



Supported by Northumberland and Durham SA
Autumn Series 2010
Upper Limit Times

Male							Female							
9	10	11	12	13	14	15/over	Events	9	10	11	12	13	14/over	
							Freestyle							
41.00	37.00					27.50	50	41.00	37.00				31.00	
		1.16.00	1.13.00	1.08.00	1.03.00	1.01.00	100			1.17.00	1.11.50	1.10.00	1.06.50	
3.15.00	2.55.00	2.44.00	2.31.00	2.25.00	2.17.00	2.15.00	200	3.20.00	2.55.00	2.38.00	2.30.00	2.25.00	2.20.00	
	6.05.00	5.30.00	5.15.00	5.00.00	4.50.00	4.45.00	400		6.05.00	5.30.00	5.10.00	5.00.00	4.54.00	
	13.00.00	11.45.00	11.00.00	10.30.00	10.10.00	10.00.00	800		13.05.00	11.25.00	10.40.00	10.15.00	10.05.00	
		22.30.00	21.00.00	20.00.00	19.15.00	19.00.00	1500			22.00.00	20.40.00	19.50.00	19.25.00	
							Backstroke							
47.00	43.00					30.50	50	48.00	42.00				35.00	
		1.26.00	1.22.00	1.17.00	1.10.00	1.07.00	100			1.26.00	1.20.00	1.18.00	1.13.00	
3.40.00	3.16.00	3.05.00	2.55.00	2.42.00	2.38.00	2.35.00	200	3.39.00	3.12.00	3.00.00	2.51.00	2.45.00	2.42.00	
							Breaststroke							
54.00	49.00					34.50	50	54.00	48.00				39.00	
		1.38.00	1.33.00	1.27.00	1.24.00	1.16.00	100			1.38.00	1.31.00	1.28.50	1.22.00	
4.10.00	3.50.00	3.35.00	3.21.00	3.05.00	3.00.00	2.55.00	200	4.10.00	3.40.00	3.27.00	3.16.00	3.08.00	3.02.00	
							Butterfly							
46.50	41.50					29.50	50	47.00	41.00				33.50	
		1.26.00	1.22.00	1.16.50	1.13.50	1.06.00	100			1.26.00	1.20.00	1.18.00	1.12.00	
4.05.00	3.30.00	3.11.00	3.01.00	2.46.00	2.41.50	2.35.00	200	4.05.00	3.23.00	3.08.00	2.56.00	2.50.00	2.43.00	
							Ind. Medley							
1.45.00	1.34.00	1.30.00	1.25.00	1.18.00	1.13.50	1.12.00	100m	1.45.00	1.32.00	1.27.00	1.21.50	1.19.50	1.16.00	
3.45.00	3.20.00	3.10.00	2.57.00	2.45.00	2.35.00	2.35.00	200m	3.45.00	3.14.00	3.05.00	2.50.00	2.46.00	2.42.00	
	7.15.00	6.40.00	6.14.00	5.50.00	5.30.00	5.27.00	400m		7.00.00	6.30.00	6.00.00	5.50.00	5.42.00	