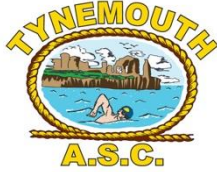


TYNEMOUTH AMATEUR SWIMMING CLUB

March Level 3 Gala at Tynemouth Pool
25th, 26th and 27th March 2022

Session 1 - 25 th March			
Warm-up: 17:45		Start: 18:15	
Event	Male/Female	Distance	Stroke
101	Mixed (11+)	800	Free
102	Mixed (11+)	1500	Free

Session 2 - 26 th March				Session 4 - 27 th March			
Warm-up: 8:00		Start: 9:00		Warm-up: 8:00		Start: 9:00	
Event	Male/Female	Distance	Stroke	Event	Male/Female	Distance	Stroke
201	Female (11+)	400	IM	401	Male (11+)	400	IM
202	Male	100	Fly	402	Female	100	Back
203	Female	100	Fly	403	Male	100	Back
204	Male	50	Back	404	Female	50	Breast
205	Female	50	Back	405	Male	50	Breast
206	Male	200	Breast	406	Female	200	Back
207	Female	200	Fly	407	Male	200	Fly
208	Male	200	Free	408	Female	200	Free
Session 3 - 26 th March				Session 5 - 27 th March			
Warm-up: TBC		Start: TBC		Warm-up: TBC		Start: TBC	
Event	Male/Female	Distance	Stroke	Event	Male/Female	Distance	Stroke
301	Male (11+)	400	Free	501	Female (11+)	400	Free
302	Female	100	Breast	502	Male	50	Fly
303	Male	100	Breast	503	Female	50	Fly
304	Female	50	Free	504	Male	100	Free
305	Male	50	Free	505	Female	100	Free
306	Female	200	Breast	506	Male	200	Back
307	Male	100	IM	507	Female	100	IM
308	Female	200	IM	508	Male	200	IM



Tynemouth ASC Spring Gala Friday 25th to Sunday 27th March Meet Conditions

1. The meet will be held under ASA Laws and Technical Rules. This is a level 3 licensed meet – licence number – **TBC**
2. The pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available.
3. The starting gun will provide an internal starting strobe, but no external starting strobe facility will be provided.
4. Swiss Electronic Timing will be in operation with scoreboard display. Times and places shown on the scoreboard are for information only and are not necessarily the official result. The referee's decision is final.
5. Copies of the results will be available over the duration of the gala.
6. The age groups will be 9, 10, 11, 12, 13, 14+. **Age at 27th March 2022**
7. Swimmers must not have swum faster than the **upper** qualifying times since 1st September 2020 (refer to Qualification Times).
8. Closing date: **Monday 7th March 2022**. Entries will be selected on a first come first served basis (**from 8am on Tuesday 15th February 2022**). Entries may be further restricted to comply with session limits.
9. All events are Heat Declared Winner (HDW), heats being seeded slowest to fastest based on submitted entry times.
10. Awards will be made to the first three in each age category. These awards will be available for collection after the winners are announced for each event.
11. No entry cards will be issued. Seeded heat start lists will be produced prior to the start of each session. If a swimmer is not swimming an event, we request that the recorders are informed no later than 45 minutes prior to the session start time. Complying with this request will keep the number of empty lanes to a minimum and this courtesy is appreciated.
12. No refund will be given for a withdrawal after the closing date.
13. Entries Fees are as follows:

Per Swim £6.50 (all swims up to and including 400m)

Per Swim £8.00 (for 800m & 1500m)

Coaches passes £20.00 to include poolside refreshments & lunch

Cheques should be made payable to **Tynemouth Amateur Swimming Club**

BACS – sort code 20-62-09 account 70947512 – please make ref your club code + Mar2022

Paper entries can be submitted to: TASC c/o 23 Kew Gardens, Whitley Bay, Newcastle, NE26 3LY
Mail to: tasccompsec@outlook.com

Electronic entries are to be submitted using Sport Systems. An event file is available from the Meet Manager. Entry times should be valid short course times. Converted times will be accepted.

14. All entries to swim must have an entry time for seeding purposes. Coaches realistic times are acceptable. Tynemouth ASC reserves the right to fill any empty places with its own eligible swimmers.
15. Coaches/Team Managers are responsible for ensuring competitors report to the marshalling area at the required time. Failure to report to marshalling in good time may result in elimination from the event.
16. Tynemouth ASC will not be responsible for any unaccompanied swimmers on the poolside. The responsibility falls with the club entering the swimmer, who should appoint a responsible individual to be on poolside.
17. Tynemouth ASC cannot be held responsible for loss or damage to spectators' or swimmers' property.
18. Access to pool-side will be restricted to swimmers, coaches, officials and authorised helpers in line with ASA Child Protection Policy.
19. The Lead Referee for this event will be: Paula Gibbons-Fewster
20. Spectator admission will be £4.00 per session. £7.00 for the day or a week-end pass - £12. Concessions will apply. Spectators may be restricted to 1 per family.
21. Our club website will provide information of any last-minute changes. www.tynemouthasc.co.uk . Alternatively, you can contact the Meet Manager via email: tasccompsec@outlook.com
22. The use of any photographic equipment (still, video or digital, including mobile phones with camera facilities) will not be allowed anywhere on the premises. Mobile phones must not be used anywhere on the premises.
23. By entering this gala, it is assumed a swimmer accepts these terms & conditions.
24. Any points not covered above will be at the discretion of the Meet Manager.

PLEASE NOTE: These conditions are subject to government guidance for Covid-19 at the time of the event and may be subject to change at short notice. Spectator numbers may be limited to adhere to North Tyneside Council maximum numbers for Tynemouth Pool. In the event that spectators are limited this will be on a 1 adult per swimmer basis.'

March Gala 2022

Upper Qualifying Times

Female						Event	Male					
9 Yrs	10 Yrs	11 Yrs	12 Yrs	13 Yrs	14+		9 Yrs	10 Yrs	11 Yrs	12 Yrs	13 Yrs	14+
34.00	32.00	30.00	29.00	28.00	26.50	50 Free	34.00	31.00	28.00	26.00	25.00	24.00
1.20.00	1.10.00	1.05.00	1.02.00	59.00	58.00	100 Free	1.18.00	1.08.00	1.00.00	58.00	55.00	53.00
2.44.00	2.28.00	2.19.00	2.12.00	2.07.00	2.05.00	200 Free	2.42.00	2.27.00	2.11.00	2.05.00	2.00.00	1.56.00
		5.00.00	4.43.00	4.34.00	4.35.00	400 Free			4.45.00	4.30.00	4.19.00	4.10.00
		8.45.00	8.40.00	8.35.00	8.30.00	800 Free			8.45.00	8.40.00	8.35.00	8.30.00
		16.45.00	16.40.00	16.35.00	16.30.00	1500 Free			16.45.00	16.40.00	16.35.00	16.30.00
39.00	37.00	35.00	33.00	31.00	30.00	50 Back	39.00	36.00	32.00	30.00	28.00	27.00
1.29.00	1.20.00	1.14.00	1.10.00	1.05.00	1.03.00	100 Back	1.28.00	1.19.00	1.08.00	1.04.00	1.01.00	58.00
3.02.00	2.47.00	2.35.00	2.27.00	2.20.00	2.17.00	200 Back	3.01.00	2.45.00	2.26.00	2.18.00	2.12.00	2.06.00
45.00	41.00	39.00	37.00	35.00	34.00	50 Brst	45.00	41.00	36.00	34.00	32.00	30.00
1.40.00	1.30.00	1.24.00	1.19.00	1.14.00	1.11.00	100 Brst	1.40.00	1.30.00	1.18.00	1.14.00	1.10.00	1.07.00
3.31.00	3.12.00	2.59.00	2.49.00	2.39.00	2.32.00	200 Brst	3.29.00	3.12.00	2.48.00	2.38.00	2.31.00	2.23.00
39.00	35.00	34.00	32.00	30.00	29.00	50 Fly	38.00	35.00	31.00	29.00	28.00	26.00
1.30.00	1.20.00	1.14.00	1.09.00	1.05.00	1.03.00	100 Fly	1.30.00	1.20.00	1.08.00	1.04.00	1.01.00	57.00
3.27.00	2.58.00	2.42.00	2.30.00	2.22.00	2.17.00	200 Fly	3.25.00	2.55.00	2.30.00	2.22.00	2.15.00	2.08.00
1.20.00	1.18.00	1.16.00	1.14.00	1.10.00	1.05.00	100 IM	1.20.00	1.18.00	1.16.00	1.14.00	1.10.00	1.05.00
3.07.00	2.50.00	2.39.00	2.30.00	2.24.00	2.21.00	200 IM	3.05.00	2.49.00	2.29.00	2.21.00	2.15.00	2.10.00
		5.40.00	5.20.00	5.06.00	5.00.00	400 IM			5.20.00	5.00.00	4.50.00	4.36.00

Swimmers must not have ranked times faster than the above in the time period since 1st September 2020