



City of Sunderland 2nd Long Course Open Meet - Long Course Qualifying Times

SAT 29 MAY/ SUN 30 MAY 2010

MALE	100 Free	200 Free	400 Free	100 Back	200 Back	100 Breast	200 Breast	100 Fly	200 Fly	200 IM	400 IM
11/under	1.17.00	2.45.00	5.35.00	1.30.00	3.08.00	1.38.00	3.30.00	1.25.00	3.12.00	3.10.00	6.40.00
12	1.15.00	2.40.00	5.25.00	1.27.00	3.00.00	1.36.00	3.22.00	1.22.00	3.00.00	2.58.00	6.20.00
13	1.13.00	2.33.00	5.14.00	1.21.00	2.50.00	1.29.00	3.12.00	1.19.00	2.53.00	2.55.00	5.56.00
14	1.11.00	2.25.00	5.05.00	1.18.00	2.46.00	1.25.00	3.01.00	1.16.00	2.45.00	2.47.00	5.40.00
15	1.08.00	2.19.00	4.49.00	1.15.00	2.41.00	1.22.00	2.55.00	1.12.00	2.39.00	2.39.00	5.30.00
16/over	1.03.00	2.14.00	4.41.00	1.12.00	2.33.00	1.19.00	2.50.00	1.09.00	2.32.00	2.33.00	5.22.00

50M fly, 50M back, 50M breast & 50M free are all open times

FEMALE	100 Free	200 Free	400 Free	100 Back	200 Back	100 Breast	200 Breast	100 Fly	200 Fly	200 IM	400 IM
11/under	1.19.00	2.51.00	5.45.00	1.30.00	3.11.00	1.41.00	3.33.00	1.28.00	3.12.00	3.14.00	6.50.00
12	1.16.00	2.42.00	5.35.00	1.27.00	3.01.00	1.36.00	3.24.00	1.25.00	3.00.00	3.00.00	6.15.00
13	1.14.00	2.35.00	5.22.00	1.22.00	2.54.00	1.31.00	3.15.00	1.21.00	2.55.00	2.55.00	6.00.00
14	1.11.00	2.32.00	5.15.00	1.19.00	2.49.00	1.29.00	3.08.00	1.19.00	2.48.00	2.50.00	5.50.00
15	1.09.00	2.30.00	5.05.00	1.17.00	2.46.00	1.26.00	3.05.00	1.16.00	2.45.00	2.48.00	5.47.00
16/over	1.08.00	2.28.00	5.00.00	1.16.00	2.44.00	1.26.00	3.03.00	1.15.00	2.45.00	2.48.00	5.45.00

50M fly, 50M back, 50M breast & 50M free are all open times