



## Northumberland & Durham Swimming Association 2022 Championships

### Boys Qualifying Times (Long Course)

Event	10/11 years	12 years	13 years	14 years	15 years	16+ years
50m Freestyle	35.00	33.00	31.50	30.00	29.00	27.00
100m Freestyle	1.18.00	1.13.50	1.09.00	1.05.00	1.02.50	58.50
200m Freestyle	2.49.00	2.38.00	2.32.00	2.21.00	2.18.00	2.10.00
400m Freestyle	5.55.00	5.35.00	5.20.00	5.00.00	4.50.00	4.37.00
800m Freestyle	N/A	11.30.00	11.00.00	10.30.00	10.30.00	10.30.00
1500m Freestyle	N/A	21.00.00	20.00.00	19.00.00	19.00.00	19.00.00
50m Backstroke	41.00	39.00	37.50	35.00	34.50	32.00
100m Backstroke	1.29.50	1.25.50	1.21.00	1.15.50	1.11.50	1.09.00
200m Backstroke	3.08.00	2.59.00	2.50.00	2.41.50	2.36.50	2.29.50
50m Breaststroke	47.50	44.00	42.00	40.00	38.00	35.50
100m Breaststroke	1.44.50	1.39.00	1.32.50	1.27.00	1.23.00	1.18.00
200m Breaststroke	3.42.00	3.31.00	3.16.00	3.08.00	3.01.00	2.50.00
50m Butterfly	40.50	37.00	35.50	33.00	32.00	30.00
100m Butterfly	1.40.00	1.28.50	1.20.50	1.14.00	1.13.00	1.06.50
200m Butterfly	3.51.00	3.31.00	3.09.00	2.50.00	2.47.00	2.38.00
200m Individual Medley	3.15.00	3.02.00	2.50.00	2.41.00	2.37.00	2.26.00
400m Individual Medley	N/A	6.20.00	6.05.00	5.50.00	5.42.00	5.23.00

### Girls Qualifying Times (Long Course)

Event	10/11 years	12 years	13 years	14 years	15 years	16+ years
50m Freestyle	35.00	33.00	31.50	31.00	30.50	30.00
100m Freestyle	1.17.00	1.11.50	1.08.50	1.07.00	1.06.00	1.05.00
200m Freestyle	2.47.00	2.35.00	2.29.00	2.26.50	2.22.50	2.20.00
400m Freestyle	5.50.00	5.26.00	5.13.00	5.07.00	4.58.00	4.52.00
800m Freestyle	N/A	12.00.00	11.30.00	11.00.00	11.00.00	11.00.00
1500m Freestyle	N/A	22.30.00	21.30.00	20.30.00	20.30.00	20.30.00
50m Backstroke	41.00	38.00	36.50	35.50	34.50	34.50
100m Backstroke	1.28.00	1.22.00	1.18.50	1.17.00	1.13.00	1.13.00
200m Backstroke	3.06.00	2.55.50	2.45.50	2.43.00	2.39.00	2.36.50
50m Breaststroke	47.00	44.00	42.00	40.00	39.50	39.00
100m Breaststroke	1.43.00	1.36.50	1.30.00	1.28.00	1.26.50	1.25.50
200m Breaststroke	3.37.00	3.25.00	3.14.00	3.09.00	3.09.00	3.07.00
50m Butterfly	39.00	36.50	34.00	33.50	33.00	32.00
100m Butterfly	1.35.00	1.25.00	1.19.50	1.17.00	1.14.00	1.13.00
200m Butterfly	3.49.00	3.20.00	3.06.00	3.00.00	2.57.00	2.56.00
200m Individual Medley	3.10.00	2.56.00	2.47.50	2.43.00	2.40.00	2.38.00
400m Individual Medley	N/A	6.27.50	6.10.00	5.58.00	5.54.50	5.50.00

(Times are unchanged from those published for the 2020 Championships)

Competitors must have achieved an entry time equal to or faster than the Long Course Qualifying Times as set out below, downloaded from the British Swimming Rankings and which has been achieved no earlier than 1 January 2019. For all events, age is as at 31st December 2022. Extract from Meet Info v1.