

**Scottish Gas National Swimming Open Championships**

Tollcross Park Leisure Centre, Glasgow – 1<sup>st</sup> July 2011

**Session 4 – Results**

**Event 201 Womens 200 Metre IM**

Snr. Record: 2:09.46		A	26/07/2009	Hannah Miley							
JSnr. Record: 2:17.48		B	17/12/2005	Hannah Miley							
Name	Yr	Club	Time	50	100	150	200				
<b>A - Final</b>											
1	Mireia Belmonte	90	Spain	2:13.87	29.49	1:04.10	1:42.42	2:13.87			
2	Emily Jones	95	Garioch	2:18.34	30.55	1:06.95	1:47.17	2:18.34			
3	Marina Garcia	94	Spain	2:18.61	30.99	1:08.22	1:46.04	2:18.61			
4	Judit Ignacio	94	Spain	2:18.66	29.14	1:05.16	1:47.78	2:18.66			
5	Eloise Barber	92	Carnegie	2:18.83	29.64	1:04.53	1:45.77	2:18.83			
6	Claudia Dasca	94	Spain	2:19.12	30.85	1:06.81	1:47.65	2:19.12			
7	Charlotte McKenzie	96	F.I.R.S.T.	2:21.04	29.54	1:04.77	1:47.48	2:21.04			
8	Lucy Gordon *	93	Co Newcastle	2:21.97	30.05	1:07.11	1:48.61	2:21.97			
9	Orla Adams	95	Garioch	2:24.81	31.80	1:08.37	1:50.73	2:24.81			
10	Jennifer Dobson	93	Warrender	2:25.89	31.78	1:08.10	1:50.71	2:25.89			
<b>B - Final</b>											
11	Rachael O'Donnell	96	Carnegie	2:23.49	30.77	1:08.08	1:51.28	2:23.49			
12	Kayrine Kelly	95	F.I.R.S.T.	2:24.48	30.95	1:08.36	1:51.20	2:24.48			
13	Steph Blakeburn	94	Billingham	2:25.14	31.26	1:08.23	1:53.03	2:25.14			
14	Raquel Matos	96	East Lothian	2:25.39	30.48	1:07.74	1:50.75	2:25.39			
15	Jessica Christie	96	South Aberde	2:26.20	31.00	1:09.04	1:53.43	2:26.20			
16	Lorna Cummins	90	Sundays Well	2:26.24	30.67	1:09.38	1:52.25	2:26.24			
17	Kristie Hackett	95	Co Birm'ham	2:27.00	31.28	1:09.10	1:53.81	2:27.00			
18	Elinor Spencer	95	Highland	2:27.94	30.98	1:09.80	1:53.35	2:27.94			
19	Nicole Wilson	91	Warrender	2:29.09	30.73	1:08.81	1:54.00	2:29.09			
20	Hayley Monteith	94	Co Aberdeen	2:31.58	31.61	1:10.38	1:54.29	2:31.58			

**Event 202 Mens 400 Metre Freestyle**

Snr. Record: 3:46.75		A	26/07/2009	Robbie Renwick								
JSnr. Record: 4:00.66		B	03/07/2004	Robbie Renwick								
Name	Yr	Club	Time	50	100	150	200	250	300	350	400	
<b>A - Final</b>												
1	Robbie Renwick	88	Co Glasgow	3:52.03	27.05	57.17	1:27.13	1:57.00	2:26.70	2:56.04	3:24.75	3:52.03
2	Lewis Smith	88	Warrender	3:52.57	B27.25	56.75	1:26.57	1:56.46	2:25.51	2:54.49	3:23.89	3:52.57
3	Josh Walsh	91	Blackburn	3:54.03	B27.07	56.92	1:26.61	1:56.69	2:26.25	2:55.99	3:25.52	3:54.03
4	Martin Cremin	91	StirlingSwim	3:59.85	B28.08	58.11	1:28.72	1:59.10	2:29.82	3:00.08	3:30.51	3:59.85
5	Stephen Milne	94	Perth City	4:01.53	27.84	58.05	1:28.66	1:59.51	2:30.37	3:01.77	3:32.44	4:01.53
6	Ernesto Crox	90	Venezuela	4:05.41	27.29	57.39	1:28.18	1:59.32	2:30.53	3:02.08	3:33.97	4:05.41
7	Andrew Donaldson	91	Co Glasgow	4:05.92	27.79	58.38	1:29.49	2:01.42	2:31.70	3:03.78	3:35.23	4:05.92
8	William Jolly	91	Co Newcastle	4:07.95	28.21	59.64	1:31.01	2:02.96	2:34.37	3:06.34	3:38.27	4:07.95
9	Lewis Steptoe	94	Nova Cent'n	4:10.41	28.04	59.56	1:31.11	2:02.94	2:34.57	3:07.30	3:39.23	4:10.41
10	Jamie McKinley	93	Co Glasgow	4:13.05	27.91	58.79	1:31.14	2:03.85	2:36.65	3:09.11	3:41.67	4:13.05
<b>B - Final</b>												
11	Cameron Smith	92	Edinburgh Un	4:05.97	28.35	59.52	1:30.86	2:02.26	2:33.26	3:04.30	3:35.26	4:05.97
12	Ian Porteous	90	Co Glasgow	4:06.16	27.96	58.27	1:28.90	2:00.27	2:31.59	3:03.13	3:34.98	4:06.16
13	Callum Ross *	90	StirlingSwim	4:08.32	28.02	58.22	1:29.96	2:01.39	2:33.09	3:05.26	3:36.99	4:08.32
14	Brendan Hyland	94	Tallagt Irl	4:10.26	28.63	1:00.18	1:31.58	2:03.45	2:35.54	3:07.78	3:39.53	4:10.26
15	Karl Morgan	95	Nova Cent'n	4:12.68	28.88	1:00.42	1:32.34	2:04.40	2:36.39	3:08.99	3:41.96	4:12.68
16	Robert Bryce	94	Garioch	4:12.90	29.04	1:00.98	1:33.21	2:06.06	2:38.11	3:10.79	3:42.49	4:12.90
17	Stuart McIntosh	93	Co Aberdeen	4:14.78	29.33	1:00.79	1:33.09	2:05.97	2:37.89	3:10.47	3:43.32	4:14.78
18	Alexander Hunter	96	Nova Cent'n	4:15.57	29.00	1:00.83	1:33.04	2:05.42	2:38.21	3:11.10	3:44.00	4:15.57
19	Scott Jackson	94	Co Glasgow	4:20.24	28.91	1:01.00	1:33.87	2:07.23	2:40.30	3:14.17	3:47.45	4:20.24
20	Jack Cobain	94	Portmarnock I	4:21.91	29.48	1:01.80	1:35.07	2:08.89	2:42.31	3:15.91	3:49.62	4:21.91

**Scottish Gas National Swimming Open Championships**Tollcross Park Leisure Centre, Glasgow – 1<sup>st</sup> July 2011**Session 4 – Results****Event 203 Womens 100 Metre Breaststroke**

**Snr. Record:** 1:07.67 **A** 26/03/2007 **Kirsty Balfour**  
**JSnr. Record:** 1:11.35 **B** 29/07/2000 **Kirsty Balfour**

Name	Yr	Club	Time	50	100
<b>A - Final</b>					
1 Marina Garcia	94	Spain	1:09.79	33.45	1:09.79
2 Kerry Buchan	87	Edinburgh Un	1:11.15	B33.47	1:11.15
3 Emma Bird	91	Nova Cent'n	1:11.31	B34.31	1:11.31
4 Kathryn Johnstone	90	Edinburgh Un	1:11.69	33.08	1:11.69
5 Rachael Wilson	88	Derwentside	1:11.85	33.73	1:11.85
6 Corrie Scott	93	South Lanark	1:11.86	33.29	1:11.86
7 Sarra Lajnef	89	Tunisia	1:12.10	34.04	1:12.10
8 Emily Jones	95	Garioch	1:12.37	34.32	1:12.37
9 Hayley Monteith	94	Co Aberdeen	1:14.36	35.21	1:14.36
10 Rebecca Barsby	93	Nova Cent'n	1:16.58	35.74	1:16.58

<b>B - Final</b>					
11 Amber Brewer	96	Co Bristol	1:16.41	35.99	1:16.41
12 Emma Bainbridge	91	Derwentside	1:16.55	36.06	1:16.55
13 Orla Adams	95	Garioch	1:16.68	35.90	1:16.68
14 Raquel Matos	96	East Lothian	1:16.90	36.13	1:16.90
15 Lorna Macdonald	89	Derwentside	1:17.23	35.92	1:17.23
16 Rebekah Wilson	93	B.E.S.T.	1:17.42	36.40	1:17.42
17 Rosie Wynne	97	Sth Ayrshire	1:17.59	36.59	1:17.59
18 Hannah Soutar	94	Heart Of Mid	1:17.60	36.39	1:17.60
19 Kirsty Paterson	93	B.E.S.T.	1:17.90	36.83	1:17.90
20 Amy-Jo Bellany	94	South Aberde	1:18.60	37.03	1:18.60

**Event 204 Mens 100 Metre Backstroke**

**Snr. Record:** 54.22 **A** 01/04/2008 **Gregor Tait**  
**JSnr. Record:** 59.11 **B** 28/07/2003 **Scott Houston**

Name	Yr	Club	Time	50	100
<b>A - Final</b>					
1 Guido Guilherme	87	Brazil	55.55	26.61	55.55
2 Juan Miguel Rando	88	Spain	55.61	B26.90	55.61
3 Craig McNally	92	Warrender	57.13	B28.48	57.13
4 Kieran McGuckin	90	Edinburgh Un	57.42	B27.77	57.42
5 Taki Mrabet	89	Tunisia	58.73	B28.39	58.73
6 Andrew Donaldson	91	Co Glasgow	58.75	B28.78	58.75
7 Callum Shaw	91	Edinburgh Un	58.86	B29.02	58.86
8 Kyle Barrett	90	Ealing	59.35	28.68	59.35
9 Graeme Lyons	86	West Dunbart	59.58	28.86	59.58
10 Andrew McGovern	92	Co Aberdeen	1:00.16	28.77	1:00.16

<b>B - Final</b>					
11 Stephen Milne	94	Perth City	59.67	29.48	59.67
12 Max Litchfield	95	Donc Dartes	1:00.14	29.58	1:00.14
13 Harry Needs	92	Nova Cent'n	1:00.54	29.91	1:00.54
14 Ross Woolley	92	Edinburgh Un	1:00.64	29.66	1:00.64
15 Ross McCafferty	92	South Lanark	1:00.66	29.30	1:00.66
16 Melako Coker	93	Ealing	1:00.79	29.16	1:00.79
17 Connor Wilson	93	Warrender	1:01.05	29.95	1:01.05
18 Callum Hillicks	91	Crawley	1:01.28	29.95	1:01.28
19 Timothy McGovern	95	Co Aberdeen	1:01.67	29.98	1:01.67
--- Michael McGovern	91	Dun City Aqu	DQ		

**Event 205 Womens 200 Metre Backstroke**

**Snr. Record:** 2:12.66 **A** 27/06/2008 **Hannah Miley**

**JSnr. Record:** 2:14.80 **B** 05/08/2004 **Lorna Smith**

Name	Yr	Club	Time	50	100	150	200
<b>A - Final</b>							
1 Georgia Hohmann	94	Nova Cent'n	2:11.92	31.42	1:04.61	1:38.17	2:11.92
2 Natasha Hofton	95	Nova Cent'n	2:13.31	B31.83	1:05.93	1:40.11	2:13.31
3 Katie Avramova	91	Ealing	2:14.09	B31.88	1:06.04	1:40.61	2:14.09
4 Charlotte McKenzie	96	F.I.R.S.T.	2:17.08	31.69	1:07.04	1:42.73	2:17.08
5 Natalie Durant	90	Ealing	2:18.04	32.85	1:07.49	1:43.03	2:18.04
6 Kirsty Simpson	96	Dun City Aqu	2:21.79	33.29	1:08.75	1:46.02	2:21.79
7 Flora Hanson *	94	Warrender	2:22.32	34.18	1:10.16	1:46.15	2:22.32
8 Emma Smith	96	Co Birm'ham	2:22.43	33.20	1:08.53	1:45.63	2:22.43
9 Hannah Meek	96	Nova Cent'n	2:22.65	34.37	1:10.43	1:46.65	2:22.65
10 Ellie Brisbane	95	Fife Perf	2:23.88	33.68	1:10.52	1:47.47	2:23.88

**B - Final**

11 Chelsea Lawson	96	Carnegie	2:19.96	32.11	1:08.44	1:45.24	2:19.96
12 Lucy Hope	97	B.E.S.T.	2:22.51	33.33	1:09.48	1:46.92	2:22.51
13 Emma Cassidy	94	Sundays Well	2:23.09	32.74	1:08.53	1:45.40	2:23.09
14 Claire Moir	94	South Aberde	2:23.75	33.75	1:10.11	1:47.26	2:23.75
15 Lucy Corden	96	Co Birm'ham	2:23.94	33.72	1:09.69	1:47.16	2:23.94
16 Orla Adams	95	Garioch	2:26.84	34.86	1:11.98	1:49.42	2:26.84
17 Heather Richardson	95	Hartlepool	2:27.03	34.58	1:12.02	1:49.64	2:27.03
18 Shannon Dodson	97	Donc Dartes	2:27.25	34.14	1:11.81	1:49.94	2:27.25
19 Nicole Wilson	91	Warrender	2:29.21	34.39	1:11.07	1:50.08	2:29.21

**Event 206 Mens 200 Metre Butterfly**

**Snr. Record:** 1:57.24 **A** 31/07/2009 **Iain MacMillan**

**JSnr. Record:** 2:03.96 **B** 03/12/2005 **Stuart Houston**

Name	Yr	Club	Time	50	100	150	200
<b>A - Final</b>							
1 Iain Macmillan	86	Edinburgh Un	1:58.89 <b>B</b>	27.34	57.59	1:28.06	1:58.89
2 Andrew Mayor *	86	Co Newcastle	2:00.16	B26.22	56.40	1:27.94	2:00.16
3 Calum McGhee	91	North Lanark	2:05.66	27.91	1:00.16	1:32.66	2:05.66
4 Ross Muir	91	F.I.R.S.T.	2:07.11	29.19	1:00.91	1:33.78	2:07.11
5 Luke Howdle	94	Nova Cent'n	2:07.52	29.02	1:01.44	1:34.86	2:07.52
6 Christopher Dove	92	Derwentside	2:08.07	28.21	1:01.11	1:33.96	2:08.07
7 Mark Szaranek	95	Carnegie	2:08.32	28.12	1:01.12	1:35.30	2:08.32
8 Cian Duffy	94	Galway Irl	2:10.08	29.51	1:02.23	1:36.35	2:10.08
9 Brendan Hyland	94	Tallaght Irl	2:10.25	28.55	1:02.07	1:36.39	2:10.25
10 Jack Cobain	94	Portmarnock I	2:12.70	29.34	1:03.09	1:37.21	2:12.70

**B - Final**

11 Eamon Rivers	92	Perth City	2:10.87	27.96	1:01.93	1:36.75	2:10.87
12 Sam Munkley	91	Co Newcastle	2:10.91	28.24	1:00.77	1:35.29	2:10.91
13 David Smith	93	Garioch	2:12.90	30.00	1:03.83	1:38.67	2:12.90
14 Jordan Hughes	96	N Ayrshire	2:14.21	30.03	1:04.71	1:39.53	2:14.21
15 Ramsay Elfendi	94	F.I.R.S.T.	2:14.61	29.78	1:03.44	1:38.88	2:14.61
16 Mark Steeples	92	Co Aberdeen	2:15.05	29.86	1:03.95	1:39.06	2:15.05
17 Aidan Smith	94	Nova Cent'n	2:15.31	30.30	1:04.75	1:40.11	2:15.31
18 Lee Emmerson	95	Dumfries	2:15.71	29.09	1:02.86	1:38.99	2:15.71
19 Matthew Anderson	96	Warrender	2:16.70	29.93	1:05.34	1:40.85	2:16.70
20 Chris Lowther	95	Dumfries	2:18.63	31.55	1:06.67	1:42.70	2:18.63

**Scottish Gas National Swimming Open Championships**Tollcross Park Leisure Centre, Glasgow – 1<sup>st</sup> July 2011**Session 4 – Results****Event 207 Womens 50 Metre Freestyle****SSnr. Record:** 24.68 **A** 01/08/2002 **Alison Sheppard****JSnr. Record:** 26.12 **B** 17/03/2009 **Sara Hamilton****Name** **Yr** **Club** **Time****A - Final**

1	Georgina Heyn	84	Ealing	25.93	*5	Lucy Ellis	93	StirlingSwim	27.01
2	Maria Fuster	85	Spain	26.12	7	Eloise Barber	92	Carnegie	27.26
3	Jessica Sylvester	87	Nova Cent'n	26.32	8	Rona Plowman	94	Highland	27.52
4	Mercedes Peris	85	Spain	26.61	9	Judit Ignacio	94	Spain	27.65
*5	Sara Hamilton	94	South Aberde	27.01	10	Steph Blakeburn	94	Billingham	27.96

**B - Final**

11	Kirstin McKinley	95	Milngavie &b	27.22	16	Aisling Cooney	90	Esb Irl	27.75
12	Sarah Eaglesham	92	Edinburgh Un	27.28	17	Jessica Christie	96	South Aberde	27.91
13	Lauren Averell	95	Milngavie &b	27.47	18	Rachael O'Donnell	96	Carnegie	28.19
14	Rachel Martin	95	Nova Cent'n	27.59	19	Elinor Spencer	95	Highland	28.20
15	Kirsty Simpson	96	Dun City Aqu	27.74	20	Tiffany Bachelet	97	Warrender	28.69

**Event 208 Mens 50 Metre Breaststroke****Snr. Record:** 28.07 **A** 28/07/2009 **Kris Gilchrist****JSnr. Record:** 30.19 **B** 08/12/2007 **Douglas Scott****Name** **Yr** **Club** **Time****A - Final**

1	Douglas Scott	91	South Lanark	28.89	6	Jamie Ross	87	StirlingSwim	29.23
2	Georgios Syrianos	89	Ealing	28.92	7	Euan Inglis	93	Co Aberdeen	29.53
3	Joseph Welstead	90	StirlingSwim	28.97	8	Mark Tully	92	East Lothian	29.60
4	Jamie Graham	93	Co Glasgow	29.08	9	Taki Mrabet	89	Tunisia	29.80
5	Andrew Rodgie	88	Edinburgh Un	29.15	10	Ross Murdoch	94	West Dunbart	30.13

**B - Final**

11	Matt Nicholson	91	Loughboro Un	29.64	16	Cameron Brown	89	StirlingSwim	29.95
12	Dan Wallace	93	Warrender	29.68	17	Scott Wilcox	93	B.E.S.T.	30.27
13	Mark Campbell	91	Co Aberdeen	29.74	18	Chris Kerr	93	Warrender	30.64
14	Daniel Scott	90	Co Glasgow	29.76	19	Richard Spoor	92	Co Birm'ham	30.85
15	Ross Clark	87	Dun City Aqu	29.85	20	James Yule	94	South Aberde	31.06

**Event 209 Womens 800 Metre Freestyle****Snr. Record:** 8:33.40 **A** 09/06/2007 **Caitlin McClatchey****JSnr. Record:** 8:55.22 **B** 03/12/2006 **Megan Gilchrist**

Name	Yr	Club	Time	50	100	150	200	250	300	350	400	
				450	500	550	600	650	700	750	800	
1	Rebecca Adlington	89	Nova Cent'n	8:23.46 A	29.68	1:01.07	1:32.94	2:04.90	2:36.60	3:08.29	3:40.14	4:12.24
				4:43.32	5:14.57	5:46.11	6:17.94	6:49.52	7:21.55	7:53.11	8:23.46	
2	Mireia Belmonte	90	Spain	8:30.94	A30.02	1:01.58	1:33.67	2:05.85	2:37.89	3:10.39	3:42.41	4:14.64
				4:46.47	5:18.96	5:51.02	6:23.70	6:55.62	7:28.05	7:59.84	8:30.94	
3	Megan Gilchrist	90	Armadale	8:38.96	B31.16	1:03.57	1:36.35	2:09.11	2:42.22	3:15.01	3:48.07	4:20.76
				4:53.51	5:26.11	5:58.81	6:31.14	7:03.73	7:35.90	8:08.02	8:38.96	
4	Claudia Dasca	94	Spain	8:41.29	B30.64	1:02.98	1:35.64	2:08.17	2:41.00	3:13.75	3:46.57	4:19.50
				4:52.40	5:25.19	5:57.94	6:30.92	7:03.87	7:36.82	8:09.52	8:41.29	
5	Aisha Thornton *	91	Loughboro Un	8:48.03	B29.84	1:01.68	1:34.54	2:07.34	2:40.46	3:13.63	3:46.94	4:19.91
				4:53.92	5:27.11	6:00.86	6:34.27	7:07.83	7:41.69	8:15.03	8:48.03	
6	Camilla Hattersley	95	Perth City	8:59.09	31.21	1:04.64	1:38.18	2:12.26	2:45.76	3:19.96	3:53.72	4:28.49
				5:02.46	5:36.67	6:10.16	6:44.58	7:18.75	7:53.12	8:26.77	8:59.09	
7	Helen McRoberts	91	Warrender	9:05.70	31.25	1:04.53	1:37.69	2:11.64	2:45.16	3:19.35	3:53.33	4:27.87
				5:02.13	5:37.09	6:11.42	6:46.85	7:21.61	7:56.69	8:31.54	9:05.70	
8	Kayrine Kelly	95	F.I.R.S.T.	9:13.14	31.60	1:06.15	1:40.97	2:15.79	2:50.64	3:25.71	4:00.55	4:35.51
				5:10.30	5:45.21	6:20.19	6:54.96	7:29.84	8:05.05	8:39.42	9:13.14	
9	Rebecca Murray	97	F.I.R.S.T.	9:14.98	31.59	1:06.00	1:40.91	2:15.74	2:50.91	3:26.03	4:01.18	4:36.00
				5:10.96	5:46.18	6:21.07	6:56.11	7:31.24	8:06.37	8:41.29	9:14.98	

**Scottish Gas National Swimming Open Championships**Tollcross Park Leisure Centre, Glasgow – 1<sup>st</sup> July 2011**Session 4 – Results****Event 209 Womens 800 Metre Freestyle (continued)**

10	Francesca Hay	96	Nova Cent'n	9:15.19	31.67	1:05.16	1:39.65	2:14.11	2:49.16	3:23.93	3:59.20	4:34.09
					5:09.62	5:44.51	6:20.22	6:55.07	7:30.52	8:05.62	8:41.00	9:15.19
11	Amy Fraser	94	B.E.S.T.	9:23.21	31.49	1:05.29	1:39.56	2:14.33	2:49.77	3:25.32	4:01.14	4:37.26
					5:13.10	5:49.16	6:24.92	7:01.02	7:36.57	8:12.53	8:48.07	9:23.21
12	Molly Savill	95	Wandsworth	9:24.61	31.45	1:05.95	1:41.28	2:16.25	2:51.66	3:26.88	4:02.55	4:38.14
					5:13.98	5:49.98	6:26.28	7:02.02	7:38.54	8:14.74	8:50.32	9:24.61
13	Rebecca Smith	96	Highland	9:26.59	32.27	1:07.56	1:43.22	2:19.30	2:54.90	3:31.09	4:07.12	4:43.35
					5:19.22	5:54.70	6:30.10	7:05.60	7:41.40	8:16.96	8:52.16	9:26.59
14	Mhairi High	97	Ren 96	9:27.52	31.79	1:06.54	1:41.88	2:18.10	2:53.63	3:29.81	4:05.28	4:41.41
					5:17.94	5:54.46	6:30.62	7:06.88	7:42.58	8:18.96	8:53.72	9:27.52
15	Gillian Clark	96	East Lothian	9:27.95	31.77	1:06.61	1:42.21	2:17.97	2:52.93	3:28.33	4:03.91	4:39.40
					5:15.05	5:50.91	6:26.87	7:03.49	7:40.07	8:16.72	8:53.49	9:27.95
16	Kim Figgins	95	South Lanark	9:29.74	32.27	1:06.91	1:42.79	2:18.41	2:54.39	3:30.11	4:06.39	4:42.46
					5:18.28	5:53.78	6:30.29	7:05.96	7:42.58	8:18.33	8:54.64	9:29.74
17	Sophie Bridgman	95	Co Birm'ham	9:32.77	31.82	1:06.33	1:42.27	2:18.11	2:54.50	3:30.42	4:07.05	4:42.81
					5:18.94	5:55.40	6:32.17	7:08.28	7:45.02	8:21.77	8:57.96	9:32.77
18	Jessica Christie	96	South Aberde	9:32.80	31.31	1:06.56	1:41.82	2:17.68	2:53.19	3:29.03	4:04.94	4:41.38
					5:17.70	5:54.73	6:31.03	7:07.90	7:44.39	8:21.01	8:57.69	9:32.80
19	Chelsea Lawson	96	Carnegie	9:32.83	31.15	1:05.78	1:41.18	2:16.89	2:52.92	3:29.56	4:06.19	4:42.59
					5:19.53	5:56.08	6:32.62	7:09.36	7:45.53	8:22.03	8:58.25	9:32.83
20	Megan Donnelly	94	Milngavie &b	9:33.52	32.17	1:07.36	1:43.27	2:19.11	2:55.30	3:31.50	4:08.06	4:45.04
					5:21.56	5:58.53	6:35.50	7:12.50	7:48.62	8:25.13	9:00.22	9:33.52
21	Lydia New	97	Co Birm'ham	9:38.91	32.28	1:06.87	1:43.07	2:19.16	2:55.65	3:32.62	4:09.29	4:46.08
					5:23.18	6:00.04	6:37.00	7:13.73	7:50.54	8:27.19	9:03.70	9:38.91
22	Shannon McClelland	95	Dumfries	9:38.95	32.92	1:08.70	1:45.30	2:21.80	2:58.18	3:34.62	4:11.58	4:48.13
					5:24.49	6:01.52	6:38.25	7:14.62	7:50.58	8:26.83	9:03.47	9:38.95

**Event 210 Mens 4x200 Metre Freestyle Relay**

Snr. Record: 7:14.40		A	18/03/2006	National	Team							
JSnr. Record: 8:08.76		B	12/04/1992	National	Team							
Team		Time	50	100	150	200	250	300	350	400	800	
				450	500	550	600	650	700	750		
1	Co Glasgow	A	7:34.63 B	26.87	56.29	1:25.56	1:54.46	2:21.21	2:51.06	3:20.24	3:49.25	
	1) Alasdair Stirling 93		2) Andrew Donaldson 91		4:15.53	4:44.33	5:14.23	5:44.14	6:09.25	6:37.23	7:05.89	7:34.63
2	Edinburgh Un	A	7:39.76	B27.76	57.09	1:26.29	1:54.00	2:20.46	2:49.36	3:19.90	3:50.42	
	1) Iain Macmillan 86		2) Kieran McGuckin 90		4:17.09	4:46.66	5:16.61	5:46.42	6:11.98	6:40.38	7:10.35	7:39.76
3	Warrender	A	7:47.01	B26.65	55.52	1:24.06	1:52.42	2:19.99	2:50.08	3:20.76	3:50.95	
	1) Lewis Smith 88		2) Connor Wilson 93		4:18.73	4:48.99	5:19.89	5:50.53	6:18.05	6:48.53	7:18.94	7:47.01
4	Co Aberdeen	A	8:01.53	B26.93	57.98	1:30.07	2:01.48	2:29.34	3:00.30	3:31.54	4:02.70	
	1) Euan Inglis 93		2) Stuart McIntosh 93		4:28.75	4:58.94	5:30.66	6:02.44	6:28.83	6:59.26	7:30.40	8:01.53
5	Perth City	A	8:02.08	B27.26	57.64	1:29.47	2:01.14	2:28.85	2:59.42	3:30.95	4:00.80	
	1) Graeme Hunter 89		2) Eamon Rivers 92		4:29.04	5:00.34	5:33.33	6:05.63	6:31.80	7:01.38	7:32.54	8:02.08
6	Carnegie	J	8:15.17	28.92	1:00.42	1:33.85	2:06.17	2:33.52	3:04.60	3:38.28	4:10.48	
	1) Lewis Kirby 95		2) Blair Hershaw 95		4:38.28	5:10.43	5:44.59	6:18.03	6:44.94	7:14.55	7:45.49	8:15.17
7	F.I.R.S.T.	A	8:22.04	27.97	59.80	1:33.34	2:06.50	2:35.54	3:06.98	3:39.20	4:11.56	
	1) Dale McAnish 96		2) Ramsay Elfendi 94		4:39.82	5:11.11	5:43.65	6:15.53	6:44.02	7:16.21	7:49.41	8:22.04



**Event 210 Mens 4x200 Metre Freestyle Relay (continued)**

8	Co Aberdeen	B	8:22.25	27.85	59.84	1:32.83	2:07.73	2:36.11	3:09.66	3:42.51	4:15.90		
	1) <i>Charlie Watson 94</i>				4:43.78	5:15.95	5:48.90	6:21.63	6:48.74	7:19.70	7:51.17	8:22.25	
	2) <i>William Broadhurst 95</i>												
	3) <i>Daniel Smith 95</i>												
	4) <i>Timothy McGovern 95</i>												
9	South Lanark	A	8:24.34	27.95	59.12	1:31.07	2:01.93	2:31.28	3:05.30	3:39.20	4:12.31		
	1) <i>Jack McComish 95</i>				4:40.97	5:14.17	5:47.88	6:21.31	6:48.25	7:19.51	7:51.76	8:24.34	
	2) <i>Jack Mollison 95</i>												
	3) <i>Michael Allison 94</i>												
	4) <i>Ross McCafferty 92</i>												
10	F.I.R.S.T.	B	8:25.46	28.11	58.18	1:29.01	2:00.04	2:29.31	3:01.11	3:35.14	4:08.84		
	1) <i>Ross Muir 91</i>				4:38.56	5:11.57	5:44.89	6:17.60	6:45.94	7:17.56	7:51.63	8:25.46	
	2) <i>Stuart Knight 95</i>												
	3) <i>Duncan Scott 97</i>												
	4) <i>Ian Elrick 96</i>												
11	Warrender	J	8:28.93	28.19	59.44	1:31.31	2:02.03	2:31.77	3:05.23	3:39.12	4:12.06		
	1) <i>Daniel Lim 96</i>				4:40.19	5:11.70	5:44.91	6:18.81	6:48.01	7:20.69	7:54.51	8:28.93	
	2) <i>Matthew Anderson 96</i>												
	3) <i>Daniel McGregor 97</i>												
	4) <i>David Colley 96</i>												
12	South Aberde	J	8:42.53	29.53	1:02.83	1:37.39	2:10.85	2:40.36	3:14.82	3:50.29	4:22.76		
	1) <i>Joe Steel 96</i>				4:51.40	5:23.99	5:57.80	6:30.25	6:59.43	7:32.57	8:07.46	8:42.53	
	2) <i>Daniel Green 96</i>												
	3) <i>Brad Arthur 96</i>												
	4) <i>Christopher Yule 96</i>												
13	Co Glasgow	J	8:47.48	29.57	1:01.98	1:36.09	2:09.43	2:39.52	3:12.50	3:47.40	4:22.02		
	1) <i>Kieran Izzett 96</i>				4:51.96	5:25.51	6:01.10	6:35.99	7:05.30	7:38.12	8:13.23	8:47.48	
	2) <i>Ian Phillips 95</i>												
	3) <i>Fraser Ross 96</i>												
	4) <i>Stephen Dale 95</i>												
14	South Lanark	J	8:49.55	29.71	1:03.17	1:38.58	2:11.83	2:42.36	3:15.54	3:50.46	4:24.42		
	1) <i>Cameron Park 97</i>				4:54.26	5:28.32	6:03.94	6:39.27	7:09.41	7:43.23	8:17.20	8:49.55	
	2) <i>Declan McGallagly 95</i>												
	3) <i>Daniel Costello 96</i>												
	4) <i>Cameron Watkins 97</i>												
15	North Lanark	A	9:03.60	30.66	1:05.71	1:41.15	2:16.64	2:45.93	3:20.35	3:55.59	4:30.17		
	1) <i>Craig Addyman 96</i>				5:00.46	5:34.93	6:10.92	6:46.66	7:15.76	7:50.18	8:27.55	9:03.60	
	2) <i>Graeme McKinney 95</i>												
	3) <i>Daniel Fisher 97</i>												
	4) <i>Ross Brown 95</i>												