

Event 301 Mens 200 Metre IM

Snr. Record: 1:59.15

A 01/04/2008 **Gregor Tait**

Jnr. Record: 2:07.85

B 31/07/2009 **Dan Wallace**

Name	Yr	Club	Time	50	100	150	200
A Final							
1 Lewis Smith	88	Warrender	2:02.74	26.87	57.83	1:33.50	2:02.74
2 Taki Mrabet	89	Tunisia	2:04.64	26.36	57.74	1:34.35	2:04.64
3 Conor Barrett	90	Ealing	2:06.29	26.43	58.71	1:36.09	2:06.29
4 Ross Muir	91	F.I.R.S.T.	2:06.93	28.22	59.84	1:35.53	2:06.93
5 James Thomson	89	Edinburgh Un	2:07.10	27.65	1:00.09	1:36.75	2:07.10
6 Mark Szaraneck	95	Carnegie	2:08.84	27.34	1:00.90	1:38.63	2:08.84
7 Max Litchfield	95	Donc Dartes	2:08.96	27.78	1:00.60	1:39.16	2:08.96
8 Jamie Graham	93	Co Glasgow	2:09.25	27.25	1:00.86	1:37.93	2:09.25
9 Cian Duffy	94	Galway Irl	2:10.18	28.33	1:01.82	1:40.14	2:10.18
10 Ross Woolley	92	Edinburgh Un	2:10.39	27.68	1:00.59	1:37.88	2:10.39

B - Final

11 Cameron Smith	92	Edinburgh Un	2:11.70	28.21	1:02.48	1:41.47	2:11.70
12 Euan Inglis	93	Co Aberdeen	2:12.65	29.25	1:04.29	1:40.97	2:12.65
13 Brendan Hyland	94	Tallaght Irl	2:13.59	28.30	1:03.33	1:43.33	2:13.59
14 Murray Lawrence	93	Warrender	2:13.87	29.57	1:05.26	1:43.34	2:13.87
15 Joe Lipworth	93	Dun City Aqu	2:14.05	28.54	1:02.70	1:41.15	2:14.05
16 Ryan Archibald	92	Warrender	2:14.32	28.40	1:02.79	1:42.29	2:14.32
17 Richard Spoor	92	Co Birm'ham	2:15.09	28.68	1:05.20	1:42.63	2:15.09
18 Stuart McIntosh	93	Co Aberdeen	2:15.44	28.93	1:02.37	1:43.48	2:15.44
19 Roy Cameron	90	West Dunbart	2:16.29	28.65	1:04.06	1:44.13	2:16.29
20 Craig Bowman	96	Carnegie	2:17.32	27.83	1:02.83	1:44.84	2:17.32

Event 302 Womens 400 Metre Freestyle

Snr. Record: 4:07.02

A 17/06/2005 **Caitlin McClatchey**

Jnr. Record: 4:19.54

B 09/08/2005 **Hannah Miley**

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
A Final											
1 Sasha Matthews	91	Nova Cent'n	4:14.51	28.83	1:00.81	1:33.93	2:07.08	2:38.77	3:10.52	3:42.29	4:14.51
2 Claire Dawson	87	StirlingSwim	4:16.16	29.89	1:02.07	1:34.22	2:06.81	2:38.94	3:11.29	3:44.09	4:16.16
3 Aisha Thornton *	91	Loughboro Un	4:18.25	29.74	1:02.06	1:34.64	2:07.41	2:40.26	3:13.33	3:45.81	4:18.25
4 Natalie Durant	90	Ealing	4:22.90	30.27	1:03.00	1:36.64	2:10.27	2:44.11	3:17.08	3:50.84	4:22.90
5 Camilla Hattersley	95	Perth City	4:24.92	30.41	1:04.09	1:37.53	2:11.63	2:45.06	3:19.11	3:52.42	4:24.92
6 Helen McRoberts	91	Warrender	4:26.82	31.03	1:04.31	1:37.46	2:11.19	2:44.79	3:19.02	3:53.20	4:26.82
7 Rachel Martin	95	Nova Cent'n	4:28.68	30.30	1:03.68	1:37.37	2:11.56	2:45.64	3:20.13	3:54.57	4:28.68
8 Marina Garcia	94	Spain	4:28.83	30.77	1:04.66	1:39.03	2:13.80	2:47.76	3:21.97	3:55.83	4:28.83
9 Nichola Lamb	93	Fife Perf	4:28.99	31.03	1:05.09	1:38.91	2:12.73	2:46.95	3:21.32	3:55.64	4:28.99
10 Flora Hanson *	94	Warrender	4:34.55	32.65	1:06.71	1:40.96	2:15.15	2:49.24	3:24.50	3:59.93	4:34.55
B - Final											
11 Rebecca Murray	97	F.I.R.S.T.	4:29.15	30.93	1:04.67	1:38.73	2:13.19	2:47.28	3:21.65	3:55.99	4:29.15
12 Kirstin McKinley	95	Milngavie &b	4:30.01	30.37	1:03.45	1:37.54	2:12.05	2:44.37	3:19.94	3:55.86	4:30.01
13 Francesca Hay	96	Nova Cent'n	4:30.62	31.44	1:05.38	1:39.63	2:14.19	2:48.23	3:22.89	3:57.12	4:30.62
14 Amy Fraser	94	B.E.S.T.	4:31.90	31.63	1:05.46	1:40.17	2:14.25	2:49.03	3:23.61	3:58.76	4:31.90
15 Elinor Spencer	95	Highland	4:32.16	30.72	1:05.05	1:40.17	2:14.73	2:49.23	3:23.48	3:57.75	4:32.16
16 Orla Adams	95	Garioch	4:33.74	31.24	1:05.28	1:39.66	2:14.75	2:49.33	3:24.44	3:59.27	4:33.74
17 Molly Redford	96	Dun City Aqu	4:36.43	31.28	1:05.84	1:41.37	2:16.75	2:52.26	3:28.12	4:03.22	4:36.43
18 Abbie Houston	95	Dumfries	4:36.88	31.91	1:06.89	1:42.02	2:17.89	2:53.43	3:28.70	4:03.42	4:36.88
19 Kristie Hackett	95	Co Birm'ham	4:37.44	31.56	1:06.12	1:40.81	2:16.38	2:51.82	3:27.80	4:03.01	4:37.44
20 Jessica Christie	96	South Aberde	4:38.61	31.23	1:05.67	1:41.21	2:16.60	2:52.21	3:28.03	4:03.88	4:38.61

Session 6 – Results

Event 303 Mens 100 Metre Breaststroke

Snr. Record:		A	17/03/2009	Kris Gilchrist		
Jnr. Record:		B	20/12/2007	Douglas Scott		
Name	Yr	Club	Time	50	100	
A Final						
1	Michael Jamieson	88	Edinburgh Un	1:02.59	29.23	1:02.59
2	Douglas Scott	91	South Lanark	1:03.32	29.83	1:03.32
3	Andrew Willis	90	Bracknell	1:03.53	29.94	1:03.53
4	Jamie Ross	87	StirlingSwim	1:03.70	30.26	1:03.70
5	Jamie Graham	93	Co Glasgow	1:04.04	29.95	1:04.04
6	Joseph Welstead	90	StirlingSwim	1:04.38	29.53	1:04.38
7	Andrew Rodgie	88	Edinburgh Un	1:04.57	30.11	1:04.57
8	Georgios Syrianos	89	Ealing	1:04.85	29.34	1:04.85
9	Matt Nicholson	91	Loughboro Un	1:05.28	30.72	1:05.28
10	Euan Inglis	93	Co Aberdeen	1:07.22	30.67	1:07.22
B - Final						
11	James Yule	94	South Aberde	1:06.11	31.01	1:06.11
12	Mark Tully	92	East Lothian	1:06.51	30.28	1:06.51
*13	Chris Kerr	93	Warrender	1:07.20	30.99	1:07.20
*13	Scott Wilcox	93	B.E.S.T.	1:07.20	31.29	1:07.20
15	Richard Spoor	92	Co Birm'ham	1:07.48	32.12	1:07.48
16	Connor Wilson	93	Warrender	1:08.48	32.28	1:08.48
17	Mark Campbell	91	Co Aberdeen	1:09.26	30.09	1:09.26
18	Murray Lawrence	93	Warrender	1:09.59	33.04	1:09.59
19	Louis Oliver	95	Co Birm'ham	1:10.10	32.49	1:10.10
20	Jack Thorpe	94	Milngavie &b	1:10.11	33.05	1:10.11

Event 304 Womens 100 Metre Backstroke

Snr. Record:		A	03/08/2004	Lorna Smith		
Jnr. Record:		B	03/08/2004	Lorna Smith		
Name	Yr	Club	Time	50	100	
A Final						
1	Katie Avramova	91	Ealing	1:01.46	29.93	1:01.46
2	Mercedes Peris	85	Spain	1:02.23	30.18	1:02.23
3	Aisling Cooney	90	Esb Irl	1:02.66	30.97	1:02.66
4	Georgia Hohmann	94	Nova Cent'n	1:03.08	30.91	1:03.08
5	Natasha Hofton	95	Nova Cent'n	1:03.28	30.98	1:03.28
6	Charlotte McKenzie	96	F.I.R.S.T.	1:03.71	30.83	1:03.71
7	Holly Lynch	92	Co Birm'ham	1:05.56	31.36	1:05.56
8	Emma Cassidy	94	Sundays Well	1:06.49	32.37	1:06.49
9	Kirsty Simpson	96	Dun City Aqu	1:06.60	32.30	1:06.60
10	Claire Moir	94	South Aberde	1:06.71	32.21	1:06.71
B - Final						
11	Chelsea Lawson	96	Carnegie	1:05.32	32.00	1:05.32
12	Lucy Hope	97	B.E.S.T.	1:06.03	32.15	1:06.03
13	Sara Hamilton	94	South Aberde	1:06.80	32.39	1:06.80
14	Grace Branagan	95	Templeogue I	1:06.91	32.45	1:06.91
15	Ellie Brisbane	95	Fife Perf	1:06.98	32.74	1:06.98
16	Jennifer Dobson	93	Warrender	1:07.02	32.29	1:07.02
17	Emma Smith	96	Co Birm'ham	1:07.33	32.67	1:07.33
18	Flora Hanson *	94	Warrender	1:07.73	32.84	1:07.73
19	Emma Stewart	96	East Lothian	1:09.12	33.57	1:09.12
20	Julie Williams	96	Milngavie &b	1:09.13	33.12	1:09.13

Event 305 Mens 200 Metre Backstroke

Snr. Record:		A	03/04/2008		Gregor Tait			
Jnr. Record:		B	30/07/2003		Scott Houston			
Name	Yr	Club	Time	50	100	150	200	
A Final								
1	Ryan Bennett	90	Preston	2:00.32	28.42	58.50	1:29.12	2:00.32
2	Juan Miguel Rando	88	Spain	2:04.09	27.79	58.95	1:31.21	2:04.09
3	Craig McNally	92	Warrender	2:04.66	29.70	1:01.74	1:34.24	2:04.66
4	Ross Muir	91	F.I.R.S.T.	2:06.71	30.71	1:01.87	1:34.46	2:06.71
5	Andrew Donaldson	91	Co Glasgow	2:08.16	29.76	1:02.69	1:35.41	2:08.16
6	Andrew McGovern	92	Co Aberdeen	2:09.72	29.26	1:01.51	1:35.94	2:09.72
7	Callum Shaw	91	Edinburgh Un	2:09.79	29.12	1:02.17	1:36.43	2:09.79
8	Max Litchfield	95	Donc Dartes	2:09.91	30.39	1:03.53	1:37.18	2:09.91
9	Finn Taylor	93	Co Bristol	2:10.64	30.96	1:03.92	1:37.22	2:10.64
10	Ross McCafferty	92	South Lanark	2:12.20	30.25	1:03.22	1:37.77	2:12.20
B - Final								
11	Lee Emmerson	95	Dumfries	2:11.75	31.88	1:06.62	1:40.55	2:11.75
12	Ross Woolley	92	Edinburgh Un	2:12.25	31.10	1:04.87	1:38.75	2:12.25
13	Jordan Lamb	96	Fife Perf	2:12.43	30.70	1:03.98	1:38.62	2:12.43
14	Stuart McIntosh	93	Co Aberdeen	2:13.27	31.72	1:05.99	1:39.77	2:13.27
15	Connor Wilson	93	Warrender	2:16.07	31.41	1:05.25	1:41.22	2:16.07
16	Craig Bowman	96	Carnegie	2:16.41	32.03	1:07.07	1:43.24	2:16.41
17	Cian Duffy	94	Galway Irl	2:16.49	32.15	1:06.83	1:41.89	2:16.49
18	Jamie Clarke	96	Donc Dartes	2:16.94	32.68	1:08.03	1:43.13	2:16.94
19	Timothy McGovern	95	Co Aberdeen	2:17.77	31.39	1:06.19	1:41.86	2:17.77
20	Jack Cobain	94	Portmarnock I	2:18.16	32.08	1:07.06	1:44.04	2:18.16

Event 306 Womens 200 Metre Butterfly

Snr. Record:		A	19/03/2009		Hannah Miley			
Jnr. Record:		B	01/05/2009		Bryony Campbell			
Name	Yr	Club	Time	50	100	150	200	
A Final								
1	Mireia Belmonte	90	Spain	2:08.14	29.59	1:02.80	1:35.58	2:08.14
2	Judit Ignacio	94	Spain	2:10.34	29.74	1:03.19	1:36.91	2:10.34
3	Jessica Dickons	90	Edinburgh Un	2:10.91	29.70	1:02.89	1:36.96	2:10.91
4	Jessica Sylvester	87	Nova Cent'n	2:14.57	29.85	1:04.29	1:39.05	2:14.57
5	Claudia Dasca	94	Spain	2:15.38	31.61	1:06.12	1:40.93	2:15.38
6	Lorna Cummins	90	Sundays Well	2:17.45	30.42	1:05.18	1:40.56	2:17.45
7	Kayrine Kelly	95	F.I.R.S.T.	2:19.98	30.93	1:06.58	1:43.01	2:19.98
8	Faye Pinder	96	South Tyne	2:20.62	31.80	1:06.42	1:43.11	2:20.62
9	Gillian Clark	96	East Lothian	2:22.18	30.73	1:06.23	1:44.25	2:22.18
10	Hannah Meek	96	Nova Cent'n	2:24.09	32.64	1:09.12	1:46.06	2:24.09
B - Final								
11	Megan Donnelly	94	Milngavie &b	2:23.89	31.57	1:07.81	1:45.88	2:23.89
12	Lucy Gordon *	93	Co Newcastle	2:24.26	31.57	1:07.89	1:45.93	2:24.26
13	Nicole Wilson	91	Warrender	2:25.27	33.15	1:09.69	1:47.65	2:25.27
14	Alix Eastham	95	Eyemouth	2:25.41	32.09	1:08.33	1:47.47	2:25.41
15	Amy Fraser	94	B.E.S.T.	2:25.47	32.59	1:09.42	1:47.27	2:25.47
16	Rebecca Smith	96	Highland	2:25.68	33.22	1:10.17	1:48.24	2:25.68
17	Mhairi High	97	Ren 96	2:25.69	33.23	1:10.27	1:47.94	2:25.69
18	Lottie McRae	95	Lincoln Vulc	2:26.35	32.57	1:10.18	1:48.17	2:26.35
19	Elizabeth Hughes	94	Co Aberdeen	2:27.39	31.96	1:09.24	1:47.59	2:27.39
20	Kim Figgins	95	South Lanark	2:29.56	32.48	1:10.90	1:49.96	2:29.56

**Scottish Gas National Swimming Open Championships**Tollcross Park Leisure Centre, Glasgow – 2nd July 2011**Session 6 – Results****Event 307 Mens 50 Metre Freestyle****Snr. Record:** 22.86 **A** 16/06/2011 **Richard Schafers****Jnr. Record:** 24.17 **B** 16/03/2009 **Alasdair Stirling**

Name	Yr	Club	Time	Name	Yr	Club	Time
A Final				B - Final			
1 Richard Shafers	91	Edinburgh Un	22.63	11 Daniel Scott	90	Co Glasgow	24.06 B
2 Rafael Munoz	88	Spain	22.99	12 Conor McGhee	94	Highland	24.17 B
3 Jak Scott	91	StirlingSwim	23.57	13 Cameron Brown	89	StirlingSwim	24.28
4 Taki Mrabet	89	Tunisia	23.80	14 Peter Stewart	92	Dun City Aqu	24.45
5 Robbie Renwick	88	Co Glasgow	23.87	15 Karl Morgan	95	Nova Cent'n	24.55
6 Alasdair Stirling	93	Co Glasgow	23.89	16 Jack Thorpe	94	Milingavie &b	24.58
7 Guido Guilherme	87	Brazil	24.02	17 Tom Parris	91	Hastings	24.62
8 Kyle Barrett	90	Ealing	24.07	18 Mark Szaranek	95	Carnegie	24.72
9 Jamie Coulter	93	Edinburgh Un	24.38	19 Graeme Hunter	89	Perth City	24.76
--- Tsubasa Nakagawa	92	Co Leicester	DQ	20 Alex Dawson	91	StirlingSwim	25.07

Event 308 Womens 50 Metre Breaststroke**Snr. Record:** 31.92 **A** 03/07/2007 **Kirsty Balfour****Jnr. Record:** 32.98 **B** 17/05/2008 **Corrie Scott**

Name	Yr	Club	Time	Name	Yr	Club	Time
A Final				B - Final			
1 Georgina Heyn	84	Ealing	32.16	11 Shona Booth	89	Perth City	34.83
2 Marina Garcia	94	Spain	32.22	12 Caitlin Toofill	96	Co Aberdeen	34.99
3 Kathryn Johnstone	90	Edinburgh Un	32.69	13 Rebecca Barsby	93	Nova Cent'n	35.12
4 Corrie Scott	93	South Lanark	32.81	14 Elinor Spencer	95	Highland	35.53
5 Rachael Wilson	88	Derwentside	33.01	*15 Victoria Gourlay	92	South Lanark	35.55
6 Kerry Buchan	87	Edinburgh Un	33.57	*15 Hannah Ward	93	Dun City Aqu	35.55
7 Hayley Monteith	94	Co Aberdeen	33.59	*17 Rosie Wynne	97	Sth Ayrshire	35.65
8 Sarra Lajnef	89	Tunisia	34.40	*17 Shannon McClelland	95	Dumfries	35.65
9 Emma Bird	91	Nova Cent'n	34.56	19 Jennifer Rogerson	93	StirlingSwim	35.99
10 Lorna Macdonald	89	Derwentside	35.30	20 Hannah Soutar	94	Heart Of Mid	36.33

Event 309 Mens 800 Metre Freestyle**Snr. Record:** 7:51.12 **A** 22/07/2001 **Graeme Smith****Jnr. Record:** 8:23.42 **B** 06/08/2010 **Stephen Milne**

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
1 Lewis Smith	88	Warrender	8:04.75	28.08	58.46	1:29.00	1:59.43	2:29.93	3:00.45	3:31.49	4:02.11
				4:32.75	5:03.57	5:34.03	6:04.48	6:35.08	7:05.68	7:35.70	8:04.75
2 Martin Cremin	91	StirlingSwim	8:16.85	28.08	58.56	1:29.42	2:00.08	2:31.11	3:02.05	3:33.11	4:04.47
				4:35.67	5:07.32	5:39.03	6:10.74	6:42.52	7:14.51	7:46.13	8:16.85
3 Stephen Milne	94	Perth City	8:22.71	28.31	58.72	1:29.41	2:00.30	2:31.36	3:02.85	3:34.40	4:06.29
				4:38.22	5:10.34	5:42.79	6:14.92	6:47.40	7:20.02	7:51.96	8:22.71
4 Ian Porteous	90	Co Glasgow	8:36.39	28.79	1:00.24	1:31.69	2:03.87	2:36.14	3:09.12	3:41.83	4:15.11
				4:47.83	5:20.60	5:53.84	6:27.24	6:59.97	7:33.24	8:05.25	8:36.39
5 Mark Deans	94	Co Glasgow	9:00.97	29.26	1:02.37	1:36.72	2:11.05	2:44.85	3:18.76	3:53.25	4:27.30
				5:01.71	5:35.81	6:10.22	6:44.75	7:19.45	7:53.63	8:28.01	9:00.97

Event 310 Womens 4x100 Metre Freestyle Relay

Snr. Record: 3:46.08		A	03/08/2002	National	Team					
Jnr. Record: 4:02.35		B	26/06/2010	South	Aberdeenshire					
Team		Time	50	100	150	200	250	300	350	400
1 Edinburgh Un 1) Eleanor Brooke 91	A	3:56.13	29.58	1:00.85	1:28.40	1:59.13	2:27.89	2:58.63	3:26.17	3:56.13
		2) Sarah Eaglesham 92		3) Kerry Buchan 87		4) Kathryn Johnstone 90				
2 South Aberde 1) Rachel Masson 95	A	3:58.44	28.45	59.00	1:27.92	1:59.76	2:28.22	2:59.84	3:27.66	3:58.44
		2) Claire Moir 94		3) Jessica Christie 96		4) Sara Hamilton 94				
3 Milngavie &b 1) Kirstin McKinley 95	A	3:59.51	28.30	58.84	1:26.94	1:57.84	2:26.73	2:58.52	3:27.42	3:59.51
		2) Lauren Averell 95		3) Holly Shearer 94		4) Megan Donnelly 94				
4 Carnegie 1) Rachael O'Donnell 96	A	4:01.75	28.85	59.23	1:28.70	2:00.68	2:30.28	3:02.35	3:30.26	4:01.75
		2) Chelsea Lawson 96		3) Zoe Mitchell 96		4) Eloise Barber 92				
5 F.I.R.S.T. 1) Charlotte McKenzie 96	J	4:03.63	28.54	59.98	1:29.02	2:01.02	2:30.87	3:03.44	3:32.15	4:03.63
		2) Kayrine Kelly 95		3) Rebecca Murray 97		4) Julie Hunter 96				
6 Warrender 1) Tiffany Bachelet 97	A	4:03.94	29.32	1:01.10	1:30.91	2:02.37	2:31.78	3:04.19	3:33.20	4:03.94
		2) Jennifer Dobson 93		3) Camille Brash 94		4) Nicole Wilson 91				
7 East Lothian 1) Joanna Whitelaw 96	J	4:04.66	29.24	1:01.44	1:30.11	2:02.74	2:31.26	3:03.44	3:32.74	4:04.66
		2) Gillian Clark 96		3) Rachel Sharples 96		4) Emma Stewart 96				
8 Dun City Aqu 1) Hannah Ward 93	A	4:08.09	29.44	1:02.38	1:31.76	2:04.33	2:33.62	3:07.32	3:35.95	4:08.09
		2) Ellie Finlayson 95		3) Molly Redford 96		4) Kirsty Simpson 96				
9 B.E.S.T. 1) Jessica Wilcox 95	A	4:08.95	30.15	1:02.28	1:31.87	2:03.36	2:33.31	3:04.80	3:35.53	4:08.95
		2) Lucy Hope 97		3) Amy Fraser 94		4) Kirsty Armstrong 99				
10 East Lothian 1) Kirsty Hunter 96	B	4:10.13	29.36	1:01.79	1:31.29	2:04.62	2:33.12	3:06.51	3:36.55	4:10.13
		2) Caitlin Hamilton 97		3) Raquel Matos 96		4) Jennifer Ritchie 96				
11 South Lanark 1) Lindsay Bloomer 93	A	4:11.37	30.50	1:03.52	1:34.39	2:07.82	2:38.89	3:11.70	3:40.16	4:11.37
		2) Ailsa McNab 94		3) Victoria Gourlay 92		4) Corrie Scott 93				
12 North Lanark 1) Leanna Marshall 94	A	4:12.21	29.70	1:01.11	1:30.85	2:03.76	2:33.51	3:07.37	3:37.86	4:12.21
		2) Hannah Coats 94		3) Lynn Macarthur 94		4) Natasha Searle 95				
13 Highland 1) Rebecca Smith 96	A	4:13.39	30.70	1:04.95	1:33.97	2:06.35	2:34.59	3:06.42	3:37.87	4:13.39
		2) Elinor Spencer 95		3) Rona Plowman 94		4) Heather Winfield 94				
14 Dumfries 1) Abbie Houston 95	A	4:14.80	29.91	1:02.66	1:32.43	2:06.81	2:37.35	3:11.31	3:41.68	4:14.80
		2) Morven Clements 96		3) Terri Johnston 95		4) Shannon McClelland 95				
15 Co Aberdeen 1) Caitlin Tootill 96	A	4:15.36	30.51	1:02.93	1:33.59	2:07.63	2:37.27	3:11.29	3:41.69	4:15.36
		2) Elizabeth Hughes 94		3) Zoe Grant 97		4) Hayley Monteith 94				
16 Co Glasgow 1) Victoria Milburn 95	J	4:15.70	30.79	1:03.84	1:34.11	2:07.49	2:37.96	3:11.63	3:42.00	4:15.70
		2) Rhona Stewart 95		3) Zoe Scott 96		4) Yong Chin Breslin 96				
17 Ren 96 1) Connie Mackay 95	J	4:16.20	30.47	1:03.28	1:34.80	2:10.00	2:41.53	3:14.89	3:44.02	4:16.20
		2) Katie James 96		3) Mhairi High 97		4) Rhiannon Gilkes 97				
18 Perth City 1) Shona Booth 89	A	4:16.65	30.05	1:03.59	1:34.62	2:09.61	2:41.14	3:16.53	3:45.44	4:16.65
		2) Sandie Smillie 96		3) Emily Home 97		4) Camilla Hattersley 95				
19 StirlingSwim 1) Jennifer Rogerson 93	A	4:16.79	30.88	1:03.90	1:33.71	2:06.26	2:37.48	3:13.09	3:44.05	4:16.79
		2) Rosie Ogg 90		3) Katinka Merchan 92		4) Stephanie Hanley 92				
20 Warrender 1) Alice Bumstead 95	J	4:17.95	30.60	1:03.10	1:33.97	2:06.88	2:38.54	3:12.88	3:43.38	4:17.95
		2) Megan Briggs 97		3) Kirsty Niblock 96		4) Megan Wilson 96				
21 Sth Ayrshire 1) Hanna Smith 96	A	4:20.24	30.72	1:03.45	1:35.05	2:11.41	2:42.45	3:17.36	3:47.65	4:20.24
		2) Nicole Duffy 94		3) Gillian Graham 96		4) Rosie Wynne 97				
22 South Lanark 1) Kim Figgins 95	J	4:24.73	31.38	1:04.54	1:36.12	2:10.83	2:42.83	3:18.17	3:49.30	4:24.73
		2) Emma Christie 96		3) Maya Andrew 96		4) Alyson Henderson 97				

Session 6 – Results

Event 310 Womens 4x100 Metre Freestyle Relay (continued)

23	Alloa	J	4:27.01	31.29	1:04.46	1:34.97	2:08.39	2:41.06	3:16.75	3:50.19	4:27.01
	1) Shannon Sinclair 96		2) Rebecca Hay 98		3) Lauren Anderson 96		4) Eilidh Nimmo 97				
24	StirlingSwim	J	4:30.41	31.51	1:06.58	1:39.56	2:16.56	2:48.48	3:24.69	3:55.17	4:30.41
	1) Cara Smith 97		2) Ella Shilliday 98		3) Emma Rose Mason 97		4) Claire Wilson 95				

Event 311 Mens 4x100 Metre Freestyle Relay

Snr. Record:	3:20.70	A	04/10/2010	National	Team						
Jnr. Record:	3:40.96	B	08/04/2011	Carnegie							
Team	Time	50	100	150	200	250	300	350	400		
1 Co Glasgow	A	3:25.80	25.18	51.70	1:16.16	1:43.75	2:08.72	2:36.06	2:59.83	3:25.80	
1) Alasdair Stirling 93		2) Daniel Scott 90		3) Andrew Donaldson 91		4) Robbie Renwick 88					
2 Edinburgh Un	A	3:26.38	24.95	52.32	1:16.90	1:43.72	2:08.69	2:35.92	2:59.59	3:26.38	
1) Kieran McGuckin 90		2) Iain Macmillan 86		3) Alistair Brown 89		4) Richard Shafers 91					
3 Dun City Aqu	A	3:35.52	25.71	54.26	1:19.83	1:47.75	2:13.38	2:41.57	3:07.07	3:35.52	
1) Peter Stewart 92		2) Ross Clark 87		3) Michael McGovern 91		4) Jamie Wilmshurst 92					
4 Perth City	A	3:35.92	25.59	53.25	1:18.50	1:46.94	2:13.43	2:43.51	3:08.62	3:35.92	
1) Eamon Rivers 92		2) Graeme Hunter 89		3) Ewan Simpson 95		4) Stephen Milne 94					
5 Warrender	A	3:37.51	26.91	54.56	1:19.74	1:47.38	2:13.50	2:41.62	3:07.76	3:37.51	
1) Craig McNally 92		2) Lewis Smith 88		3) Connor Wilson 93		4) Ryan Archibald 92					
6 StirlingSwim	A	3:37.75	25.69	53.35	1:18.86	1:46.80	2:13.03	2:42.70	3:09.17	3:37.75	
1) Cameron Brown 89		2) Joseph Welstead 90		3) Alex Dawson 91		4) Martin Cremin 91					
7 Co Aberdeen	A	3:38.92	26.28	54.82	1:21.29	1:50.60	2:16.08	2:45.63	3:10.73	3:38.92	
1) Andrew McGovern 92		2) Stuart McIntosh 93		3) Euan Inglis 93		4) Mark Campbell 91					
8 Carnegie	J	3:41.88	25.84	53.54	1:19.70	1:49.31	2:16.03	2:45.90	3:12.33	3:41.88	
1) Mark Szaranek 95		2) Blair Hershaw 95		3) Lewis Kirby 95		4) Myles Hershaw 95					
9 South Lanark	A	3:44.98	26.86	55.90	1:22.82	1:53.65	2:20.13	2:50.01	3:16.24	3:44.98	
1) Jack McComish 95		2) Michael Allison 94		3) Ryan Doherty 93		4) Ross McCafferty 92					
10 Ren 96	A	3:49.94	25.94	54.14	1:23.08	1:55.62	2:22.30	2:52.03	3:19.41	3:49.94	
1) Alastair Turner 92		2) Neil Ross 94		3) Jonathon Sprot 89		4) Ross MacDonald 95					
11 Dumfries	A	3:50.26	27.61	56.44	1:22.73	1:53.10	2:20.77	2:50.50	3:19.25	3:50.26	
1) Anthony Ryan 95		2) Dale Welstead 95		3) Lee Emmerson 95		4) Chris Lowther 95					
*12 East Lothian	A	3:51.24	28.00	59.33	1:26.31	1:57.27	2:23.33	2:52.83	3:19.64	3:51.24	
1) James Clegg 94		2) William Suayngam 94		3) Will Johnston 93		4) Daniel Kirkham 95					
*12 Warrender	J	3:51.24	27.81	56.77	1:23.67	1:54.90	2:22.14	2:52.85	3:20.36	3:51.24	
1) Daniel Lim 96		2) Simran Wilks 95		3) Daniel McGregor 97		4) Matthew Anderson 96					
14 North Lanark	A	3:52.00	26.66	55.24	1:22.00	1:51.57	2:19.41	2:51.24	3:20.00	3:52.00	
1) Calum McGhee 91		2) Euan Alston 94		3) Ross Brown 95		4) Graeme McKinney 95					
15 Sth Ayrshire	A	3:52.16	27.97	58.41	1:25.82	1:56.42	2:23.79	2:56.01	3:22.75	3:52.16	
1) James Mowbray 94		2) Blair Stevenson 95		3) Samuel Kenny 95		4) Ewan Cameron 89					
16 F.I.R.S.T.	J	3:52.63	26.94	57.23	1:24.68	1:55.33	2:23.17	2:54.74	3:21.71	3:52.63	
1) Dale McAnish 96		2) Ian Elrick 96		3) Duncan Scott 97		4) Craig Knight 95					
17 South Lanark	J	3:59.12	27.50	57.06	1:26.80	1:58.63	2:27.35	2:59.08	3:27.34	3:59.12	
1) Cameron Watkins 97		2) Declan McGallagly 95		3) Cameron Park 97		4) Jack Mollison 95					
18 Co Glasgow	J	3:59.19	28.33	1:00.02	1:29.01	2:00.91	2:29.20	3:01.43	3:28.66	3:59.19	
1) Kieran Izzett 96		2) Ian Phillips 95		3) Stephen Dale 95		4) Rory Shirley 95					
19 South Aberde	J	3:59.70	29.36	1:00.30	1:28.29	1:59.62	2:27.24	2:58.05	3:26.96	3:59.70	
1) Daniel Green 96		2) Joe Steel 96		3) Brad Arthur 96		4) Christopher Yule 96					

**Scottish Gas National Swimming Open Championships**Tollcross Park Leisure Centre, Glasgow – 2nd July 2011**Session 6 – Results****Event 311 Mens 4x100 Metre Freestyle Relay (continued)**

20	StirlingSwim	J	4:00.38	28.60	59.62	1:28.09	2:00.00	2:29.34	3:02.49	3:29.92	4:00.38
	1) Scott Macarthur 96		2) Jordon Whitehead 95		3) Craig Coull 95		4) Gareth Allen 95				
21	Alloa	A	4:04.29	28.78	58.86	1:27.60	1:59.43	2:29.34	3:02.11	3:31.91	4:04.29
	1) Lewis McIntyre 95		2) Lachlan Ryan 94		3) Craig Douglas 96		4) Jamie Marshall 95				
---	Edinburgh Un	B	X3:34.22	24.76	52.61	1:17.60	1:45.36	2:10.98	2:38.76	3:05.36	3:34.22
	1) Jamie Coulter 93		2) James Thomson 89		3) Cameron Smith 92		4) Stuart Conley 89				
---	Co Aberdeen	B	X3:46.36	27.14	56.01	1:23.31	1:53.88	2:20.60	2:50.27	3:17.06	3:46.36
	1) Timothy McGovern 95		2) William Broadhurst 95		3) Charlie Watson 94		4) Daniel Smith 95				
---	Ealing	A	DQ	24.85	52.13	1:16.74	1:43.67	2:08.50	2:35.08	3:00.06	DQ
	1) Kyle Barrett 90		2) Allen Lindenberg * 89		3) Georgios Syrianos 89		4) Melako Coker 93				