

# South Tyneside S.C.

2011



## Spring Graded Meet



VENUE  
HEBBURN POOL

### SATURDAY A.M. 9/04/11

#### SESSION 1

Warm up 8.15.a.m. Start 9.00 a.m.

1. FEMALE 50m Fly
2. MALE 50m Back
3. FEMALE 200m Breast
4. MALE 100m Breast
5. FEMALE 100m Back
6. MALE 200m Free
7. FEMALE 200m I.M.
8. MALE 13 & Under 50m Back Final
9. MALE 14 & Over 50m Back Final
10. FEMALE 13 & Under 50m Fly Final
11. FEMALE 14 & Over 50m Fly Final

### SATURDAY P.M. 9/04/11

#### SESSION 2

Warm Up and Start TBC.

12. MALE 50m Free
13. FEMALE 50m Breast
14. MALE 200m Back
15. FEMALE 200m Fly
16. MALE 100m Fly
17. FEMALE 100m Free
18. MALE 400m Free
19. FEMALE 13 & Under 50m Breast Final
20. FEMALE 14 & Over 50m Breast Final
21. MALE 13 & Under 50m Free Final
22. MALE 14 & Over 50m Free Final

### SUNDAY A.M. 10/04/10

#### SESSION 3

Warm up 8.15.a.m. Start 9.00 a.m.

23. MALE 50m Fly
24. FEMALE 50m Back
25. MALE 200m Breast
26. FEMALE 100m Breast
27. MALE 100m Back
28. FEMALE 200m Free
29. MALE 200m I.M.
30. FEMALE 13 & Under 50m Back Final
31. FEMALE 14 & Over 50m Back Final
32. MALE 13 & Under 50m Fly Final
33. MALE 14 & Over 50m Fly Final

### SUNDAY P.M. 10/04/10

#### SESSION 4

Warm Up and Start TBC..

34. FEMALE 50m Free
35. MALE 50m Breast
36. FEMALE 200m Back
37. MALE 200m Fly
38. FEMALE 100m Fly
39. MALE 100m Free
40. FEMALE 400m Free
41. MALE 13 & Under 50m Breast Final
42. MALE 14 & Over 50m Breast Final
43. FEMALE 13 & Under 50m Free Final
44. FEMALE 14 & Over 50m Free Final