The organisation of the Swimming Championships shall be in the hands of the NDSA Management Board with powers delegated to Championship Administrator. The Championships shall be held under the relevant FINA/ASA Technical &Judicial Rules/Laws.

The Championships shall be open to all bona fide members of Clubs affiliated to NDSA who hold a valid ASA Swimmer Registration and where required the relevant Entry Time. A swimmer may only represent one Club throughout the Championship year.

No individual may compete in more than one ASA Counties Championships in any one calendar year.

For age group purposes a swimmer's age is their age as at the last date of the Individual Championships.

For the purpose of the Youth Championships a Youth swimmer is defined as (female aged 14-17 yrs and male aged 15-18 yrs).

Championship entries must be made by the relevant Club Official using the Sportsystems Entry Manager available to download from the website. Entries must reach the Championship Administrator no later than the published closing date for the event. Entry fees must reach the Treasurer no later than the published closing date for the event. A list of the accepted entries will be posted on the website at least 7 days before the event takes place.

Additional entries may be accepted at the discretion of the Championship Administrator after this date. The Entry Fee for such entries shall be £10.00 per event.

The order in which the events will take place will be published in the annual schedule of events, which will be available no later than 31 December preceding the Championships.

The entry fees shall be set annually by the NDSA Management Board. 2011 Individual Entry is £5.50 and Team Entry £10.00.

The Championship Administrator has the authority to adjust the number of entries accepted to ensure the smooth running of the Championships.

Submitted entry times will be used for seeding and rejection purposes where necessary.

When the Championships take place in a 10 lane pool all lanes shall be used for both heats and finals. In an 8 lane pool all lanes shall be used for both heats and finals.

Standard Entry Times (SET) shall be fixed annually for all individual events. A swimmer's entry time must have been achieved no earlier than the calendar year prior to that in which the event takes place.

All times used for 10yrs/over must be obtained from the British Swimming Rankings. For 9yrs their entry times must be verified from a result and will not be used for seeding purposes.

If in doubt please contact the Championship Administrator.

In all NDSA Championship events a Secondary Entry system will be in operation. Heat Start Lists will be produced prior to the start time of the Session. If a swimmer is NOT going to swim in an event it is the responsibility of the Club entering the swimmer to inform the Recorders no later than 1 hour prior to the relevant session start time of the withdrawal. Should a swimmer who has not been withdrawn from an event fail to swim, the club entering the swimmer shall incur an administration fee of £10.00.

In Championships where heats and finals are in separate sessions, qualified swimmers including reserves not wishing to take part in a final are required to inform the Recorders no later than 30 minutes after the last individual event of the session. Exceptions may be made in special circumstances accepted by the Championship Administrator.

Withdrawals made after this time will be subject to a £15.00 administration charge. The responsibility of payment shall rest with the club under whose name the entry has been made.

British Gas NDSA Ladies Open 800m Freestyle Distance

British Gas NDSA Mens Open 1500m Freestyle Distance

For the 800m and 1500m withdrawals from a draft programme will be accepted up to 6pm on the Wednesday before the event (this date will be advertised in advance).

The start sheets will be prepared immediately after this stated time and will be published on the website, with copies being emailed to the competition managers at clubs on the following morning. This will still give time for swimmers to make arrangements to come to the competition at the time interval for their heat.

Any withdrawals after the cut-off time and any failure to swim will be subject to a £25 administration charge. Exceptions may be made at the discretion of the championship administrator. The responsibility for payment of the fee shall rest on the Club under whose name the entry has been made.

NDSA Youth Champions shall be declared as follows: In HDW events the Youth placings shall be determined from the heat results. In events with finals, should one Youth swim in the final they shall be declared the Youth Champion, should two or more Youths swim in the final their relative final positions shall determine the Youth placings. If required other Youth placings shall be determined from the heat results.

NDSA medals shall be awarded to places 1-3 in all Championship events.

Open and Youth Championship Overall Category Awards. These shall be made to the swimmers (Top 3 male & female) who achieve the best FINA points score in any individual event.

BAGCAT Category Awards. These shall be made to the swimmers (Top 3 Boys & Girls in each age group) who achieve the best category scores. The category awards shall be determined by the BAGCAT categories using the current FINA points table.

Boys Age Groups: 09, 10, 11, 12, 13 & 14 years, Girls: 09, 10, 11, 12 & 13 years.

British Age Group County Awards (BAGCATS) 25m pool

		Boys	Girls
9 yrs	Sprint	best 50m	best 50m
	Form	best 200m form stroke	best 200m form stroke
		from back, breast or fly	from back, breast or fly
	Distance	200m free	200m free
	IM	best 100/200m IM	best 100/200m IM
10 yrs	Sprint	best 50m	best 50m
	Form	best 200m form stroke	best 200m form stroke
		from back, breast or fly	from back, breast or fly
	Distance	best 200/400m free	best 200/400m free
	IM	best 100/200/400m IM	best 100/200/400m IM
11 yrs	100s	best 100m	best 100m
	Form	best 200m form stroke	best 200m form stroke
		from back, breast or fly	from back, breast or fly
	Distance	best 200/400m Free	best 200/400m Free
	IM	best 100/200/400m IM	best 100/200/400m IM
12	100	1 , 100	1 , 100
12 yrs	100s	best 100m	best 100m
	Form	best 200m form stroke	best 200m form stroke
	7.	from back, breast or fly	from back, breast or fly
	Distance	best 200/400m Free	best 200/400m Free
	IM	best 100/200/400m IM	best 100/200/400m IM
13 yrs	100s	best 100m	best 100m
	Form	best 200m form stroke	best 200m form stroke
	1 om	from back, breast or fly	from back, breast or fly
	Distance	best 200/400m Free	best 200/400 Free
	IM	best 100/200/400m IM	best 100/200/400m IM
1.4	100	1 (100	
14 yrs	100s	best 100m	
	Form	best 200m form stroke	
		from back, breast or fly	
	Distance	best 200/400 Free	
	IM	best 100/200/400m IM	

In all team events, Clubs may enter more than one team in an event. An individual swimmer may only swim for one team in a particular event.

Each competing club shall submit a list of the names of swimmers in each team in swim order to the Recorders no later than 60 minutes prior to the start time of the session in which the event takes place.

Team staff requiring access to the poolside must be in possession of a Pass issued by the NDSA. These may be obtained from the Front of House Manager. 2011 Fee: £25.00. It is expected that all Team Staff can comply with the relevant ASA Child Protection Procedures and have attended a Team Managers Course.

NDSA will NOT be responsible for any unaccompanied swimmers on the poolside. The responsibility falls on the club entering the swimmer.

It is the intention of the NDSA to provide warm-up/swim-down facility at its Championships. These will be supervised by facility staff/warm-up marshals. Swimmers using these facilities must follow any instructions issued by these supervisors. Clubs through their coaches/team managers will be held responsible for the behavior/actions of their swimmers using these facilities.

Photography – The rules and standing operating procedures (SOPs) of the facility where the Championships are being held must be observed and anyone wishing to use photographic equipment (including still, video, digital and mobile phone cameras) at any Championships Meet will be required to sign the ASA Video/Photography Book.

The Lead Referee for the 2011 Championships is Mrs E York

The NDSA Board/Championship Administrator has the power to vary the Championship Conditions prior to an event closing date.

Tom Randall Memorial Trophy

The Tom Randall Memorial Trophy will be awarded to the club scoring the highest points total in the BAGCAT Age Group Championships. Individual points shall be awarded 8 to 1 for competitors placed 1 to 8 in an eight lane pool.

Guy North Trophy

The Guy North Trophy will be awarded to the club scoring the highest Youth points total in the individual events at the Open Championships. Individual points shall be awarded 8 to 1 for competitors placed 1 to 8 in an eight or ten lane pool.

Mark Latimer Memorial Trophy

The Mark Latimer Memorial Trophy will be awarded to the club scoring the highest points total in the Open Championships. Individual points will be awarded 8 to 1 for competitors placed 1 to 8 in an eight or ten lane pool.