

Position: Assistant Performance Coach

(Performance, Performance 12 and Under, A Squad & B Squad)

South Tyneside ASC, Tyne And Wear

Job Type: Permanent

Date: January 2019

Competitive Salary 10 hours per week

South Tyneside Swimming Club has been established since 1979 and has served the community of South Tyneside helping swimmers achieve potential at County, Regional, National and International Level. We are currently looking to recruit an Assistant Performance Coach to continue our success at top level and ensure that the swimmers from our top three squads achieve their best potential.

Key Roles and Responsibilities

- Deliver sessions set by the coach and help swimmers improve and concentrate on technical areas and skills.
- Assist and deliver strength and conditioning sessions set by an external provider, paying due care and attention to correct techniques and safety.
- Assist the Head Coach in designing and implementing squad structure and criteria for movement between squads.
- Create a fun, motivational and beneficial working environment to recruit, sustain and develop all swimmers within your care.
- Occasionally attend, assist and coach at swim meets throughout the year.
- To follow and promote the ASA Codes of Ethics and Conduct, the Club's Code of Conduct, the ASA Child Safeguarding Policy and Procedures. Work in accordance with relevant pool EAP and NOP procedures and the Club's accident/incident procedures.

The Ideal Candidate

A Coach qualified to ASA UKCC Level 2 Coaching Swimming; committed to ongoing CPD and the Athlete Development Support Pathway. You will be capable of building relationships within the Club, schools and other clubs. You must have a current full UK driving license.

APPLY NOW!

If you feel you are the right person for this role, please email a covering letter in support of your application and CV to recruitment@stswim79.co.uk.

Closing date: 11 February 2019

JOB DESCRIPTION

Post Title: Assistant Performance Coach

Salary: Negotiable depending on experience and qualifications

Responsible to: Head Coach and South Tyneside Swimming Club Committee

Responsible for: Delivering and organising sessions along with the Squad Coach across Performance, Performance 12 and under, A Squad and B Squad. Delivering strength and conditioning sessions as set by an external provider.

Overall Objectives of the Post: Assisting the Squad Coaches with delivering sessions and taking sole charge of part of the groups as required. To motivate, develop, encourage and mentor swimmers to achieve their full potential.

Key Tasks of the Post:

- Deliver sessions set by the coach and help swimmers improve and concentrate on technical areas and skills.
- Assist and deliver strength and conditioning sessions set by an external provider, paying due care and attention to correct techniques and safety.
- Assist the Head Coach in designing and implementing squad structure and criteria for movement between squads.
- Occasionally attend, assist and coach at swim meets throughout the year as directed by the Head Coach.
- Working with coaches, teachers, Committee members, volunteers, parents and swimmers, to create a fun, motivational and beneficial environment to recruit, sustain and develop all swimmers within the squad.
- To attend coach meetings when requested.
- To follow and promote the ASA Codes of Ethics and Conduct, the Club's Code of Conduct, the ASA Child Safeguarding Policy and Procedures. Work in accordance with the relevant pool EAP and NOP procedures and the Club's accident/incident procedures.

All coaches have a responsibility to undertake training and development as required. They also have a responsibility to assist, where appropriate and necessary, with the training and development of fellow coaches.

All coaches have a responsibility of care for their own and others' health and safety.

The above list is not exhaustive and other duties may be attached to the post from time to time. Variation may also occur to the duties and responsibilities without changing the general character of the post.

PERSON SPECIFICATION: ASSISTANT PERFORMANCE COACH

Qualifications

	Essential	Desirable	Prepared to work towards
UKCC Level 1 Coaching Swimming or ASA Level 2 Teaching Swimming Certificate	X		
UKCC Level 2 Coaching Swimming or ASA Level 3 Club Coach Certificate	X		X
UKCC Level 1 Certificate in Strength & Conditioning/ Fitness		X	
Rescue Certificate for Swimming Teachers & Coaches		X	X
First Aid Qualification		X	X
DBS Checked	X		
Sports Coach UK Safeguarding & Protecting Children			X
Sports Coach UK Equality in your Coaching		X	
Sports Coach UK How to Coach Disabled People in Sport		X	
Holds an ASA Teacher/Coach Licence	X		
Member of IOS or BSCA		X	

Experience

	Essential	Desirable
Experience of coaching competitive swimming or substantial experience as a competitive swimmer	X	
Experience of teaching as a LEAD teacher		X
Experience of county, regional and national swimming		X
Experience of involvement in strength and conditioning, either personally or coaching	X	

Knowledge

	Essential	Desirable
An understanding of the ASA SwimMark framework		X
A thorough understanding of the ASA Athlete Development Support Pathway	X	
A thorough understanding of the ASA Learn To Swim Pathway for Teaching Swimming and its application		X
Regularly attends/is prepared to attend ASA CPD seminars	X	
Willing to update/develop current qualifications and knowledge	X	
Understanding of Health and Safety procedures	X	
Appropriate and demonstrable level of technical knowledge	X	
Ability to manage time effectively and efficiently	X	
Good communication and organisational skills	X	
Good IT skills		X