

**MIDDLESBROUGH ASC**  
(Affiliated to N&DSA & asaNER)  
**9<sup>TH</sup> MIDDLESBROUGH OPEN**  
(Under asa Laws & Technical Rules)

**FRI 7 MAY / SAT 8 MAY / SUN 9 MAY 2010**  
**NEPTUNE POOL, MIDDLESBROUGH**

***This event is licensed new Level 2 by the asa for entry into national events & championships and regional championships – 2NE0041***

1. The Neptune Pool, Middlesbrough is an 8 lane, 25m pool with full Colorado electronic timing system. Warm up / swim-down pool will be in operation.
2. Events will be 100m all strokes, 200m all strokes, 200m Individual Medley and 400m Freestyle. All events will be Heat Declared Winners.
3. Age Groups are 9/10yrs, 11yrs, 12yrs, 13yrs then Boys 14yrs, 15/16yrs & 17/OVER and Girls 14/15yrs and 16/OVER.
4. **Ages as at 9 May 2010.**
5. Entry fees are £4.50 per swim (to include licence fee).
6. Entry forms should be returned to the Meet Manager by **3 April 2010**, enclosing fees and an A4 SAE for return of entry information. Payment should be made to Middlesbrough ASC. Electronic entry via Sportsystems Entry Manager is preferred – please contact the meet manager for file.
7. Entry times should be converted to 25m pool times by use of ASA Conversion Tables. In line with the licensing requirements, swimmers must have met the stated qualifying times for the meet.
8. Should entries be over-subscribed, entries will be rejected on basis of slowest submitted times within each age group.
9. The meet is cardless. All entry withdrawal forms must be presented in the records office no later than 45 minutes before the commencement of each session.
10. Trophies/medals/awards will be made for each event to the first eight in 9/10 combined age group and first six in all other age groups.
11. In each event, points will be awarded (9, 7, 6, 5, 4, 3, 2 and 1) to the first eight in each age group. These points will be totalled to decide Top Boy & Top Girl for each of the age groups.
12. A cash prize of **£60** will be awarded to the Top Boy & Top Girl in each age group. Additionally a **£30** cash prize will be awarded to the top 9 year old in 9/10 age group.
13. A **£10** Middlesbrough swimshop voucher will be awarded to any swimmer breaking an existing meet record.

14. Late entries / poolside entries will be at the discretion of the promoter. Swimmers competing on poolside entries will not be eligible for event awards or to count these events towards the Top Boy & Top Girl awards.
15. Swimmers will be permitted to compete for only one club during the meet.
16. Weekend coach passes cost £12.00 which includes programme, lunch tickets and results sheets. Coaches will not be permitted on poolside without the necessary pass.
17. Admission for spectators will be £5 for the full day. Children, accompanied by adults, will be admitted free. Full weekend tickets costing £10 may be purchased at the Friday evening session or can be requested with the club entries submission.
18. **Middlesbrough Skins** - Qualification for the Middlesbrough Skins events will be through the 200m Individual Medley events on Friday evening. Overall fastest eight male and female swimmers will compete in Open Skins and fastest six 9-12 boys and girls will compete in Junior Skins. Reserves will take up any unclaimed places. Each skin will start at 3 minute intervals and the stroke for each skin will be drawn by lot. **Cash prizes will be awarded to all finalists**, the prizes being £5, £10, £15, £20, £30, £50 in each of the Junior Skins and £5, £10, £15, £20, £25, £30, £50 and £100 in each of the Open Skins.
19. Over-the-top starts may be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.
20. Lead referee for the meet is Mrs S Drury.
21. Further information can be obtained from the Meet Manager:-

Graeme Smith  
2A Butterfield Drive  
Eaglescliffe  
Stockton-on-Tees  
TS16 0EQ

Tele 01642 652668  
[graemesmith57@ntlworld.com](mailto:graemesmith57@ntlworld.com)

Also see our website on [www.middlesbroughasc.co.uk](http://www.middlesbroughasc.co.uk)

**9<sup>TH</sup> MIDDLESBROUGH OPEN**  
**FRI/SAT/SUN 7 / 8/ 9 MAY 2010**

Age Groups :- (Age as at 9 May 2010)	Boys	9/10 years 11 years 12 years 13 years	14 years 15/16 years 17 yrs / over	Girls	9/10 years 11 years 12 years 13 years	14/15 years 16/over
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**ORDER OF EVENTS**

**SESSION 1 – FRIDAY 7 MAY 2010 5.30PM WARM UP, 6.30 PM START**

11. GIRLS 9yrs/over 200M INDIVIDUAL MEDLEY
12. BOYS 9yrs/over 200M INDIVIDUAL MEDLEY
13. GIRLS 10yrs/over 400M FREESTYLE
14. BOYS 10yrs/over 400M FREESTYLE

**SESSION 2 – SATURDAY 8 MAY 2010 9.00AM WARM UP, 10.00AM START**

21. BOYS 9-12 yrs 100M FREESTYLE
22. GIRLS 9-12 yrs 100M BUTTERFLY
23. BOYS 13yrs/over 100M BACKSTROKE
24. GIRLS 13yrs/over 100M BREASTSTROKE
25. BOYS 9-12 yrs 200M BUTTERFLY
26. GIRLS 9-12yrs 200M FREESTYLE
27. BOYS 13yrs/over 200M BREASTSTROKE
28. GIRLS 13yrs/over 200M BACKSTROKE
29. MIDDLESBROUGH OPEN MALE SKINS / JUNIOR GIRLS SKINS

**SESSION 3 – SATURDAY 8 MAY 2010 1.30PM WARM UP, 2.30 PM START**

31. BOYS 9-12 yrs 100M BACKSTROKE
32. GIRLS 9-12 yrs 100M BREASTSTROKE
33. BOYS 13yrs/over 100M FREESTYLE
34. GIRLS 13yrs/over 100M BUTTERFLY
35. BOYS 9-12 yrs 200M BREASTSTROKE
36. GIRLS 9-12 yrs 200M BACKSTROKE
37. BOYS 13yrs/over 200M BUTTERFLY
38. GIRLS 13yrs/over 200M FREESTYLE

**SESSION 4 – SUNDAY 9 MAY 2010 9.00AM WARM UP, 10.00AM START**

41. GIRLS 9-12 yrs 100M FREESTYLE
42. BOYS 9-12 yrs 100M BUTTERFLY
43. GIRLS 13yrs/over 100M BACKSTROKE
44. BOYS 13yrs/over 100M BREASTSTROKE
45. GIRLS 9-12 yrs 200M BUTTERFLY
46. BOYS 9-12 yrs 200M FREESTYLE
47. GIRLS 13yrs/over 200M BREASTSTROKE
48. BOYS 13yrs/over 200M BACKSTROKE
49. MIDDLESBROUGH OPEN FEMALE SKINS / JUNIOR BOYS SKINS

**SESSION 5 – SUNDAY 9 MAY 2010 1.30PM WARM UP, 2.30 PM START**

51. GIRLS 9-12 yrs 100M BACKSTROKE
52. BOYS 9-12 yrs 100M BREASTSTROKE
53. GIRLS 13yrs/over 100M FREESTYLE
54. BOYS 13yrs/over 100M BUTTERFLY
55. GIRLS 9-12 yrs 200M BREASTSTROKE
56. BOYS 9-12 yrs 200M BACKSTROKE
57. GIRLS 13yrs/over 200M BUTTERFLY
58. BOYS 13yrs/over 200M FREESTYLE

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**FEMALE ENTRIES**

Name	Date of Birth	100m Free	200m Free	400m Free	100m Back	200m Back	100m Breast	200m Breast	100m Butterfly	200m Butterfly	200m Ind Medley

Club \_\_\_\_\_ Total no of female entries \_\_\_\_\_

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**MALE ENTRIES**

Name	Date of Birth	100m Free	200m Free	400m Free	100m Back	200m Back	100m Breast	200m Breast	100m Butterfly	200m Butterfly	200m Ind Medley

Club \_\_\_\_\_ Total no of male entries \_\_\_\_\_

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**SUMMARY OF ENTRIES**

CLUB \_\_\_\_\_

CONTACT NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

TELE NO \_\_\_\_\_

E-MAIL \_\_\_\_\_

£

Female Entries \_\_\_\_\_ @ £4.50

Male Entries \_\_\_\_\_ @ £4.50

Coach Passes \_\_\_\_\_ @ £12.00

Weekend Tickets \_\_\_\_\_ @ £10.00

Total Entry Fee Enclosed \_\_\_\_\_

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