 8:42.78	700m 9:24.09	750m 10:05.23	800m 10:43.02			
	41.55	41.69	41.44	41.05	41.78	41.31	41.14	37.79			

# COSASC National Qualifier 2022 - Results Sheet

Sunderland Aquatic Centre – Friday 1st April 2022

## Results - Session One

### ***EVENT 101 Boy/Girl Open 800m Freestyle (cont)***

#### **BOY 16 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time	FINA Pt			
1.	Luke McGee	16	Co Sund'land	8:37.31	667			
	50m 27.84	100m 58.82	150m 1:30.95	200m 2:02.86	250m 2:35.45	300m 3:07.65	350m 3:40.86	400m 4:13.55
	27.84	30.98	32.13	31.91	32.59	32.20	33.21	32.69
	450m 4:46.69	500m 5:19.59	550m 5:53.03	600m 6:25.93	650m 6:59.28	700m 7:32.31	750m 8:05.53	800m 8:37.31
	33.14	32.90	33.44	32.90	33.35	33.03	33.22	31.78
2.	James Plant	16	Bo Kirklees	8:59.11	589			
	50m 29.11	100m 1:00.92	150m -	200m 2:07.81	250m -	300m 3:16.00	350m 3:50.51	400m 4:24.68
	29.11	31.81	-	1:06.89	-	1:08.19	34.51	34.17
	450m 4:59.69	500m 5:33.75	550m 6:08.60	600m 6:42.73	650m 7:17.60	700m 7:52.16	750m 8:26.54	800m 8:59.11
	35.01	34.06	34.85	34.13	34.87	34.56	34.38	32.57
3.	James Hodgson	17	Newcastle	9:02.33	579			
	50m 29.14	100m 1:02.16	150m 1:36.68	200m 2:11.91	250m 2:46.87	300m 3:21.73	350m 3:56.25	400m 4:31.25
	29.14	33.02	34.52	35.23	34.96	34.86	34.52	35.00
	450m 5:03.03	500m 5:40.24	550m 6:14.16	600m 6:48.70	650m 7:21.93	700m 7:56.26	750m 8:29.64	800m 9:02.33
	34.32	34.67	33.92	34.54	33.23	34.33	33.38	32.69
4.	Joshua Robinson	17	Derwentside	9:04.03	573			
	50m 29.27	100m 1:01.53	150m 1:35.67	200m 2:09.74	250m 2:44.18	300m 3:18.73	350m 3:53.42	400m 4:28.15
	29.27	32.26	34.14	34.07	34.44	34.55	34.69	34.73
	450m 5:03.03	500m 5:37.68	550m 6:12.34	600m 6:47.02	650m 7:21.79	700m 7:56.53	750m 8:30.81	800m 9:04.03
	34.88	34.65	34.66	34.68	34.77	34.74	34.28	33.22
5.	Elliot Mason	18	Bo Kirklees	9:13.53	544			
	50m 30.14	100m 1:03.71	150m 1:38.34	200m 2:14.16	250m 2:49.82	300m 3:25.48	350m 4:01.00	400m 4:36.79
	30.14	33.57	34.63	35.82	35.66	35.66	35.52	35.79
	450m 5:12.46	500m 5:48.34	550m 6:24.05	600m 6:59.94	650m 7:34.14	700m 8:08.35	750m 8:41.87	800m 9:13.53
	35.67	35.88	35.71	35.89	34.20	34.21	33.52	31.66
6.	George Tweedie	16	Morpeth	9:30.45	497			
	50m 30.33	100m 1:04.99	150m 1:41.31	200m 2:17.17	250m 2:53.43	300m 3:29.77	350m 4:06.42	400m 4:42.42
	30.33	34.66	36.32	35.86	36.26	36.34	36.65	36.00
	450m 5:19.72	500m 5:55.51	550m 6:32.38	600m 7:08.52	650m 7:45.30	700m 8:21.03	750m 8:56.92	800m 9:30.45
	37.30	35.79	36.87	36.14	36.78	35.73	35.89	33.53
7.	Titus Pike	18	Newcastle	9:36.00	483			
	50m 30.38	100m 1:03.85	150m 1:38.89	200m 2:14.20	250m 2:50.46	300m 3:26.42	350m 4:03.47	400m 4:39.62
	30.38	33.47	35.04	35.31	36.26	35.96	37.05	36.15
	450m 5:17.42	500m 5:54.22	550m 6:32.30	600m 7:09.16	650m 7:46.97	700m 8:23.74	750m 9:01.21	800m 9:36.00
	37.80	36.80	38.08	36.86	37.81	36.77	37.47	34.79
8.	Ben Giles	17	South Tyne	10:10.34	406			
	50m 30.75	100m 1:06.15	150m 1:43.01	200m 2:20.69	250m 2:58.89	300m 3:37.11	350m 4:16.26	400m 4:55.41
	30.75	35.40	36.86	37.68	38.20	38.22	39.15	39.15
	450m 5:34.92	500m 6:14.47	550m 6:54.50	600m 7:34.18	650m 8:14.06	700m 8:53.77	750m 9:33.43	800m 10:10.34
	39.51	39.55	40.03	39.68	39.88	39.71	39.66	36.91

# COSASC National Qualifier 2022 - Results Sheet

Sunderland Aquatic Centre – Friday 1st April 2022

## Results - Session One

### ***EVENT 101 Boy/Girl Open 800m Freestyle (cont)***

#### **GIRL 13 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	FINA Pt					
1.	Evelyn Hallissey	13	Newcastle	9:51.79	549					
	50m 32.56	100m 1:08.95	150m 1:46.14	200m 2:23.46	250m 3:00.68	300m 3:38.17	350m 4:15.05	400m 4:52.88		
	32.56	36.39	37.19	37.32	37.22	37.49	36.88	37.83		
	450m 5:30.73	500m 6:08.55	550m 6:46.59	600m 7:25.06	650m 8:02.73	700m 8:40.37	750m 9:16.88	800m 9:51.79		
	37.85	37.82	38.04	38.47	37.67	37.64	36.51	34.91		
2.	Alice Forrest	13	Derwentside	9:52.15	548					
	50m 32.84	100m -	150m 1:46.70	200m -	250m 3:01.82	300m 3:39.26	350m 4:17.34	400m -		
	32.84	-	1:13.86	-	1:15.12	37.44	38.08	-		
	450m 5:32.52	500m 6:10.05	550m 6:47.30	600m 7:24.88	650m 8:02.01	700m 8:39.67	750m 9:16.85	800m 9:52.15		
	1:15.18	37.53	37.25	37.58	37.13	37.66	37.18	35.30		
3.	Matilda Smith	13	Co Sund'land	10:17.45	484					
	50m -	100m 1:13.25	150m 1:53.01	200m 2:32.27	250m -	300m 3:51.04	350m 4:30.52	400m 5:09.44		
	-	1:13.25	39.76	39.26	-	1:18.77	39.48	38.92		
	450m 5:48.65	500m 6:27.19	550m 7:06.33	600m 7:45.01	650m 8:23.56	700m 9:02.10	750m 9:40.73	800m 10:17.45		
	39.21	38.54	39.14	38.68	38.55	38.54	38.63	36.72		
4.	Millie Cammock	13	Co Sund'land	10:26.96	462					
	50m 35.30	100m 1:13.20	150m 1:53.21	200m -	250m 3:13.11	300m 3:52.92	350m 4:33.29	400m 5:13.44		
	35.30	37.90	40.01	-	1:19.90	39.81	40.37	41.24		
	450m 5:53.83	500m 6:33.44	550m 7:13.34	600m 7:52.40	650m 8:31.97	700m 9:10.67	750m 9:49.42	800m 10:26.96		
	40.39	39.61	39.90	39.06	39.57	38.70	38.75	37.54		
5.	Marley Bowe	13	Co Sund'land	10:36.97	440					
	50m 34.42	100m 1:14.20	150m 1:54.90	200m 2:35.49	250m 3:15.53	300m 3:55.73	350m 4:36.41	400m 5:17.65		
	34.42	39.78	40.70	40.59	40.04	40.20	40.68	41.24		
	450m 5:58.50	500m 6:38.44	550m 7:19.13	600m 7:59.44	650m 8:40.00	700m 9:19.60	750m 9:59.28	800m 10:36.97		
	40.85	39.94	40.69	40.31	40.56	39.60	39.68	37.69		
6.	Katy Otterson	13	Tynemouth	10:37.32	440					
	50m 33.66	100m 1:12.30	150m 1:51.90	200m 2:32.63	250m 3:12.17	300m 3:53.15	350m 4:33.62	400m 5:14.22		
	33.66	38.64	39.60	40.73	39.54	40.98	40.47	40.60		
	450m 5:54.13	500m 6:34.91	550m 7:15.00	600m 7:56.48	650m 8:36.88	700m 9:17.57	750m 9:57.24	800m 10:37.32		
	39.91	40.78	40.09	41.48	40.40	40.69	39.67	40.08		
7.	Anna Barker	13	Co Sund'land	10:50.22	414					
	50m 36.20	100m 1:15.75	150m 1:56.69	200m 2:37.30	250m 3:19.01	300m 4:00.35	350m 4:41.73	400m 5:23.13		
	36.20	39.55	40.94	40.61	41.71	41.34	41.38	41.40		
	450m 6:04.56	500m 6:45.53	550m 7:27.56	600m 8:08.95	650m 8:50.57	700m 9:31.52	750m 10:11.41	800m 10:50.22		
	41.43	40.97	42.03	41.39	41.62	40.95	39.89	38.81		
8.	Keira Blakie	13	Co Sund'land	11:00.90	394					
	50m 36.97	100m 1:17.49	150m 1:58.87	200m 2:40.18	250m 3:22.31	300m 4:03.68	350m 4:46.57	400m 5:28.88		
	36.97	40.52	41.38	41.31	42.13	41.37	42.89	42.31		
	450m 6:10.66	500m 6:52.61	550m 7:34.47	600m 8:16.76	650m -	700m 9:41.11	750m 10:21.13	800m 11:00.90		
	41.78	41.95	41.86	42.29	-	1:24.35	40.02	39.77		
9.	Evie Weston	13	Sedgefield	11:06.24	385					
	50m 37.09	100m 1:18.07	150m 2:00.41	200m 2:42.27	250m 3:24.39	300m 4:06.66	350m 4:48.20	400m 5:30.01		
	37.09	40.98	42.34	41.86	42.12	42.27	41.54	41.81		
	450m 6:12.74	500m 6:54.81	550m 7:36.97	600m 8:19.18	650m 9:01.55	700m 9:44.06	750m 10:25.79	800m 11:06.24		
	42.73	42.07	42.16	42.21	42.37	42.51	41.73	40.45		

# COSASC National Qualifier 2022 - Results Sheet

Sunderland Aquatic Centre – Friday 1st April 2022

## Results - Session One

### ***EVENT 101 Boy/Girl Open 800m Freestyle (cont)***

#### **GIRL 14 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	FINA Pt			
1.	Katherine Noble	14	Newcastle	9:44.25	571			
	50m 32.06	100m 1:07.66	150m 1:44.07	200m 2:20.87	250m 2:57.81	300m 3:34.74	350m 4:12.01	400m 4:48.89
	32.06	35.60	36.41	36.80	36.94	36.93	37.27	36.88
	450m 5:25.70	500m 6:03.31	550m 6:40.79	600m 7:18.31	650m 7:55.44	700m 8:33.08	750m 9:10.00	800m 9:44.25
	36.81	37.61	37.48	37.52	37.13	37.64	36.92	34.25
2.	Nadine Wilson	14	Bo Stockton	10:15.63	488			
	50m 32.87	100m 1:09.88	150m 1:48.12	200m 2:26.17	250m 3:05.15	300m 3:43.78	350m 4:23.67	400m 5:02.54
	32.87	37.01	38.24	38.05	38.98	38.63	39.89	38.87
	450m 5:42.27	500m 6:21.29	550m 7:00.73	600m 7:39.88	650m 8:20.07	700m 8:58.97	750m 9:37.72	800m 10:15.63
	39.73	39.02	39.44	39.15	40.19	38.90	38.75	37.91
3.	Yanaika Roberts	14	Co Sund'land	10:17.33	484			
	50m 33.78	100m 1:11.91	150m 1:49.90	200m 2:28.77	250m 3:07.41	300m 3:46.93	350m 4:26.22	400m 5:06.16
	33.78	38.13	37.99	38.87	38.64	39.52	39.29	39.94
	450m 5:45.47	500m 6:25.28	550m 7:04.53	600m 7:44.42	650m 8:24.27	700m 9:03.15	750m 9:40.99	800m 10:22.33
	39.31	39.81	39.25	39.89	39.85	38.88	37.84	36.34
4.	Evie Hetherington	14	Newcastle	10:22.87	471			
	50m 34.31	100m 1:12.85	150m 1:52.58	200m 2:32.63	250m 3:12.23	300m 3:52.32	350m 4:31.82	400m 5:12.35
	34.31	38.54	39.73	40.05	39.60	40.09	39.50	40.53
	450m 5:51.49	500m 6:31.07	550m 7:09.56	600m 7:49.46	650m 8:27.86	700m 9:07.50	750m 9:46.00	800m 10:22.87
	39.14	39.58	38.49	39.90	38.40	39.64	38.50	36.87
5.	Olivia Penellum	14	Ulverston	10:29.71	456			
	50m 33.46	100m 1:12.52	150m 1:53.21	200m 2:34.16	250m 3:15.37	300m 3:57.59	350m 4:39.04	400m 5:20.84
	33.46	39.06	40.69	40.95	41.21	42.22	41.45	41.80
	450m 6:02.71	500m 6:44.60	550m 7:23.14	600m 8:01.78	650m 8:39.00	700m 9:16.33	750m 9:52.75	800m 10:29.71
	41.87	41.89	38.54	38.64	37.22	37.33	36.42	36.96
6.	Scarlett Robinson	14	Copeland	10:30.09	455			
	50m -	100m 1:12.33	150m 1:51.81	200m 2:31.41	250m 3:11.23	300m 3:51.43	350m 4:31.24	400m 5:11.51
	-	1:12.33	39.48	39.60	39.91	40.11	39.81	40.27
	450m 5:51.62	500m 6:32.33	550m 7:12.96	600m 7:53.19	650m 8:33.23	700m 9:13.60	750m 9:52.62	800m 10:30.09
	40.11	40.71	40.63	40.23	40.04	40.37	39.02	37.47
7.	Abbie Whitfield	14	Derwentside	10:30.90	453			
	50m 34.33	100m 1:13.37	150m 1:53.20	200m 2:33.80	250m 3:13.37	300m 3:53.73	350m 4:33.56	400m 5:13.69
	34.33	39.04	39.83	40.60	39.57	40.36	39.83	40.13
	450m 5:53.10	500m 6:34.30	550m 7:13.79	600m 7:54.31	650m 8:33.78	700m 9:13.95	750m 9:52.94	800m 10:30.90
	39.41	41.20	39.49	40.52	39.47	40.17	38.99	37.96
8.	Lola Timmins	14	Bo Stockton	10:31.79	451			
	50m 34.73	100m 1:13.23	150m 1:52.79	200m 2:32.07	250m 3:12.59	300m 3:51.97	350m -	400m 5:12.80
	34.73	38.50	39.56	39.28	40.52	39.38	-	1:20.83
	450m 5:53.31	500m 6:33.11	550m 7:13.96	600m 7:53.70	650m 8:34.44	700m 9:14.01	750m 9:53.99	800m 10:31.79
	40.51	39.80	40.85	39.74	40.74	39.57	39.98	37.80
9.	Lily Roberts	14	Co Sund'land	11:02.18	392			
	50m 37.19	100m 1:18.15	150m 2:00.20	200m 2:42.91	250m 3:25.27	300m 4:08.47	350m 4:50.51	400m 5:33.57
	37.19	40.96	42.05	42.71	42.36	43.20	42.04	43.06
	450m 6:16.08	500m 6:58.73	550m 7:39.88	600m 8:22.33	650m 9:02.54	700m 9:44.04	750m 10:23.38	800m 11:02.18
	42.51	42.65	41.15	42.45	40.21	41.50	39.34	38.80

#### **GIRL 15 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	FINA Pt			
1.	Casey Campbell	15	Bo Stockton	10:13.44	493			
	50m -	100m 1:11.27	150m -	200m 2:28.90	250m -	300m 3:46.86	350m 4:24.61	400m 5:03.37
	-	1:11.27	-	1:17.63	-	1:17.96	37.75	38.76
	450m 5:42.18	500m 6:21.46	550m 7:00.20	600m 7:39.82	650m 8:18.43	700m 8:57.86	750m 9:35.84	800m 10:13.44
	38.81	39.28	38.74	39.62	38.61	39.43	37.98	37.60
2.	Alice Ward	15	Bo Stockton	10:13.93	492			
	50m 33.07	100m 1:10.53	150m 1:48.46	200m 2:27.16	250m 3:05.80	300m 3:45.32	350m 4:24.63	400m 5:04.31
	33.07	37.46	37.93	38.70	38.64	39.52	39.31	39.68
	450m 5:43.23	500m 6:23.33	550m 7:02.59	600m 7:41.80	650m 8:20.61	700m 8:59.86	750m 9:37.72	800m 10:13.93
	38.92	40.10	39.26	39.21	38.81	39.25	37.86	36.21
3.	Isobel Munnoch	15	Tynemouth	10:34.75	445			
	50m 33.43	100m 1:11.04	150m 1:50.20	200m 2:29.32	250m 3:09.34	300m 3:49.66	350m 4:29.99	400m 5:10.53
	33.43	37.61	39.16	39.12	40.02	40.32	40.33	40.54
	450m 5:51.23	500m 6:31.97	550m 7:12.61	600m 7:53.29	650m 8:34.20	700m 9:15.14	750m 9:55.55	800m 10:34.75
	40.70	40.74	40.64	40.68	40.91	40.94	40.41	39.20
4.	Katie Adams	15	Tynemouth	11:09.35	379			
	50m 34.25	100m 1:15.26	150m 1:57.13	200m 2:40.10	250m 3:22.60	300m 4:05.62	350m 4:48.53	400m 5:31.86
	34.25	41.01	41.87	42.97	42.50	43.02	42.91	43.33
	450m 6:13.99	500m 6:56.82	550m 7:39.20	600m 8:22.00	650m 9:04.45	700m 9:47.37	750m 10:29.64	800m 11:09.35
	42.13	42.83	42.38	42.80	42.45	42.92	42.27	39.71

# COSASC National Qualifier 2022 - Results Sheet

Sunderland Aquatic Centre – Friday 1st April 2022

## Results - Session One

### ***EVENT 101 Boy/Girl Open 800m Freestyle (cont)***

#### **GIRL 16 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time	FINA Pt			
1.	Emily Hedley	16	Newcastle	9:30.47	613			
	50m 31.09	100m 1:05.96	150m 1:41.73	200m 2:17.61	250m 2:53.73	300m 3:29.98	350m 4:06.12	400m 4:42.35
	31.09	34.87	35.77	35.88	36.12	36.25	36.14	36.23
	450m 5:18.47	500m 5:54.79	550m 6:30.80	600m 7:07.31	650m 7:43.32	700m 8:19.78	750m 8:55.83	800m 9:30.47
	36.12	36.32	36.01	36.51	36.01	36.46	36.05	34.64
2.	Helena Wyness	16	Co Sund'land	9:38.22	589			
	50m 30.84	100m 1:06.08	150m 1:41.96	200m 2:18.49	250m 2:54.76	300m 3:31.51	350m 4:07.44	400m 4:43.78
	30.84	35.24	35.88	36.53	36.27	36.75	35.93	36.34
	450m 5:20.05	500m 5:57.01	550m 6:33.99	600m 7:11.17	650m 7:48.32	700m 8:25.57	750m 9:02.09	800m 9:38.22
	36.27	36.96	36.98	37.18	37.15	37.25	36.52	36.13
3.	Holly Stoker	16	Co Sund'land	9:39.35	585			
	50m 31.49	100m 1:06.86	150m 1:42.36	200m 2:19.09	250m 2:55.25	300m 3:32.07	350m 4:08.53	400m 4:45.82
	31.49	35.37	35.50	36.73	36.16	36.82	36.46	37.29
	450m 5:22.55	500m 5:59.99	550m 6:36.76	600m 7:14.05	650m 7:50.47	700m 8:28.00	750m 9:04.29	800m 9:39.35
	36.73	37.44	36.77	37.29	36.42	37.53	36.29	35.06
4.	Emily Oliver	16	Bo Kirklees	9:44.32	571			
	50m 31.06	100m 1:06.57	150m 1:42.47	200m 2:18.80	250m 2:55.55	300m 3:32.57	350m 4:09.03	400m 4:46.32
	31.06	35.51	35.90	36.33	36.75	37.02	36.46	37.29
	450m 5:23.63	500m 6:00.97	550m 6:37.95	600m 7:15.54	650m 7:52.95	700m 8:30.68	750m 9:08.01	800m 9:44.32
	37.31	37.34	36.98	37.59	37.41	37.73	37.33	36.31
5.	Alexandra Woodhead	18	Bo Kirklees	9:45.67	567			
	50m 32.46	100m 1:07.73	150m 1:44.56	200m 2:21.09	250m 2:58.14	300m 3:35.02	350m 4:12.38	400m 4:49.12
	32.46	35.27	36.83	36.53	37.05	36.88	37.36	36.74
	450m 5:26.87	500m 6:03.57	550m 7:56.14	600m 7:18.42	650m -	700m 8:32.91	750m -	800m 9:45.67
	37.75	36.70	1:52.57	22.28	-	1:14.49	-	1:12.76
6.	Lauren Heppell	16	Newcastle	9:47.79	561			
	50m 31.39	100m 1:06.64	150m 1:42.65	200m 2:19.58	250m 2:56.56	300m 3:33.89	350m 4:11.07	400m 4:48.43
	31.39	35.25	36.01	36.93	36.98	37.33	37.18	37.36
	450m 5:25.68	500m 6:03.40	550m 6:41.42	600m 7:19.48	650m 7:57.35	700m 8:35.04	750m 9:12.33	800m 9:47.79
	37.25	37.72	38.02	38.06	37.87	37.69	37.29	35.46
7.	Ruby Knight	16	Bo Kirklees	9:50.83	552			
	50m 31.28	100m 1:06.18	150m 1:41.76	200m 2:18.03	250m 2:54.34	300m 3:31.18	350m 4:07.91	400m 4:45.43
	31.28	34.90	35.58	36.27	36.31	36.84	36.73	37.52
	450m 5:23.48	500m 6:01.85	550m 6:40.26	600m 7:18.84	650m 7:57.21	700m 8:35.09	750m 9:13.30	800m 9:50.83
	38.05	38.37	38.41	38.58	38.37	37.88	38.21	37.53
8.	Phoebe Fixter	18	Billingham	9:58.57	531			
	50m 33.41	100m 1:09.24	150m 1:47.11	200m 2:24.90	250m 3:03.36	300m 3:41.02	350m 4:19.36	400m 4:56.59
	33.41	35.83	37.87	37.79	38.46	37.66	38.34	37.23
	450m 5:34.91	500m 6:12.26	550m 6:50.51	600m 7:28.20	650m 8:06.54	700m 8:44.26	750m 9:22.25	800m 9:58.57
	38.32	37.35	38.25	37.69	38.34	37.72	37.99	36.32
9.	Georgia Clough	17	Billingham	10:04.24	516			
	50m 31.91	100m 1:09.42	150m 1:47.74	200m 2:26.80	250m 3:05.19	300m 3:43.82	350m 4:21.80	400m 5:00.49
	31.91	37.51	38.32	39.06	38.39	38.63	37.98	38.69
	450m 5:38.19	500m 6:16.94	550m 6:55.10	600m 7:33.52	650m 8:11.43	700m 8:50.32	750m 9:27.60	800m 10:04.24
	37.70	38.75	38.16	38.42	37.91	38.89	37.28	36.64
10.	Esmé Ovenstone	16	RichmondDale	10:10.72	500			
	50m 34.04	100m 1:11.18	150m 1:50.39	200m 2:29.18	250m 3:08.93	300m 3:47.53	350m 4:26.71	400m 5:04.94
	34.04	37.14	39.21	38.79	39.75	38.60	39.18	38.23
	450m 5:44.30	500m 6:23.04	550m 7:02.56	600m 7:42.04	650m 8:21.18	700m 8:59.23	750m 9:37.24	800m 10:10.72
	39.36	38.74	39.52	39.48	39.14	38.05	38.01	33.48
11.	Zara Hogg	16	Billingham	10:31.83	451			
	50m 34.22	100m 1:12.34	150m 1:51.82	200m 2:32.17	250m 3:11.92	300m 3:52.53	350m 4:32.20	400m 5:12.41
	34.22	38.12	39.48	40.35	39.75	40.61	39.67	40.21
	450m 5:51.66	500m 6:31.95	550m 7:11.40	600m 7:52.24	650m 8:32.08	700m 9:13.11	750m 9:52.54	800m 10:31.83
	39.25	40.29	39.45	40.84	39.84	41.03	39.43	39.29
12.	Maisie Mack	16	Billingham	10:32.92	449			
	50m 34.46	100m 1:13.50	150m 1:53.99	200m 2:34.12	250m 3:14.36	300m 3:54.82	350m 4:35.69	400m 5:16.36
	34.46	39.04	40.49	40.13	40.24	40.46	40.87	40.67
	450m 5:56.77	500m 6:37.03	550m 7:17.36	600m 7:57.80	650m 8:37.62	700m 9:17.88	750m -	800m 10:32.92
	40.41	40.26	40.33	40.44	39.82	40.26	-	1:15.04
13.	Charlotte Payton	17	Tynemouth	10:33.53	448			
	50m 32.66	100m 1:09.19	150m 1:48.15	200m 2:28.38	250m 3:09.27	300m 3:50.11	350m 4:31.80	400m 5:13.20
	32.66	36.53	38.96	40.23	40.89	40.84	41.69	41.40
	450m 5:54.47	500m 6:35.33	550m 7:16.57	600m 7:57.01	650m 8:37.63	700m 9:17.72	750m 9:57.02	800m 10:33.53
	41.27	40.86	41.24	40.44	40.62	40.09	39.30	36.51

# COSASC National Qualifier 2022 - Results Sheet

Sunderland Aquatic Centre – Friday 1st April 2022

## Results - Session One

### EVENT 102 Boy/Girl Open 1500m Freestyle

#### **BOY 13 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	FINA Pt			
1.	Aidan Turner	13	Tynemouth	18:13.23	505			
	50m 31.44	100m 1:06.90	150m 1:43.01	200m 2:18.89	250m 2:55.54	300m 3:31.93	350m 4:08.44	400m 4:45.54
	31.44	35.46	36.11	35.88	36.65	36.39	36.51	37.10
	450m 5:22.85	500m 6:00.13	550m 6:36.75	600m 7:13.27	650m 7:49.61	700m 8:26.00	750m 9:02.95	800m 9:40.39
	37.31	37.28	36.62	36.52	36.34	36.39	36.95	37.44
	850m 10:16.15	900m 10:53.12	950m 11:29.24	1000m 12:05.80	1050m 12:42.30	1100m 13:19.13	1150m 13:56.01	1200m 14:32.72
	35.76	36.97	36.12	36.56	36.50	36.83	36.88	36.71
	1250m 15:09.57	1300m 15:46.55	1350m 16:23.83	1400m 17:00.60	1450m 17:37.67	1500m 18:13.23		
	36.85	36.98	37.28	36.77	37.07	35.56		

#### **BOY 14 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	FINA Pt			
1.	Jacob Brown	14	Bo Stockton	18:30.63	482			
	50m 32.27	100m 1:07.65	150m 1:43.29	200m 2:19.63	250m 2:55.77	300m 3:32.79	350m 4:08.87	400m 4:46.18
	32.27	35.38	35.64	36.34	36.14	37.02	36.08	37.31
	450m 5:22.84	500m 6:00.80	550m 6:37.36	600m 7:14.46	650m 7:51.34	700m 8:28.35	750m 9:05.47	800m 9:43.07
	36.66	37.96	36.56	37.10	36.88	37.01	37.12	37.60
	850m 10:20.63	900m 10:58.40	950m 11:35.78	1000m 12:14.44	1050m 12:52.40	1100m 13:30.38	1150m 14:08.18	1200m 14:46.28
	37.56	37.77	37.38	38.66	37.96	37.98	37.80	38.10
	1250m 15:24.16	1300m 16:02.14	1350m 16:39.79	1400m 17:17.71	1450m 17:54.67	1500m 18:30.63		
	37.88	37.98	37.65	37.92	36.96	35.96		
2.	Jai Diddie	14	Tynemouth	18:59.36	446			
	50m 32.17	100m 1:08.41	150m 1:44.98	200m 2:21.87	250m 2:58.84	300m 3:36.89	350m 4:14.23	400m 4:52.95
	32.17	36.24	36.57	36.89	36.97	38.05	37.34	38.72
	450m 5:31.22	500m 6:09.83	550m 6:47.85	600m 7:26.56	650m 8:04.03	700m 8:42.64	750m 9:20.61	800m 9:59.40
	38.27	38.61	38.02	38.71	37.47	38.61	37.97	38.79
	850m 10:37.62	900m 11:16.62	950m 11:54.84	1000m 12:34.12	1050m 13:12.44	1100m 13:52.06	1150m 14:29.76	1200m 15:09.40
	38.22	39.00	38.22	39.28	38.32	39.62	37.70	39.64
	1250m 15:47.75	1300m 16:26.99	1350m 17:04.99	1400m 17:44.19	1450m 18:21.85	1500m 18:59.36		
	38.35	39.24	38.00	39.20	37.66	37.51		

#### **BOY 15 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	FINA Pt			
1.	Jacob Barnett	15	Co Sund'land	17:27.74	574			
	50m 29.59	100m 1:02.02	150m 1:36.15	200m 2:09.61	250m 2:44.37	300m 3:18.76	350m 3:53.71	400m 4:28.43
	29.59	32.43	34.13	33.46	34.76	34.39	34.95	34.72
	450m 5:03.80	500m 5:38.70	550m 6:13.71	600m 6:48.87	650m 7:24.63	700m 7:59.43	750m 8:35.20	800m 9:10.77
	35.37	34.90	35.01	35.16	35.76	34.80	35.77	35.57
	850m 9:47.02	900m 10:22.53	950m 10:58.45	1000m 11:33.96	1050m 12:09.19	1100m 12:43.59	1150m 13:19.43	1200m 13:55.58
	36.25	35.51	35.92	35.51	35.23	34.40	35.84	36.15
	1250m 14:31.92	1300m 15:07.66	1350m 16:54.37	1400m 16:19.97	1450m -	1500m 17:27.74		
	36.34	35.74	1:46.71	25.60	-	1:07.77		

#### **BOY 16 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time	FINA Pt			
1.	Benjamin Rogers	17	RichmondDale	17:40.95	553			
	50m 29.99	100m 1:02.62	150m 1:37.03	200m 2:10.94	250m 2:45.86	300m 3:20.31	350m 3:55.53	400m 4:30.56
	29.99	32.63	34.41	33.91	34.92	34.45	35.22	35.03
	450m 5:06.12	500m 5:40.99	550m 6:16.67	600m 6:52.02	650m 7:28.14	700m 8:03.53	750m 8:39.63	800m 9:15.13
	35.56	34.87	35.68	35.35	36.12	35.39	36.10	35.50
	850m 9:51.28	900m 10:27.12	950m 11:03.44	1000m 11:39.20	1050m 12:15.64	1100m 12:51.64	1150m 13:28.17	1200m 14:03.95
	36.15	35.84	36.32	35.76	36.44	36.00	36.53	35.78
	1250m 14:40.91	1300m 15:17.39	1350m 15:54.22	1400m 16:30.27	1450m 17:07.02	1500m 17:40.95		
	36.96	36.48	36.83	36.05	36.75	33.93		
2.	Michael Hewitt	17	AFSHartlepol	19:03.92	441			
	50m 30.61	100m 1:06.81	150m 1:43.23	200m 2:20.52	250m 2:57.25	300m 3:34.99	350m 4:12.71	400m 4:51.09
	30.61	36.20	36.42	37.29	36.73	37.74	37.72	38.38
	450m 5:29.41	500m 6:08.11	550m 6:47.17	600m 7:25.32	650m 8:03.75	700m 8:42.85	750m 9:21.39	800m 9:59.46
	38.32	38.70	39.06	38.15	38.43	39.10	38.54	38.07
	850m 10:37.85	900m 11:16.32	950m 11:54.84	1000m 12:34.02	1050m 13:12.83	1100m 13:52.75	1150m 14:31.76	1200m 15:12.82
	38.39	38.47	38.52	39.18	38.81	39.92	39.01	41.06
	1250m 15:50.74	1300m 16:30.03	1350m 17:09.27	1400m 17:48.57	1450m 18:25.54	1500m 19:03.92		
	37.92	39.29	39.24	39.30	36.97	38.38		

# COSASC National Qualifier 2022 - Results Sheet

Sunderland Aquatic Centre – Friday 1st April 2022

## Results - Session One

### ***EVENT 102 Boy/Girl Open 1500m Freestyle***

#### ***GIRL 14 Yrs Age Group - Full Results***

Place	Name	AaD	Club	Time	FINA Pt			
1.	Katie Blunt	14	Co Sund'land	18:17.06	590			
	50m 1:44.19	100m -	150m 2:57.35	200m -	250m 4:10.82	300m -	350m 5:24.29	400m -
	1:44.19	-	1:13.16	-	1:13.47	-	1:13.47	-
	450m 6:37.84	500m -	550m 7:51.61	600m 7:14.85	650m 9:05.25	700m -	750m 10:19.55	800m -
	1:13.55	-	1:13.77	23.24	1:50.40	-	1:14.30	-
	850m -	900m -	950m 11:33.30	1000m 12:10.45	1050m 12:47.78	1100m 13:24.62	1150m 14:01.85	1200m 14:38.43
	-	-	1:13.75	37.15	37.33	36.84	37.23	36.58
	1250m 15:15.54	1300m 17:06.08	1350m 16:29.48	1400m -	1450m 17:42.78	1500m 18:17.06	-	-
	37.11	1:50.54	23.40	-	1:13.30	34.28	-	-
2.	Sophie Quinn	14	Bo Stockton	18:52.01	537			
	50m 33.02	100m 1:09.91	150m 1:46.50	200m 2:24.43	250m 3:00.58	300m 3:37.97	350m 4:15.33	400m 4:53.43
	33.02	36.89	36.59	37.93	36.15	37.39	37.36	38.10
	450m 5:30.84	500m 6:08.80	550m 6:46.46	600m 7:24.85	650m 8:02.88	700m 8:41.14	750m 9:19.51	800m 9:56.92
	37.41	37.96	37.66	38.39	38.03	38.26	38.37	37.41
	850m 10:35.09	900m 11:13.20	950m 11:51.42	1000m 12:30.82	1050m 13:08.94	1100m 13:46.64	1150m 14:25.00	1200m 15:03.36
	38.17	38.11	38.22	39.40	38.12	37.70	38.36	38.36
	1250m 15:41.63	1300m 16:20.03	1350m 16:58.31	1400m 17:36.55	1450m 18:14.54	1500m 18:52.01	-	-
	38.27	38.40	38.28	38.24	37.99	37.47	-	-
3.	Jessica Thomas	14	Bo Stockton	18:56.02	531			
	50m 32.85	100m 1:09.50	150m 1:46.26	200m 2:23.41	250m 3:00.76	300m 3:38.62	350m 4:15.93	400m 4:54.21
	32.85	36.65	36.76	37.15	37.35	37.86	37.31	38.28
	450m 5:31.68	500m 6:10.05	550m 6:48.26	600m 7:27.35	650m 8:05.23	700m 8:44.16	750m 9:22.33	800m 10:00.59
	37.47	38.37	38.21	39.09	37.88	38.93	38.17	38.26
	850m 10:38.52	900m 11:17.30	950m 11:55.60	1000m 12:34.46	1050m 13:12.01	1100m 13:51.05	1150m 14:29.38	1200m 17:42.86
	37.93	38.78	38.30	38.86	37.55	39.04	38.33	3:13.48
	1250m 15:46.91	1300m 18:56.03	1350m 17:03.89	1400m -	1450m 18:20.20	1500m 18:56.02	-	-
	04.05	3:09.12	07.86	-	1:16.31	35.82	-	-

#### ***GIRL 15 Yrs Age Group - Full Results***

Place	Name	AaD	Club	Time	FINA Pt			
1.	Kate Kennedy	15	Morpeth	18:37.14	559			
	50m 32.30	100m 1:08.80	150m 1:45.27	200m 2:22.20	250m 2:58.75	300m 3:36.03	350m 4:12.95	400m 4:50.53
	32.30	36.50	36.47	36.93	36.55	37.28	36.92	37.58
	450m 5:28.18	500m 6:05.75	550m 6:43.00	600m 7:21.11	650m 7:58.62	700m 8:36.51	750m 9:13.85	800m 9:51.86
	37.65	37.57	37.25	38.11	37.51	37.89	37.34	38.01
	850m 10:29.42	900m 11:07.44	950m 11:45.14	1000m 12:23.08	1050m 13:00.63	1100m 13:38.84	1150m 14:15.98	1200m 14:54.19
	37.56	38.02	37.70	37.94	37.55	38.21	37.14	38.21
	1250m 15:31.46	1300m 16:09.56	1350m 16:47.00	1400m 17:24.66	1450m 18:01.24	1500m 18:37.14	-	-
	37.27	38.10	37.44	37.66	36.58	35.90	-	-