

NEWBURN ASC
New Year Graded Meet

Saturday 23rd January/Sunday 24th January 2010
Louisa Centre, Stanley

1. The meet will be swum under ASA Laws and Technical Rules and is licensed by ASANER [3NE0067].
 2. The pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available. It is the responsibility of coaches to ensure that the swim facility is used correctly – in the event that it is not, the pool will be closed.
 3. Colorado Timing will be in operation with scoreboard display. Times and places shown on the electronic scoreboard are for information only, and are not necessarily the official result.
 4. Events will be all strokes: 50m, 100m, 200m & 400M frontcrawl, 100IM, 200IM, 400IM. All events will be HDW. 9 Year old competitors are ineligible to swim 400M Front, 400 IM and all 100m events except 100IM.
 5. Upper & Lower limit times will apply. Swimmers entered on times faster than the qualifying time **will be excluded**. All entry times must be converted to 25m pool times by use of the ASA Conversion tables.
 6. Age Groups are 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs/over. **Age as at 24th January 2010.**
 7. Medals will be issued to the first six places in each age group and event as listed above.
 8. Entries **may** be limited to comply with Session limits. Should events be over-scribed, entries will be rejected on the basis of slowest submitted times within each age group. Poolside entries will only be accepted if there have been no rejections from the meet.
 9. Entry Fees £4.00 for disk entries (£4.50 paper entries) per event (to include 10p Licence Fee)
Coaches passes £12.00 to include full programme and meal. A full set of results will be e-mailed.
Cheques should be made payable to **Newburn ASC.**
 10. Payments should be returned to:

Gary Hardy
Newburn ASC
C/O Outer West Pool
West Denton Way
Newcastle upon Tyne
NE5 2QZ
- by the closing date of Friday 18th December 2009**
- Please enclose an SAE/email address, if you require confirmation of your entry being received.
11. Entries should be submitted on disk or entry form and should be e-mailed to Philip Powell – philip@blencathra.org.uk
 12. The meet is cardless. Seeded heat start lists will be produced prior to the start of each session. All entry withdrawal forms must be presented to the recorders no later than 30 minutes before the commencement of each session.
 13. Coaches/Team Managers are responsible for ensuring competitors report to the marshalling area at the required time. Failure to report to marshalling in good time may result in elimination from the event.
 14. For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where appropriate, over the top starts will be used during the meet. Swimmers are asked to remain in the water until asked to leave the pool.
 15. Access to pool-side will be restricted to swimmers, coaches, officials and authorised helpers in line with ASA Child Protection Policy.
 16. The use of any photographic equipment (still, video or digital including mobile phones with photo facilities) by members of the public is strictly prohibited by Derwentside Leisure Trust.
 17. The Lead Referee for this event will be: Sue Sim. The referee's decision is final
 18. Admission for spectators will be £4 for a full day, programmes £1- weekend £8(includes programme). Children, accompanied by adults, will be admitted free.
 19. A swimwear supplier will display over the weekend.
 20. Any points not covered above will be at the discretion of the meet manager.