



South Tyneside Swim Team

Sprint Squad

Sprint Squad is designed for accomplished swimmers who either don't want to compete anymore and want to keep fit, or swimmers who can't commit to the long training hours of the top squads.

Train alongside South Tyneside Swim Team's top squads at Haven Point, South Shields.

Wednesday evening: 5pm – 7pm
Saturday morning: 7am – 9am

Squad fees - £30 per month

If you're interested please contact:

South Tyneside Swim Club Sprint Squad Coach – **Mark Bloxham: 07703401734**

Alternatively visit our website at – www.stswim79.co.uk
or email – contact@stswim79.co.uk

Where:

Haven Point
Pier Parade
South Shields
Tyne and Wear
NE33 2JS

When:

Wednesday evening: 5pm – 7pm
Saturday morning: 7am – 9am

swim21
Accredited

the asa
affiliated club