



Northumberland & Durham Long Course Swimming Championships - 2023 Qualifying Times

Boys						LONG COURSE	Girls					
10/11 years	12 years	13 years	14 years	15 years	16+ years		10/11 years	12 years	13 years	14 years	15 years	16+ years
00:38.50	00:35.00	00:31.50	00:30.00	00:29.00	00:27.00	50m Freestyle	00:38.00	00:34.50	00:31.50	00:31.00	00:30.50	00:30.00
01:28.00	01:19.00	01:09.00	01:05.00	01:02.50	00:58.50	100m Freestyle	01:27.50	01:17.00	01:08.50	01:07.00	01:06.00	01:05.00
03:20.00	02:52.00	02:32.00	02:21.00	02:18.00	02:10.00	200m Freestyle	03:16.00	02:49.00	02:29.00	02:26.50	02:22.50	02:20.00
06:30.00	06:10.00	05:20.00	05:00.00	04:50.00	04:37.00	400m Freestyle	07:10.00	06:25.00	05:13.00	05:07.00	04:58.00	04:52.00
---	12:45.00	11:00.00	10:30.00	10:30.00	10:30.00	800m Freestyle	---	12:45.00	11:30.00	11:00.00	10:30.00	10:30.00
---	23:00.00	20:00.00	19:00.00	19:00.00	19:00.00	1500m Freestyle	---	23:00.00	21:30.00	20:30.00	20:30.00	20:30.00
00:45.00	00:41.00	00:37.50	00:35.00	00:34.50	00:32.00	50m Backstroke	00:44.50	00:40.50	00:36.50	00:35.50	00:34.50	00:34.50
01:41.00	01:31.00	01:21.00	01:15.50	01:11.50	01:09.00	100m Backstroke	01:37.00	01:28.00	01:18.50	01:17.00	01:13.00	01:13.00
04:00.00	03:18.00	02:50.00	02:41.50	02:36.50	02:29.50	200m Backstroke	03:31.00	03:07.00	02:45.50	02:43.00	02:39.00	02:36.50
00:51.50	00:48.00	00:42.00	00:40.00	00:38.00	00:35.50	50m Breaststroke	00:52.00	00:45.00	00:42.00	00:40.00	00:39.50	00:39.00
01:57.00	01:43.00	01:32.50	01:27.00	01:23.00	01:18.00	100m Breaststroke	01:55.50	01:41.00	01:30.00	01:28.00	01:26.50	01:25.50
04:19.50	03:56.00	03:16.00	03:08.00	03:01.00	02:50.00	200m Breaststroke	04:10.50	03:39.00	03:14.00	03:09.00	03:09.00	03:07.00
00:48.00	00:42.00	00:35.50	00:33.00	00:32.00	00:30.00	50m Butterfly	00:46.50	00:38.50	00:34.00	00:33.50	00:33.00	00:32.00
01:50.00	01:42.00	01:20.50	01:14.00	01:13.00	01:06.50	100m Butterfly	01:47.00	01:32.00	01:19.50	01:17.00	01:14.00	01:13.00
04:00.00	03:40.00	03:09.00	02:50.00	02:47.00	02:38.00	200m Butterfly	03:50.00	03:30.00	03:06.00	03:00.00	02:57.00	02:56.00
04:00.00	03:25.00	02:50.00	02:41.00	02:37.00	02:26.00	200m Individual Medley	03:38.50	03:10.00	02:47.50	02:43.00	02:40.00	02:38.00
---	07:00.00	06:05.00	05:50.00	05:42.00	05:23.00	400m Individual Medley	---	07:00.00	06:10.00	05:58.00	05:54.50	05:50.00

Boys						SHORT COURSE CONVERTED	Girls					
10/11 years	12 years	13 years	14 years	15 years	16+ years		10/11 years	12 years	13 years	14 years	15 years	16+ years
00:38.00	00:34.40	00:30.80	00:29.30	00:28.30	00:26.20	50m Freestyle	00:37.40	00:33.90	00:30.80	00:30.30	00:29.80	00:29.30
01:27.00	01:17.90	01:07.80	01:03.70	01:01.10	00:57.10	100m Freestyle	01:26.50	01:15.90	01:07.30	01:05.70	01:04.70	01:03.70
03:18.20	02:50.00	02:29.70	02:18.50	02:15.50	02:07.30	200m Freestyle	03:14.20	02:46.90	02:26.60	02:24.10	02:20.00	02:17.50
06:26.40	06:06.20	05:15.60	04:55.30	04:45.10	04:31.90	400m Freestyle	07:06.70	06:21.30	05:08.50	05:02.40	04:53.30	04:47.20
---	12:37.40	10:51.20	10:20.80	10:20.80	10:20.80	800m Freestyle	---	12:37.40	11:21.60	10:51.20	10:20.80	10:20.80
---	22:44.90	19:42.70	18:41.80	18:41.80	18:41.80	1500m Freestyle	---	22:44.90	21:13.90	20:13.10	20:13.10	20:13.10
00:44.50	00:40.50	00:37.00	00:34.40	00:33.90	00:31.40	50m Backstroke	00:44.00	00:40.00	00:35.90	00:34.90	00:33.90	00:33.90
01:40.20	01:30.10	01:20.00	01:14.40	01:10.40	01:07.80	100m Backstroke	01:36.20	01:27.10	01:17.50	01:15.90	01:11.90	01:11.90
03:58.60	03:16.30	02:48.00	02:39.40	02:34.40	02:27.30	200m Backstroke	03:29.40	03:05.20	02:43.50	02:40.90	02:36.90	02:34.40
00:50.90	00:47.30	00:41.20	00:39.20	00:37.20	00:34.60	50m Breaststroke	00:51.40	00:44.30	00:41.20	00:39.20	00:38.70	00:38.20
01:55.90	01:41.80	01:31.10	01:25.50	01:21.50	01:16.40	100m Breaststroke	01:54.40	01:39.70	01:28.60	01:26.60	01:25.00	01:24.00
04:17.40	03:53.70	03:13.30	03:05.20	02:58.10	02:46.90	200m Breaststroke	04:08.40	03:36.60	03:11.30	03:06.20	03:06.20	03:04.20
00:47.60	00:41.50	00:35.00	00:32.40	00:31.40	00:29.40	50m Butterfly	00:46.10	00:38.00	00:33.40	00:32.90	00:32.40	00:31.40
01:49.30	01:41.20	01:19.50	01:13.00	01:12.00	01:05.30	100m Butterfly	01:46.30	01:31.20	01:18.50	01:16.00	01:13.00	01:12.00
03:58.70	03:38.60	03:07.30	02:48.10	02:45.10	02:36.00	200m Butterfly	03:48.60	03:28.50	03:04.30	02:58.20	02:55.20	02:54.20
03:58.30	03:23.10	02:47.70	02:38.50	02:34.50	02:23.30	200m Individual Medley	03:36.70	03:07.90	02:45.10	02:40.60	02:37.50	02:35.50
---	06:55.80	06:00.10	05:44.90	05:36.80	05:17.50	400m Individual Medley	---	06:55.80	06:05.20	05:53.10	05:49.50	05:44.90

The converted times above represent the published qualifying times converted from long course (50m) to short course (25m) using the online tool available at www.sportsys.co.uk.
 Note, it is possible to get a different result when a swimmers PB is converted from short course to long course and compared to the published long course times. If a swam time is within 1/10th of the converted time above we recommend the time from rakings is converted to long course and then compared to the top table above.