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▶ Volume 1, Issue 1
5 December 2012

South Tyneside Swimming Club Newsletter

News Splash

Welcome to your new Club newsletter

Each month we will bring you information relevant to swimmers, parents, coaches and all those involved at South Tyneside Swim Club.

This month we want to tell you about some notable swimming achievements and as much about the running of the Club as we can.

If you would like to see anything in particular in the News Splash, please email your suggestions to:

newsletter@stswim79.co.uk

We will place a copy of the Newsletter on the Club notice board at Hebburn pool and will ensure an

electronic copy makes it to the Club website for the first Wednesday of each month to coincide with Swimmer of the Month.

You will notice the subtle advertising space available at the top of this page!! If you would like to advertise your Company on the front page of "News Splash", please contact us at:

sponsor@stswim79.co.uk

for further details relating to advertising opportunities and costs.

We are also looking for new sponsors, including: club sponsor; kit sponsor; gala sponsors and more. We'd be delighted to hear from you.

Club Committee

PRESENTATION NIGHT

South Tyneside
Swimming Club

Annual Presentation
Night is to be held on

Saturday 19th January

2013 at the Neon Social
Club, Jarrow, NE32

4HX. 5pm until 11pm.

Tickets are on sale now
at £2.50 per person.

Admission by ticket
only. All adults and

swimmers must

purchase a ticket. *MW*

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Special Notices:

- PLEASE: No disposable juice/water bottles for training sessions
- PLEASE: No late entries will be accepted for galas and payment must be made up front
- PLEASE: Swimmers are reminded to place items left in changing rooms in a locker during their swim; please do not leave anything lying around in the changing rooms whilst in the pool

Changing Room Policy

Please be advised that all parents with children aged 8 or over are NOT allowed in the changing rooms.

If any person feels that they are unable to comply with this policy for any reason whatsoever, please see the

Child Welfare Officer or a Committee Member as soon as possible.

Should you have any questions, please do not hesitate to contact the Child Welfare Officer or a member of your Club committee. *CJ*



Training Arrangements for Christmas

LAND TRAINING

Land Training at Boldon will finish on 18 December 2012 and will not resume until 22 January 2013. The sessions on 18 December and 22 January are on.

Harton is closed for Land Training on Tuesday 25 December 2012 and Tuesday 1 January 2013. *KK*

BOLDON CA SWIMS

The final swims at Boldon Community Association pool (also known as “Boldon Old Pool”) will be on Monday 17th December 2012. Although the Community Association reopens on Monday 7th January 2013 we do not yet know whether swimming will resume at this pool in the New Year. We will keep you advised as soon as we

are aware of the information. *KK*



AGM—Meet your Committee Executives

Following the club AGM in November, we are delighted to introduce you to your club Executive Committee:

Chairman: Gary Kirsop

Secretary: Claire McCormick

Treasurer: Peter Octon

Each month we will bring you a short interview with a Committee Member.

The idea being to ensure you know your Committee and what they do for the Club, the parents and the swimmers.

New Child Welfare Officer—Christa Johnson

Introducing your new Child Welfare Officer—Christa Johnson. Christa can be reached at:

childwelfare@stswim79.co.uk

In your next edition, we'll be talking to Gary Kirsop—Chairman of STSC...

and she will respond to your email within 24 hours. Thanks go to Joanne Pinnock for all of her efforts in this role from which she has now retired. *LJ*



Gala Calendar 2012-2013

Do you know that a gala calendar is now available on our website?

Please go to :

<http://www.stswim79.co.uk/CompetitionCalendar>

to access the up-to-date calendar.

Our website contains all of the information relating to gala entries, competition dates and results and up-to-date notices when training updates and cancellations are notified. Please do

regularly visit the website:

www.stswim79.co.uk

Mark Whitelock—Website Co-ordinator

NESS Swimwear Discount

Did you know that you are entitled to a discount at NESS swimwear via our Club website?

Clicking on the link on our Club website home page (www.stswim79.co.uk) and using discount code STYNE311 entitles you to a 5% discount and has the added benefit of raising money for the Club when you order. *JP*



Swim 21 Progress

Swim 21 accreditation is the ASA's "Quality Mark". It recognizes, nationally, clubs that are committed to providing safe, effective and quality services for the benefit of their members. It is the ASA's Club Development model—a planning tool, based on the principles of Long Terms Athlete Development, enabling clubs to help athletes, teachers, coaches and administrators to achieve their full potential. It focuses particularly on the

FUNDRAISING EFFORTS

We must say a really BIG thank you to our Fundraisers this month.

Our bag pack at Marks and Spencer in South Shields raised a fantastic £668; our table top sale on Sunday 2 December at St Matthew's church hall in Jarrow raised more than £500 and the raffles and stalls at the Club gala on 25 November raised a

staggering £328.65.

Well Done to all those who helped out and thank you to those of you who put your hands in your pockets.

Please continue to support the Club and swimmers in our fundraising efforts.



needs of athletes—to provide them with the best possible support and environment. In order to gain Swim 21 accreditation, it is necessary to gain a series of outcomes all of which are seen as essential if the right level of support is to be provided at each stage of an athlete's development.

South Tyneside Swimming Club has been working towards this now for a number of years and in the second half

of 2012 has made a concerted effort towards our goal. We are now very close to completing our application and it is expected that we will have completed all of the necessary elements within the next month.

The accreditation process, although sometimes difficult and time consuming is well worth the effort and will bring many benefits to the Club.

We will bring you a monthly Swim 21 update in this space to keep you up-to-date.

Peter Octon—Swim 21 Co-ordinator



Paul Robinson's Highlights...

I've noted some terrific swims at galas in Tynemouth, Sunderland Firecracker and our Club gala in November.

Congratulations go to Jake Whitelock who was selected recently to represent Northumberland and Durham at the Inter-Counties Gala in Sheffield, swimming the 100m Breaststroke individual event in the 14-15 year age group and as part of the Medley Relay team. Jake finished in a very respectable 8th place and was also

the second fastest 14 year old in the event. His relay team finished in 9th place.

Josef Craig broke the 400m short course world record at the recent Disability National SC Championships with a time of 4.42.60.

Results just in from the NER Age Group and Youth/Senior SC Championships saw Jake Whitelock becoming 100m and 200m Breaststroke North East

Region champion in the 14 yrs age group, both in excellent PBs. Rachel Taylor won bronze medals in the 100m and 200m Breaststroke. A 4th place finish for Kieran Peart in the 1500m and Faye Pinder was a finalist in the Womens 50m and 200m Butterfly. Congratulations also go to Chloe Middleton, Molly Momat, Ben Samuels and Amii Turnbull whom also performed at the NERs.

WELL DONE TO YOU ALL. *PR*