

**South Tyneside Swimming Club
Annual Gala
Sunday 22nd November 2009**

JUNIOR

SWIMMERS 10YRS & UNDER. AGE ON 22/11/09

**1. 40pm Warm up 2.10 pm Start
(Please note the building will not be open until 1.30pm)**

Event

- 1 Girls 1 Length Freestyle (small pool) - see notes 2 & 3**
- 2 Boys 1 Length Freestyle (small pool) - see notes 2 & 3**

- 3 Girls 9 -10 years 100m Individual Medley**
- 4 Boys 9 -10 years 100m Individual Medley**

- 5 Girls 11/over years 200m Individual Medley**
- 6 Boys 11/over years 200m Individual Medley**

- 7 Girls 8 years and under 25m Freestyle**
- 8 Boys 8 years and under 25m Freestyle**

- 9 Girls 9/over 50m Freestyle**
- 10 Boys 9/over 50m Freestyle**

- 11 Girls 8 years and under 25m Backstroke**
- 12 Boys 8 years and under 25m Backstroke**

- 13 Girls 9/over 50m Backstroke**
- 14 Boys 9/over 50m Backstroke**

YOUTH & SENIOR

SWIMMERS 11YRS & OVER. AGE ON 22/11/09

Event

- 15 Girls 10/under 200m Freestyle**
- 16 Boys 10/under 200m Freestyle**

- 17 Girls 11/over 100m Freestyle**
- 18 Boys 11/over 100m Freestyle**

- 19 Girls 8 years and under 25m Breaststroke**
- 20 Boys 8 years and under 25m Breaststroke**

- 21 Girls 9/over 50m Breaststroke**
- 22 Boys 9/over 50m Breaststroke**

- 23 Girls 8 years and under 25m Butterfly**
- 24 Boys 8 years and under 25m Butterfly**

- 25 Girls 9/over 50m Butterfly**
- 26 Boys 9/over 50m Butterfly**

- 27 Girls 11/over years 200m Freestyle**
- 28 Boys 11/over years 200m Freestyle**

**IMPORTANT- PLEASE ENSURE YOU READ NOTES OVERLEAF & FILL IN THE ENTRY FORM ACCURATELY BEFORE RETURNING IT TO YOUR TEACHER/COACH/COMPETITION
SECRETARY**

Notes

- 1 South Tyneside Swimming Club gala is all about having fun through competition. All swimmers in the club, regardless of ranking or ability, are encouraged to take part in the swimming events.
- 2 Swimmers currently in small pool lessons (Wed/Sun) may enter 25m events, but only with their swimming teachers guidance and consent. Please note any swimmer in large pool events (events 3-28) will not be allowed to swim in small pool events (events 1 and 2).
- 3 Children competing in small pool events will be required for a parade and presentation, which follows completion of events 1 & 2. Would parents please ensure that their children remain on the poolside once they have finished their race and in order to keep them warm have a towel and t-shirt with them. All swimmers in small pool events will receive a prize on the day and a medal at the presentation night.
- 4 All large pool events are "Heat Declared Winner" for each competing age group.
- 5 Swimmers must enter events based on their age as at 22nd November 2009. Age groups are;
Junior- (7yrs/under) (8yrs) (9yrs) (10yrs)
Youth/Senior- (11/12yrs) (13/14yrs) (15/16yrs) (17yrs/over)
Each age group will compete for individual awards and for an overall points trophy. Points from all the events will count towards the overall trophy.
Points will be awarded as follows: 1st – 11, 2nd – 9, 3rd – 7, 4th – 5, 5th – 3, 6th - 1
In the event of a tie after all events the number of 1st places and then 2nd places will be considered to decide the overall champion.
- 6 Separate trophies are awarded for the;
100m Freestyle Championship
200m & 100m Individual Medley Championship
200m Freestyle Championship
- 7 Presentation of the awards (information to follow shortly)
- 8 Fully completed entry forms along with the correct fee must be given to your teacher/coach by Wednesday 4th November 2009 for Wednesday swimmers or Sunday 8th November 2009 for Sunday swimmers. Squad swimmers entries must be given to Andrea Anderson by Friday 6th November 2009.

IMPORTANT: PLEASE CUT OFF & KEEP THIS PORTION FOR YOUR REFERENCE

ENTRY FORM

Entry Fee per event Large Pool £2.50 / Small Pool £2.50

Full Name _____

DOB ___/___/___

Age on 22/11/2009 _____

Tel _____

Male/Female

Please circle your swimming squad or teaching lane:

Wednesday small pool lesson 6.30pm 7.00pm 7.30pm

Wed/Sun large pool lane 1 2 3 4 5 6

Sunday small pool lesson 1.30pm 2.00pm 2.30pm

Squad A B C D CLUB

Event 1 or 2 Small Pool 1 length Freestyle _____ Please tick

ALL 25m/50m/100m/200m EVENTS MUST HAVE SUBMITTED ENTRY TIME

100m (9/10) I/M

25m Freestyle _____

25m Backstroke _____

25m Breaststroke _____

25m Butterfly _____

100m Freestyle _____

200m (11+) I/M

50m Freestyle _____

50m Backstroke _____

50m Breaststroke _____

50m Butterfly _____

200m (11+) Freestyle _____

Parents who are willing to help to make this a successful fun day for the swimmers competing please enter your name below.

NAME _____